

# BULLETIN

YOUR COMMUNITY • YOUR VOICE • YOUR NEWSPAPER

EST. 1847

BRIDGEWATER, NOVA SCOTIA, CANADA

WEDNESDAY, NOVEMBER 26, 2025



**KINGSMILL RESIGNS**  
Mahone Bay's deputy mayor recently resigned  
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**I.C.E. STORM DEFENDS TITLE**  
The South Shore I.C.E. Storm wins home tourney  
**PAGE 8**

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A publication of  
SOUTHSHOREBULLETIN.CA

## SSRCE adds new delay option for storm days

By ED HALVERSON

Ed.halverson@southshorebulletin.ca

SOUTH SHORE - Parents across the South Shore may notice something new in their morning routines this winter: the option for a two-hour delayed start when weather is messy but improving.

The South Shore Regional Centre for Education (SSRCE) says the goal is simple: keep students in school whenever it's safe to do so, while avoiding those full-day closures that sometimes feel unnecessary in hindsight.

Andy Selig, SSRCE's Director of Operations, walked through the change during an interview this week. He explained that up until now the system had only a few choices during a storm: open as usual, close completely, or dismiss early if afternoon weather looked bad.

"Basically, it's just another tool in our toolbox," Selig said, describing the new delay option that shifts the entire school day two hours later.



ED HALVERSON PHOTO

SSRCE adds a two-hour delay option for opening of schools during winter weather events.

The delay is especially useful on those mornings when crews just need a bit more time.

"If we're confident buses can get on the road at eight or nine, but not at six or seven, that's when we'd use the delayed start," Selig said.

And it's not guesswork. SSRCE starts assessing conditions at 3 a.m. A staff member physically drives the roads in both Lunenburg and Queens counties. Public Works weighs in with its plowing progress. At 5 a.m., a meteorologist provides a customized forecast just for the region

providing timing, snow amounts and temperatures. All that helps the team make a call by around 5:30 a.m.

It's a tricky call to make given the size of the counties involved. Selig recalled one early-morning road check that shifted from clear pavement to heavy snow to completely impassable within a 25-minute drive. "That's where it's such a challenge," he said. "When our number one goal is student safety, we don't consider wins and losses."

*Continued on page 3*

## Long-term care workers prepared to walk off the job

By ED HALVERSON

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PROVINCIAL - Long-term care workers across Nova Scotia are edging closer to job action after a wave of overwhelming strike votes and the collapse of contract negotiations with the provincial government.

CUPE, which represents workers in 52 long-term care homes, says the mounting frustration reflects years of low wages, chronic understaffing and declining working conditions that have left both employees and residents at risk.

At Harbour View Haven in Lunenburg County, workers represented by CUPE Local 4919 voted 97 per cent in favour of a strike mandate last week. A strike vote held at Ryan Hall in Bridgewater for the members of CUPE 5033, voted 100 per cent in favour of a strike mandate. Similar results are being reported across the province, with CUPE

Long Term Care Coordinator Tammy Martin saying every strike vote so far has passed with "95% in favour of job action or higher."

Martin said the numbers reflect a workforce that is stretched to the breaking point. Many homes are struggling to retain and recruit staff, leaving workers short-handed and unable to meet the recommended 4.1 hours of care per resident per day, a standard the province has never legislated. "Working short is an everyday occurrence in long-term care, which puts staff and residents at risk," Martin said in an interview.

The wage gap is at the centre of workers' frustrations. According to CUPE, many classifications in long-term care remain the lowest paid in Atlantic Canada, with some positions earning \$10 an hour less than counterparts in Prince Edward Island.

Support service workers earn \$18.77 an hour, far below the province's median living wage of \$27. "It's gross to think that

people who care for the most vulnerable individuals in our province make \$18.77 an hour," Martin said.

Bargaining with the province began in August but fell apart last week, forcing CUPE to begin the process to file for conciliation. Martin said the union arrived ready to compromise, but the government refused to meet even basic expectations. "It's frustrating and frankly disappointing... we've been negotiating in good faith, and instead of working with us, they've offered the bare minimum and refused to look at our proposals," she said.

Union proposals include wage adjustments to bring workers in line with other Atlantic provinces, long-service incentives, and recruitment initiatives. With two years under an expired contract, Martin says workers are exhausted, both financially and emotionally.

*Continued on page 5*



**Hon. Susan Corkum-Greek**

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D8022



KEVIN MCBAIN PHOTOS

### NATIVITY DISPLAY IN ITS 20TH YEAR OF BEING INSTALLED

The nativity scene that has graced the corner of Aberdeen Rd. and Davison Drive in Bridgewater was installed Nov. 20 for the 20th straight year. In the photo above: Al Durham (second from the right) built and painted the scene 21 years ago and it has been installed by members of the St. Joseph's Catholic Church/Knights of Columbus each year. Shown here in the group photo installing the scene, from left to right, are Richard and Virginia Selig, Wayne Johansen, Michael Selig Durham and Bill McInnis.

## An exciting year for the Indian Point Fire Department

Submitted by CHIEF THOMAS LOCKWOOD

INDIAN POINT – The volunteers at the Indian Point Fire Department have had a busy year future-proofing their ability to support their community.

As everybody is very aware, the province has suffered from a drought this year and fresh water for firefighting is scarce in many areas. Admittedly, there is lots of salt water around us, but it is not good for pumps, which would require many hours of flushing with fresh water if salt water were used.

It is therefore timely that the department brought into service a long-awaited dry hydrant in a fresh water source that has remained available despite the drought. Thank you beavers!

The dry hydrant has taken a significant amount of work to bring to fruition and has benefited from the efforts of several individuals and organizations both within and outside the department.



JIM ROSBE PHOTO

Chief Tom Lockwood thanking some of those who helped with the dry hydrant project, while Mayor Elspeth McLean-Wile and some members of the department look on.

To say thank you to everybody involved, the department hosted a show-and-tell at the hydrant when the contribution of those present was acknowledged publicly. MODL Mayor Elspeth McLean-Wile also joined the gathering and noted the number of organizations and individuals involved, including the Harrison family who gifted a Right of Way over the land needed for the structure and its access, RPS Composites' staff in Mahone Bay who designed and donated the suction tube, Monty Dorey who built the access, Mailman and Kelley Marine whose team designed and built the

platform supporting the hydrant, staff at Design Point Engineering, Kevin Fogarty who did surveys and Nova Scotia Power and a range of provincial and federal government agencies who helped in the process.

Also in attendance was the department's other major project of the year, their new fire engine, an ultra-high-pressure system built onto an F550 chassis. The equipment is a new-build specifically tailored to the needs of the community it serves, so it is able to access the narrow lanes in the area and provides excellent capability against both structure and wildland fires.

It can be operated by fewer firefighters than needed for traditional systems and is lighter and easier to use, so it will serve the department for many years to come.

And if that isn't enough excitement, at their open day during the recent fire prevention week the department celebrated 75 years of service to the community.

The service provided by the department is only possible because of the volunteers who man it and commit time to training and reacting to incidents. If you would like to become one of the volunteers – and remember that there are lots of roles other than firefighting that need to be filled, such as pump operator, engineer and medical first responder, please contact Chief Tom Lockwood at law@thomaslockwood.ca. He will be delighted to hear from you.

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Showcasing a variety of vendors to find something for everyone, including the kids. There will also be freshly cut U-pick trees, fresh wreaths, and an ATM on site!

2104 HWY 325, Whynotts Settlement  
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Registration link for vendor application on our Facebook event page Or email dynamicduoeventplanning24@gmail.com for more information.

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# Dahl's dispatch

EVAN DAHL

Lunenburg County firefighters answered 61 calls for service and Queens County firefighters answered 13 calls for service from Thursday, Nov. 13 to Wednesday, Nov. 19 – 27 of these calls were medicals.

**NOVEMBER 13**

At 5:46 a.m., Hubbards firefighters responded to a motor vehicle accident in Simms Settlement.

At 5:51 a.m., Chester firefighters responded to a motor vehicle accident in Windsor Road. Chester Basin also responded.

At 2:16 p.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 2:49 p.m., Mahone Bay firefighters responded to a motor vehicle accident in Clearland. Martin's River also responded.

At 2:49 p.m., Chester Basin firefighters responded to a motor vehicle accident in Chester Basin. Chester also responded.

At 4:17 p.m., Bridgewater firefighters responded to a furnace fire in Bridgewater. Northfield also responded.

At 5:14 p.m., Riverport firefighters responded to a possible brush fire in Riverport.

At 5:47 p.m., Blockhouse fire-

fighters responded to a motor vehicle accident in Blockhouse.

At 6:25 p.m., Lunenburg firefighters responded to a commercial fire alarm in Lunenburg.

**NOVEMBER 14**

At 2:48 p.m., Martins River firefighters responded to a possible vehicle fire in Martins River. Western Shore and Mahone Bay also responded.

At 9:22 p.m., Chester Basin firefighters responded to a motor vehicle accident in Chester Basin.

**NOVEMBER 15**

At 6:03 p.m., Greenfield firefighters responded to a possible motor vehicle accident in Middlefield.

**NOVEMBER 16**

At 12:31 p.m., Cornwall firefighters responded to a motor vehicle accident in Newburne.

At 6:47 p.m., Chester firefighters responded to a chimney fire in Marriotts Cove.

At 7:58 p.m., North Queens firefighters responded to trees on power lines on fire.

**NOVEMBER 17**

At 5:09 p.m., Northfield firefighters responded to a fire alarm in Lower Branch.

At 5:09 p.m., Riverport firefighters responded to a fire sighting in Riverport.

At 10:02 p.m., Chester firefighters responded to a tree on power lines on fire in Chester.

**NOVEMBER 18**

At 6:25 a.m., Chester firefighters responded to a commercial fire alarm in Sherwood. Western Shore, South-

west Hants and Chester Basin also responded.

At 1:05 p.m., Tri District firefighters responded to a motor vehicle accident in West Clifford. Hebbville and Bridgewater also responded.

At 5:14 p.m., Liverpool firefighters responded to an electric bike fire in Brooklyn.

*Continued on page 4*

## SSRCE adds new delay option for storm days

*Continued from page 1*

SSRCE shared the full winter procedures this week in a letter from Regional Executive Director Angela Gladwin. She reminded families that a delayed start simply means everything begins two hours later: buses, classes, everything. Schools will finish at the usual time.

She also encouraged families to plan ahead for those mornings when things change quickly. If a child needs a different bus stop during a delayed start, parents can contact the transportation department directly. And as always, closure information will go out through the website, social media, local news, and email or text alerts, with staff aim-

ing for a 6 a.m. announcement.

Another tool now available is closing by "family of schools," which lets the region shut down specific areas while keeping others open when weather varies dramatically across the South Shore.

Gladwin stressed that safety remains at the heart of every decision. "Safety is always our top priority," she wrote, adding that the expanded options help the region preserve instructional time while still keeping students protected.

SSRCE is the last region in the province to include the option of a delayed start. Their hope is with that new tool in their belt, this winter will mean fewer lost days, smoother mornings, and safer roads for everyone.

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# LOCAL



KEVIN FINCH PHOTO

Douglass Ross as Scrooge in the upcoming Flying Fish Theatre presentation of a Christmas classic

## What the Dickens?

*Flying Fish Theatre presents an adaptation of a Christmas classic*

SOUTH SHORE BULLETIN STAFF

LUNENBURG - The theatre company that brought you *Sweet Ride* and *The Rum Runners Ball* at the Bluenose Lodge now presents a spirited re-telling of Charles Dicken's classic story of redemption.

As the show opens, the cast is setting up to perform A Christmas Carol when (plot twist) an actor fails to show up. The remaining cast quickly re-shuffle the roles because "the show must go on!"

Douglass Ross plays Ebenezer Scrooge and Laurel Darnell and Sue Evans play everyone else! Will the



audience have a chance to sing some Christmas carols? Absolutely.

Reid Campbell on keyboard will lead the singing. Will there be festive treats and libations to eat and drink? Of course.

In the spirit of the season, a portion of the proceeds will be donated to Harbour House in Bridgewater.

Showtimes are Dec. 15, 16 and Dec. 22 at 7 p.m. There will also be two matinees, Dec. 21 and 23 at 3 p.m. To order tickets call the Bluenose Lodge in Lunenburg or for more information call Darnell at 902-529-0311.

### BRIDGEWATER SENIOR CITIZENS CARD GROUP RESULTS

The Bridgewater Senior Citizens Group met on November 19 for a game of Auction 45's.

Winners were: Ladies' high, Judy Johnson, 995; Men's high, Ken Edwards, 970; Runners up, Shirley Banfield, 960 and Chris Brown, 930. Winner of the 50/50 draw was Carol Meade-Corkum. Winners of 30 X 60 bids were Neil Emenau, Carol Meade-Corkum, Marie Rafuse and Norma Joudrey.

Card parties will be held on Wednesday afternoons at 1:30 in the Masonic Hall on Dominion Street. New members always welcome.

### GOLDEN YOUTH CARD CLUB PARTY RESULTS

The Golden Youth Card Club met on November 20th for a game of Auction 45's.

The winners were: Ladies high, Eva Corkum 950; Ladies second, Mildred O'Hearn 890; Men's high, Dean Avery 1075; Men's second, Neil Emeneau 890; Low Score, Dave Rockwell 495; Lucky Tally, Ethel Andrews; Travel Prize, Spencer Bagley; 50/50 Winners: Ethel Andrews and Liz Godden.

Card parties are held every Thursday afternoon at 1:30pm at the Pleasantville Fire Hall. New members (age 55+) are welcome to attend. Light lunch provided.

## Dahl's dispatch

*Continued from page 3*

**At 5:17 p.m.**, Northfield firefighters responded to a motor vehicle accident in Cookville. Bridgewater, Tri District and Oakhill also responded.

### NOVEMBER 19

**At 11:05 a.m.**, Mahone Bay firefighters responded to an elevator rescue in Mahone Bay.

**At 1:40 p.m.**, Petite Rivière firefighters responded to a commercial fire alarm in Petite Rivière. LaHave, United Communities, Pleasantville, Italy Cross, Hebbville and Conquerall

Bank also responded.

**At 2:15 p.m.**, Lunenburg firefighters responded to a residential fire alarm in First South.

**At 2:20 p.m.**, Greenfield firefighters responded to a motor vehicle accident in Pleasantfield. North Queens also responded.

**At 4:27 p.m.**, Lunenburg firefighters responded to a power line down in First South.

*You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.*

It's easy to subscribe by phone, mail or e-mail

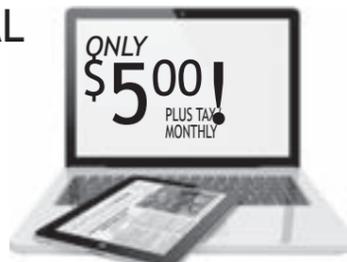
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## SOUTH SHORE BULLETIN



# Mahone Bay Deputy Mayor Colin Kingsmill resigns

By ED HALVERSON

ed.halverson@southshorebulletin.ca

MAHONE BAY – Deputy Mayor Colin Kingsmill, is stepping away from his role on town council, citing personal commitments. That decision means a change in council leadership and the need for the town to hold a by-election in the coming months.

Mayor Suzanne Lohnes-Croft announced the news Tuesday, Nov. 18, saying she had “reviewed and accepted the resignation of Deputy Mayor Kingsmill” and expressing appreciation for his time on council. “On behalf of Council, I extend heartfelt thanks to Mr. Kingsmill for his service to the town and its citizens and wish him well in all his future endeavours,” she said.

Kingsmill is grateful for his experience on council. But he had to accept an unexpected professional opportunity that requires him to spend a considerable amount of time away from the council table. He is grateful for support of his colleagues and wishes them the best as they move forward.

Council won't officially accept the resignation until its next meeting on Nov. 27, but the town has already mapped out the next steps. Once the resignation is formally received, Councillor Feeney, as the councillor who received the next highest number of votes behind Kingsmill in the 2024 general election will be sworn in as the new deputy mayor.

While Feeney will fill this role, Kingsmill's departure leaves the Town of Mahone Bay with an empty council seat. Under Nova Scotia's Municipal Elections Act, a municipality must call a special election



TOWN OF MAHONE BAY

Deputy Mayor Colin Kingsmill has resigned.

within four weeks of a vacancy and then hold that election on a Saturday no more than 11 weeks after it is announced. That means residents can expect a by-election to be scheduled soon after the Nov. 27 meeting.

In an e-mail to the South Shore Bulletin, Mayor Lohnes-Croft wrote, “Everyone around our council table will miss Councillor Kingsmill. He has been a valued member this past year. His kindness and collaborative nature towards fellow councillors, staff and citizens made him an example of what a deputy mayor's role can be. This is an exciting time for Mr. Kingsmill and we wish him the very best.”

More information, including key dates and instructions for anyone thinking about running, is expected shortly after council's Nov. 27 meeting.



ED HALVERSON PHOTO

Long-term care workers across the province have voted in favour of job action.

## Long-term care workers prepared to walk off the job

Continued from page 1

She shared the story of one member who has been forced to live in her car because her wages don't cover both rent and transportation. “It's real. The members are tired of being underpaid and not recognized... they're ready,” she said.

Despite the strike mandates, immediate walk-outs are unlikely. Essential services legislation means only a limited number of workers can strike at once, which would disrupt operations but not shut homes down. Martin says managers would be forced to step in to perform tasks such as laundry, garbage removal and even preparing basic meals. “It will significantly hamper how things work at the nursing home,” she explained.

More strike votes are underway, and Martin says CUPE plans to secure mandates at all 52 facilities if needed. “We're hoping for the best and preparing for the worst,” she said. “We're not looking to be the highest or the best, but somewhere in between would let our members live with dignity.”



## MUNICIPALITY OF THE DISTRICT OF CHESTER



D9026

### Community Events

If you are a non-profit community group within the Municipality of the District of Chester and would like your event listed FREE-of-charge on this page, please submit a brief description of your event in writing to the Municipality of the District of Chester Recreation & Parks Department by any of the following methods: fax 902-275-3630; mail PO Box 369, Chester, NS B0J 1J0; or email recreation@chester.ca. Submission deadline is 12 noon on the second last Tuesday of each month. For more information call the Recreation Office at 902-275-3490.

#### FRIDAY, NOVEMBER 28 TO SUNDAY, NOVEMBER 30

**Chester Village Christmas returns** for a weekend of small-town joy, community spirit, and festive fun by the sea. From the Tree Lighting Ceremony (with Santa & Mrs. Claus arriving by Fire Truck!) to the Gingerbread Run, Merry Match-Up Hockey, and Pet Parade, the weekend is packed with cheer. Local shops and restaurants will open their doors with special events, festive menus, and in-store surprises. Don't miss the Celebration of Trees Auction, Festive Mini Art Auction, and Gingerbread Competition & Display and the Community Christmas Concert! Plan your visit and be part of Chester's most magical weekend of the year. Stay tuned for ALL the details coming soon.

#### SATURDAY, NOVEMBER 29

**Christmas at the Hubbards Barn** from 9:00 am to 1:00 pm. Enjoy the holiday atmosphere and traditional holiday goods from the vendors at the second of 3 Christmas Markets. Visit the Barn Facebook page or www.hubbardsbarn.org for more information.

**Fish Fry at the Hubbards Area Lions Club** from 4:00 to 6:00 pm. The cost is \$16 per person. No advance ordering required.

**Christmas Craft Fair** at the Grace Anglican Church (5533 Hwy 3, Chester Basin) from 9:30 am to 3:00 pm. Local crafters and vendors. Baking. Free admission. Canteen available.

**Christmas Bazaar** at St. Stephens Anglican Church (54 Regent Street, Chester). Doors open at 10:00, lunch served from 11:00 am to 1:00 pm. Chowder and Soup Luncheon. Tea, coffee, and a sweet dessert. Luncheon \$12 and Children under 5 years FREE. Start your Christmas spirit with our Bake table, Wreaths, Craft Table. Dollar Auction – ALL NEW ITEMS!!!

#### SUNDAY, NOVEMBER 30

**3rd Annual Holiday Market** at Black Harbour Distillers from 12:00 to 4:00 pm. Local vendors, festive cocktails, BHD merchandise, shopping deals & more.

**Chester Brass Band & The Windsor United Church Choir will present “A Christmas Carol”** a tale of redemption through song and story at St. Stephen Church (54 Regent Street, Chester) starting 2:30 pm. Everyone welcome. Admission is Free-Will Donation.

#### MONDAY, DECEMBER 1

**Auction 45's at the Little Red School, Canaan** starting 1:00 pm. Cost \$3 per person.

#### TUESDAY, DECEMBER 2

**FREE CLOTHING NEW TO YOU** at the Aeon Baptist Church (57 Hwy 12, Chester Basin) from 10:00 am to 2:00 pm and again from 6:00 to 8:00 pm. Donations welcome but not necessary. For more info email: pcountway@eastlink.ca

#### WEDNESDAY, DECEMBER 3

**An Evening of Music featuring Peter Grant, Shaun Richards and Mike Purdy** at St. Luke's Parish Hall (10 Shore Club Road, Hubbards) from 7:00 to 9:30 pm. Admission by donation. Cash Bar and Silent Auction. Presented by: St. Luke's Outreach Mission Group. Proceeds to Christmas Hamper Program.

#### FRIDAY, DECEMBER 5

**New Ross Legion Christmas Festival “Potluck Supper” Eat-In Only** at the New Ross Legion (64 Forties Road) from 4:00 to 6:00 pm. \*Free Will Offering\*. Thank you for supporting your local Legion.

#### FRIDAY, DECEMBER 5 TO SUNDAY, DECEMBER 7

**New Ross Christmas Festival is back** for the 32nd Year with a full schedule of fun for the whole family! Begin your adventure by visiting the Festival Welcome Post at Ross Farm Museum entrance (4568 Hwy 12), Saturday from 9:00 am to 4:00 pm and Sunday from 10:00 am to 4:00 pm. For more info visit: www.newross.ca or on Facebook @New Ross Christmas Festival.

#### SATURDAY, DECEMBER 6

**Firefighters' Christmas Festival Breakfast & Bake Sale** at the New Ross Firehall from 7:00 to 10:00 am. Enjoy eggs, bacon, sausage, toast, pancakes, juice, tea/coffee. Take-out available. Adults \$10, Children (Ages 5-12) \$5 and Preschoolers are FREE! Anyone wishing to make a donation of baked goods or who would like to donate some time to help at the breakfast, please call Janice at 902-689-2018. Your support is greatly appreciated.

**Christmas Craft Fair** at the Grace Anglican Church (5533 Hwy 3, Chester Basin) from 9:30 am to 3:00 pm. Local crafters and vendors. Baking. Free admission. Canteen available.

**Festival Craft & Gift Fair** at the New Ross Consolidated School (4689 Hwy 12) from 10:00 am to 3:00 pm. Our popular Festival Fair offers an array of crafts and gift items made by talented artisans and crafters. Light lunch and raffle tickets are available. Free Admission. Sponsored by Heritage Canada.

**Christmas Country Craft Fair** at the New Ross Legion Hall (64 Forties Road) from 10:00 am to 3:00 pm. A variety of crafts and other goods. Wheelchair access is available via the new lift. Free Admission. For more info/booking, call 902-689-2668.

**Christmas Night Market** at the Hubbards Barn from 4:00 to 7:00 pm.

**Memory Tree Lighting & Music Show** at the Little Red School House, Canaan starting 7:00 pm. Admission \$5. Door prizes, 50/50 Raffle and Lunch provided. Bulbs \$5 each. If you would like to purchase a Christmas Bulb in memory of a Family/Friend/Pet to put on our Memory Tree, contact: Maxine 902-275-3496 or Muriel 902-275-3667.

**Hal Bruce Dance** at the New Ross Legion (64 Forties Road) from 9:00 pm to midnight. Enjoy the Best of the 60's & Beyond. Tickets: \$25 per person in advance at the New Ross Legion or, at the door, \$30 per person (if not sold out). There will be a bar and 50/50 tickets available.

#### SATURDAY, DECEMBER 6 & SUNDAY, DECEMBER 7

**Christmas at the Village Hall** (7639 Hwy 329, East River) from 9:00 am to 2:00 pm. Lots of Christmas Décor for sale and lots of other treasures! Bake Table & Craft Table. For more info contact Sheila 902-275-5720.

**Loebster Roll Luncheon with 2 Salads & a Cookie for \$15** at the Village Hall (7639 Hwy 329, East River). Pick-up is available for Luncheon between 10:00 am to 2:00 pm. MUST BE PRE-ORDERED by December 4 by calling Sheila Hirtle 902-275-5720 or 902-275-5966 or Mary Zinck 902-275-7600. Limited Quantities! Take-Out Only.

**New Ross Christmas Festival Turkey Dinners and Suppers Eat-in or Take-out** at the Forties Community Centre (1787 Forties Road). Serving from 12:00 to 2:00 pm and again from 3:00 to 4:30 pm both days. Enjoy turkey, dressing, gravy, potatoes, peas, carrots, cranberries, and pie with tea/coffee. Adults \$17, Children (Ages 5-12) \$7.50 and under 5 years are \$3.50.

#### SUNDAY, DECEMBER 7

**Chester Community Tis the Season Market** at the Chester Legion (14 Union Street) from 10:00 am to 2:00 pm. Free admission. Support and Shop Local.

**Christmas Tree Lighting** at the East Chester Recreation Hall from 6:00 to 8:00 pm. Join us lighting our outdoor Christmas and enjoy a campfire with smores and hot chocolate to keep you warm and cozy.

#### SUNDAY, DECEMBER 14

**Breakfast with Santa** at the Forties Community Centre (1787 Forties Road, New Ross) from 8:00 to 11:00 am. Enjoy eggs, pancakes, potatoes, bacon, toast, tea & coffee. Adults \$10, Children (under 12 years) \$5 and under 5 years are Free. Eat-In or Take-Out. Fully accessible facility. For more info call 902-689-2612 or 902-689-2000. For more info call 902-689-2612 or 902-689-2000.

**Crib Tournament** at the Little Red School, Canaan. Doors open at 1:00 pm. Cost \$20 per team. Cash prizes and 50/50. Canteen available.

#### SATURDAY, DECEMBER 13

**Oh What Fun! Join us for a Holiday Party Full of Kid Entertainment** at the Little Red School House (732 Canaan Road) from 2:00 to 4:00 pm. Games, Photo Booth, Crafts, Snacks & Treats, and a surprise visit from Santa at 3:00 pm. Donations made to our School House are greatly appreciated.



### MUNICIPALITY of CHESTER CALL FOR VOLUNTEER NOMINATIONS

#### Volunteer Week April 19 to 25, 2026

The Municipality of Chester is planning for National Volunteer Week, April 19 to 25, 2026. April seems like a long way off, but we want you to start thinking about ways to celebrate all the volunteers in the community that make an impact.

#### Nominate A Volunteer!

One thing you can do is nominate a volunteer who will be recognized by the Municipality.

Nominations can fall under five categories:

- (Individual) Representative Volunteer of the Year Award
- Newcomer Volunteer Award (Resident for less than 5 years)
- Youth Volunteer Award (Ages 13-24)
- Family Volunteer Award (Volunteering as a family for at least 5 years)
- Nova Scotia Strong Award (Individual or group that has demonstrated resiliency in community during a time or event of tragedy or struggle)

We will be celebrating all our community volunteers during National Volunteer Week – stay tuned for exciting event updates!

From all the individual volunteers that are nominated, one will be selected by Municipal Council to represent the Municipality of Chester at the Provincial Volunteer Awards.

The deadline to get your nomination in is Friday, March 6, 2026. Here is the link to the online fillable form: <https://portal.laserfiche.ca/p7156/forms/6HFZs>

D9025



## BOWLING

### Pajo's Bowling Alley League Stats

**Lucky Strikes League, Nov. 7:** H.S.: Courtney Tremere 142; H.T.: Courtney Tremere 363; H.S.: George Dorey 148; H.T.: Shawn D'Eon 363; T.H.T.: Splits & Giggles 1636

**Mickey Mouse League, Nov. 9:** H.S.: Corey Lohnes 133; H.T.: Devan Naugler 347; H.S.: Sherry Oxner 114; H.T.: Josee Daniels 287; T.H.T.: Hipsters Pinsters 1475

**Men's, Nov. 10:** H.S.: George Dorey 148; H.T.: Colton Whitman 377; H.T.S.: Only 9 572; H.T.T.: B-52's 1630

**Ladies, Nov. 11:** H.S.: Crystal Myra 120; H.T.: Crystal Myra 322; T.H.T.: Be Nice 1833

**Canexcel, Nov. 12:** H.S.: Amie Haughn 121; H.T.: Val Feener 296; H.S.: Cory Carver 148; H.T.: Doug Murphy 344

**Money League, Nov. 13:** H.S.: Courtney Tremere 119; H.T.: Kim Veinotte 331; H.S.: Matt Tremere 146; H.T.: Matt Tremere 376; T.H.T.: You're Due 1542

**Youth League, Nov. 15: Peewee.** G.H.S.: Aurora C 72; G.T.: Aurora C 207; B.S.: Max C 43; B.D.: Max C 85

**Bantam.** G.H.S.: Clove G 55; G.T.: Clove G 137; B.S.: Avery F 76; B.T.: Avery F 217

**Junior.** G.H.S.: Soraya W 85; G.T.: Soraya W 214; B.S.: Ethan M 108; B.T.: Ethan M 266

## Community Events

Nov 26 - Dec 2, 2025

### WEDNESDAY, NOVEMBER 26

**Imagination Playground** at HB Studios Sports Centre from 9:30 to 11:30 AM.

**Yoga Flow with Kim** at April Williams Salon & Spa, 709 Main St., Liverpool from 10 to 11 AM.

**Feminist Book Club: We Should All be Feminists** at Second Story Women's Centre, 18 Dufferin St., Lunenburg from 6 to 7:30 PM.

**Bright & Lion Touch Rugby** at HB Studios Sports Centre from 8 to 9 PM.

### THURSDAY, NOVEMBER 27

**Small World Learning Centre's Annual Gnome Walk** at Centennial Trial, York St., Bridgewater. All day.

**Recreation and Social Program for Mature Adults** at HB Studios Sports Centre, 543 Glen Allan Dr., Bridgewater from 10 AM to 12 PM.

**Drop-in Session at the Mall – Celebrating Career Month Event** at South Shore Centre, Bridgewater Mall multi-purpose room from 2 to 4 PM.

**Free Drop-in Programs** at Liverpool YMCA Youth Centre, 40 Water St., Liverpool from 2:30 to 5 PM.

**Atlantic Whitefish Documentary Screening & Event** at DesBrisay Museum, 130 Jubilee Rd., Bridgewater from 5 to 8 PM.

**Bridgewater Toast Master Club** at NSCC Lunenburg Campus, 75 High St., Bridgewater from 7 to 8:30 PM.

**Trivia with Michelle** at King Street Beer, 463 King St., Bridgewater from 7 to 9 PM.

**Pain N Sip** at Rosewater Social, 673 King St., Bridgewater from 7 to 9 PM.

### FRIDAY, NOVEMBER 28

**Small World Learning Centre's Annual Gnome Walk** at Centennial Trial, York St., Bridgewater. All day.

**Keep on Track** at HB Studios Sports Centre from 10 AM to 12 PM.

**Clickety Clack Knitters & Crafters** at DesBrisay Museum, Jubilee Rd., Bridgewater from 1 to 5 PM.

**New Germany Farmers' Market** at 5325 NS Trunk 10 from 2 to 6 PM.

**Music Bingo** at King Street Beer Company, 463 King St., Bridgewater from 6 to 8 PM.

**South Shore Players Holiday Production – Snow White** at Studio Theatre, 123 Empire St., Bridgewater at 2 & 7 PM

### SATURDAY, NOVEMBER 29

**Small World Learning Centre's Annual Gnome Walk** at Centennial Trial, York St., Bridgewater. All day.

**Yoga Flow with Kim** at April Williams Salon & Spa, 709 Main St., Liverpool from 10 to 11 AM.

**Holly & Ivy Fair** at South Shore Waldorf School, School Rd., Blockhouse from 11 to 3 PM.

**Craft Saturdays** at Mahone Bay Museum, Mahone Bay from 12 to 4 PM.

**South Shore Players Holiday Production – Snow White** at Studio Theatre, 123 Empire St., Bridgewater at 2 & 7 PM.

**Pop Up Market** at King Street Courtyard, 463 King St., Bridgewater from 3 to 7 PM.

**Multicultural Holiday Concert** at The Astor Theatre, 219 Main St., Liverpool at 6 to 8 PM.

**Christmas on the LaHave Parade of Lights** starting at High Street from 6 to 8 PM.

### SUNDAY, NOVEMBER 30

**Small World Learning Centre's Annual Gnome Walk** at Centennial Trial, York St., Bridgewater. All day.

**Days of Christmas – Christmas Market** at Dayspring & District Fire Department, Upper LaHave from 10 AM to 2 PM.

**Celtic Sunday Session** at Eli+Trix, 538 Main St., Mahone Bay from 2 to 4 PM.

**Community Christmas Concert** at St. Stephen's Anglican Church, Chester from 2:30 to 3:45 PM.

**South Shore Players Holiday Production – Snow White** at Studio Theatre, 123 Empire St., Bridgewater at 2 & 7 PM

### MONDAY, DECEMBER 1

**Small World Learning Centre's Annual Gnome Walk** at Centennial Trial, York St., Bridgewater. All day.

**Imagination Playground** at HB Studios Sports Centre from 9:30 to 11:30 AM.

### TUESDAY, DECEMBER 2

**Small World Learning Centre's Annual Gnome Walk** at Centennial Trial, York St., Bridgewater. All day.

**YMCA Youth Leader Program** at 40 Water St., Liverpool at 2:30 PM.

**Game Night** at Michelin Social & Athletic Club, Logan Rd., Bridgewater from 4 to 9 PM.

**Bette MacDonald's Christmas in Cape Breton '25** at The Astor Theatre, 219 Main St., Liverpool at 7:30 PM.

## Aging in place safely: Some simple kitchen modifications

By ANNE WENTZELL

It's often called the heart of the home. The kitchen is where meals are prepared with loving hands. But for those elderly adults who decide to age in place, there are some simple modifications to make to avoid accidents such as falls, strains, or other mishaps while cooking that gourmet meal.

Proper lighting is essential, especially for those with poor visibility. Under-cabinet lighting is important as it provides more illumination and lessens shadows on kitchen countertops so that you can see what you're doing, such as slicing and dicing, for example.

Switching your old bulbs to light-emitting diodes (LEDs) are energy-efficient, long-lasting, and emits bright and clear lighting that closely mimics natural sunlight. They're an ideal option for the elderly requiring adequate lighting in the kitchen and help reduce the risk of falls.

Traditional knobs on kitchen cabinets can prove to be a struggle, especially for those with arthritic hands. They can be replaced with wide drawer pulls or round pull knobs that are easier to grip.

Consider upgrading your light switches to rocker switches that can be turned on with just a simple tap, ideal for those with hand strength limitations or who have mobility issues.

Upper cabinets are fine for those younger and are quite tall. But for the elderly who grow shorter over time, opting for pull-out shelves in lower cabinets will eliminate the need to strain to reach a product. Pull-down shelves for upper cabinets aid in bringing everything to eye level instead of resorting to a step stool which could prove dangerous.

Kitchen floors can be slippery, so consider investing in slip-resistant mats. Vinyl flooring is favourable option. It can be budget-friendly with a cushy underfoot to help reduce the risk of injuries and spilled food containers.

Standard countertops are fine for most, but accessible countertops should be 50 centimetres deep for

those using wheelchairs or who have limited mobility. Leave some knee clearance underneath for seated users; at least 68.6 cm wide and 76.2 cm tall, which offers closer proximity and reduces the need for sometimes awkward stretching.

Kitchen chairs and counter tops may have sharp corners leading to bruising. Add corner protectors or rounded edge guards to your counters and tables.

Keep frequently used heavy appliances such as blender, toaster or coffee maker on the countertop to prevent having to crouch or lift every morning. A great option is a rolling cart, which adds extra storage space and can be wheeled around the kitchen easily.

If possible, clear the kitchen area of clutter which can pose falling risks and helps keep things organized making meal preparation much more enjoyable. For those items you rarely use, place on high shelves until you can get assistance with getting them down for use.

A kitchen island or foldable chair for seating can provide a place to rest while chopping, stirring, or waiting for items to boil. Select chairs with a back support and perhaps a cushion for comfort.

Invest in some easy-to-use utensils that are lightweight with an easy-grip to make your cooking and eating easier. Some products can be found that are designed for seniors or those with arthritis or other conditions that may affect your dexterity.

Install touchless faucets or lever-style handles where a gentle tap turns the water on and off without having to twist, preferable for those with limited hand strength of mobility issues.

And finally, the removal of doors to some kitchen cabinets makes it easier to reach for items, especially if you are wheelchair bound or use a walker or cane.

Your needs and abilities may change as you age, and modifications are required to make your home more comfortable and accessible. Bon Appétit!



## MUSIQUE ROYALE

Lunenburg County in December:



**Sunreturn, A Medieval Christmas!**  
Wednesday Dec 3, 7 pm  
St Barnabas Anglican Church, Blandford  
Saturday Dec 6, 2 pm  
Cookie Concert, Lunenburg School of the Arts

**A Chorister's Christmas - Capella Regalis**  
Saturday Dec 20, 4 pm  
St John's Anglican Church, Lunenburg

**Handel's Messiah**  
Tuesday Dec 23, 7 pm  
St John's Anglican Church, Lunenburg

**Yuletide, A Ceremony of Midwinter**  
Wednesday Dec 24, 12pm  
St John's Anglican Church, Lunenburg

D9050

BUY tickets now >
[musiqueroyale.com](http://musiqueroyale.com)



# Musique Royale features stunning line-up leading up to Christmas

SOUTH SHORE BULLETIN STAFF

SOUTH SHORE – Musique Royale has put together a stunning line-up together to entertain you during this Christmas season.

On Nov. 30, a can't miss experience: the Huron Carole, featuring Tom Jackson fundraising for the Red Cross, will be featured at the St. John's Anglican Church in Lunenburg.

The performance will feature Sylvie Proulx, classical guitar, Dean Brinton, piano; Barbara Butler, organist; Andrea Menard, singer, actress, (Sulli-

van's Crossing); Tom McKillip, music producer, musician, songwriter; Claude and Clement Fulton, young artists; Ian McKinnon, pipes, whistle, bodhran; Tobias Beale, whistle, flute; and Andrea Menard, vocals.

Sunreturn – a Medieval Christmas Tour will make a stop in Lunenburg Dec. 6 at 2 p.m. at the Lunenburg School of the Arts.

This will feature sacred songs and lively dance tunes from the medieval era to the 18th century celebrate the passing year performed by Jennifer Publicover, flutes; Anthony Rissesco, fiddle; Ellen

Gibling, harp; Jude Pelley, bouzouki.

Coming up Dec. 20 at the St. John's Anglican Church in Lunenburg, A Chorister's Christmas with the Capella Regalis Men and Boys Choir, directed by Nick Halley with the South Shore program choristers.

On horn will be Gina Patterson, Shaw Nicholson on trumpet and Paul Halley on organ.

This concert will reflect Nova Scotia's increasingly multicultural population and celebrate the diverse heritage of the choir members with music in languages spoken by the choristers, from Arabic to Igbo.

Finally, just before Christmas, on Dec. 23, Handel's Messiah, with the Hallelujah chorus as its centrepiece, will be held Dec. 23 at 7 p.m. at St. John's Anglican Church.

For tickets or for more information go to: [www.musiqueroyale.com](http://www.musiqueroyale.com).

## What's coming to streaming this week November 26 - December 1, 2025

### NETFLIX

#### November 26

Jingle Bell Heist  
Stranger Things 5 (Volume 1)

#### November 28

Left-Handed Girl  
The Stringer: The Man Who Took The Photo

#### November 29

The Best Man Holiday  
WWE Survivor Series: 2025

### DISNEY+

#### November 26

Airport Security: Rome (Season 8)  
Chibi Tiny Tales (Shorts) (Season 5, Premiere Episode)  
Disney Twisted-Wonderland: The Animation (New Episode)  
Kiff (Season 2, New Episodes)  
Lost Cities with Albert Lin: The Great Flood

New York Super Airport Saving Venice  
Marvel's Spidey and his Amazing Friends (Season 4, New Episodes)  
The Beatles Anthology (Three-Episode Premiere)  
The Manipulated  
Ultimate Airport Dubai (Seasons 1-3)  
Untamed Costa Rica  
Wandance (New Episode)

#### November 27

Dancing with the Stars Official Podcast (New Episode)  
The Beatles Anthology (New Episodes)  
The Kardashians (Season 7, New Episode)  
**November 28**  
Prep & Landing: The Snowball Protocol  
Seventeen: Our Chapter (New Episode)  
The Beatles Anthology (New Episodes)

ZOMBIES 4: Dawn of the Vampires (Sing-Along Version)

#### November 30

Little Angel (Season 7, All episodes)  
One-Punch Man (Season 3, New Episode)

### CRAVE

#### November 28

Heated Rivalry: Season 1, Episodes 1-2  
Traitors Ireland: Season 1  
This Town: Season 1  
Dark Winds: Season 2  
Mr-9: Do or Die  
The Supremes At Earl's All You Can Eat  
Transformers: Age of Extinction  
Transformers: Bumblebee  
Transformers: Dark Side Of The Moon  
Transformers: The Last Knight  
Robin Hood: Prince of Thieves

Awakenings  
Surviving Christmas  
My Big Fat Greek Daddy's Home 2

#### November 29

Shrek the Halls

### PRIME VIDEO

#### November 26

She Rides Shotgun  
Kantara: A Legend Chapter 1

#### November 27

Songbird  
Hoard

#### November 28

Tinsel Town  
Nowhere Man  
Perrenque Fashion

#### November 29

Kerouac's Road: The Beat Of A Nation  
Passengers (2016)  
November 30  
Colour Me True  
Moneyball (2011)  
Diamond In The Sky  
Listening Ears

| Lunenburg, N.S.                   |          |                              |          |
|-----------------------------------|----------|------------------------------|----------|
| TIDE TABLE                        |          |                              |          |
| <b>Wednesday, November 26</b>     |          | <b>Sunday, November 30</b>   |          |
| low 2.46 ft                       | 5:53 AM  | high 5.51 ft                 | 3:12 AM  |
| high 5.02 ft                      | 11:32 AM | low 1.77 ft                  | 10:05 AM |
| low 1.44 ft                       | 6:24 PM  | high 4.76 ft                 | 3:30 PM  |
| <b>Thursday, November 27</b>      |          | <b>Monday, December 1</b>    |          |
| high 5.02 ft                      | 12:25 AM | high 5.81 ft                 | 4:12 AM  |
| low 2.49 ft                       | 7:03 AM  | low 1.35 ft                  | 11:02 AM |
| high 4.89 ft                      | 12:17 PM | high 4.92 ft                 | 4:41 PM  |
| low 1.48 ft                       | 7:19 PM  | low 1.25 ft                  | 10:59 PM |
| <b>Friday, November 28</b>        |          | <b>Tuesday, December 2</b>   |          |
| high 5.12 ft                      | 1:14 AM  | high 6.07 ft                 | 5:08 AM  |
| <b>MOON FIRST QUARTER</b> 2:58 AM |          | low 0.89 ft                  | 11:58 AM |
| low 2.4 ft                        | 8:08 AM  | high 5.18 ft                 | 5:43 PM  |
| high 4.79 ft                      | 1:10 PM  | low 1.18 ft                  | 11:57 PM |
| low 1.44 ft                       | 8:13 PM  |                              |          |
| <b>Saturday, November 29</b>      |          | <b>Wednesday, December 3</b> |          |
| high 5.28 ft                      | 2:11 AM  | high 6.33 ft                 | 6:00 AM  |
| low 2.13 ft                       | 9:07 AM  | low 0.46 ft                  | 12:52 PM |
| high 4.69 ft                      | 2:16 PM  | high 5.45 ft                 | 6:40 PM  |
| low 1.38 ft                       | 9:06 PM  |                              |          |

Level of accuracy may be affected by weather patterns and circumstances.

## freshmart

Your Neighbourhood Grocer

4988 Hwy. 10, New Germany 902-644-3272

**FRESH QUALITY MEATS & PRODUCE**

PRICES FROM THURS NOV 27 TO WED DEC 3, 2025

|  |   |  |
|--|---|--|
| <b>PORKLION ROAST CENTER-CUT</b><br>\$1.99<br>LB / \$4.39kg      | <b>FRESH WHOLE CHICKEN</b><br>\$2.99<br>LB / \$6.59kg | <b>PORKLION CHOPS CLUB PACK</b><br>\$2.49<br>LB / \$5.49kg   |
| <b>LOCAL VALLEY POTATOES</b><br>10 LB<br>\$3.88                  | <b>CARROTS &amp; ONIONS</b><br>2LB BAG<br>\$1.44      | <b>FARMERS MARKET MANDARIN ORANGES</b><br>2 LB BAG<br>\$4.99 |
| <b>DEMPSTERS WHOLE WHEAT &amp; WHITE BREAD</b><br>650G<br>\$2.99 | <b>BECEL MARGARINE</b><br>850G<br>\$6.99              | <b>SCHNEIDERS BACON</b><br>375G<br>\$4.99                    |

2016 Hfx No. 456798  
SUPREME COURT OF NOVA SCOTIA  
Between: **THE TORONTO-DOMINION BANK** PLAINTIFF  
and **VICTOR M. WAREHAM** DEFENDANT

**NOTICE OF SALE OF LAND UNDER EXECUTION**  
TO BE SOLD at public auction by the Sheriff for the County of Queens pursuant to the Execution Order obtained by the Plaintiff against the Defendants on July 24th, 2024 and the Judgment recorded at the Land Registration Office for the County of Queens on January 18, 2017 as Document No. 110209625 and Document No. 119792621, and pursuant to the Sale of Land Under Execution Act, R.S.N.S. 1989, c. 409 unless before the time of sale the amount due to the Plaintiff on the Judgment and its costs is paid to it or its solicitor.

**ALL THE ESTATE**, right, title, interest, claim and property including any equitable and/or beneficial rights of the Defendant, **Victor M. Wareham**, at the time of the entering of the Plaintiff's Judgment, or at any time since, and of any person claiming or entitled by, from or under the Defendant of, in and to the following property known as 4274 Medway River Road, Greenfield, known as PID No. 70229752, Queens County, Nova Scotia:

**PROPERTY:**  
Location: Bangs Falls Designation of Parcel on Plan: Lot #2 Title of Plan: FINAL PLAN OF SUB-DIVISION SHOWING LANDS OF CYNTHIA DAWN GALLANT AND CLEVELAND D. FISHER & MARILYN FISHER LOT #2, Area 7.4 Acres, to be subdivided from lands of Cynthia Dawn Gallant & Cleveland D. Fisher, leaving a Remaining Area of 118 Acres, more or less. Registration County: Queens Registration Reference of Plan: 3771

The parcel originates with an approved plan of Subdivision that has been filed under the Registry Act or registered under the Land Registration Act at the Land Registration Office for the registration district of Queens as plan or document number 3771

A copy of the description of the aforementioned property is on file at the office of the Sheriff for the County of Queens and may be inspected during business hours.

**DATE OF SALE:** December 8, 2025  
**TIME OF SALE:** 10:00 am, local time  
**PLACE OF SALE:** 141 High Street, Bridgewater, Nova Scotia

**TERMS:** 10% deposit (payable by cash, certified cheque or solicitor's trust cheque) at the time of sale, remainder within 15 days upon delivery of deed.

Signed October 30, 2025  
Derek Atwood  
Sheriff in and for the County of Queens  
Province of Nova Scotia

Raul Rodriguez  
MCINNES COOPER  
Purdy's Wharf Tower II  
PO Box 730  
1300-1969 Upper Water Street  
Halifax, NS B3J 2V1  
Solicitors for the Plaintiff

What happens when you don't advertise?

# Very little.

# South Shore I.C.E. Storm defends title

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

BRIDGEWATER – The South Shore I.C.E. Storm sledge hockey team successfully defended their home tournament title on the weekend.

The team used its speed and skill to win all three round-robin games and the gold medal game to claim the title.

They finished the tournament giving up just one goal that came in the 8-1 gold medal win on Sunday afternoon over Team P.E.I. During the round-robin they kicked off the tournament with a 9-0 win over P.E.I., then followed that up with an 8-0 win over Cape Breton and 16-0 win over New Brunswick.

Goaltender for the first three games and the final few minutes of the gold medal game was Noah Wentzell. Goal scorers were Logan Munden (5) and Jiesheng Boutilier with (3). These two led the team and the tournament in goals with 11 apiece.

New Brunswick ended up winning the bronze medal with a 2-0 win over Cape Breton.

Second-year Head Coach Tyler Munden said he was proud of his team.

“We are pretty fortunate to have a big population of our team that takes it pretty serious and dedicates a lot of their free time to training, working out and get-



KEVIN MCBAIN PHOTO

Members of the gold-medal winning South Shore I.C.E. Storm team are shown here. In front are goaltenders Noah Wentzell (left) and Ethan McBain. Second row, from left are, Caleb Mailman, Owen Hubley, Jaydan Poirier, Jiesheng Boutilier, Logan Munden, Quintan Mailman, Kate McBain, Lara Bowie, Steven Rombeek, Hadley Frittenburg, Katie Lear and Lucas Braun. In the back are Coaches Lauren Quann and Tyler Munden.

ting better. That’s what you see on the ice when you put that effort in,” he said, following the tournament.

“What I was most impressed with was the way we were cycling the puck and engaging our defence. The communication level was really high. When our defence would jump into the play, they communicated

that, and our forwards were coming back to cover their spot.”

He also mentioned that while there are the players that competed at this high level, the unique thing about sledge hockey is that there is also room in the program for those that are just beginning or learning to play and those that are just out for recreation and having fun.

Sledge hockey is also very inclusive meaning that any age, any gender can get out on the ice and play.

Munden said that they will continue to work hard in improving their play, but after witnessing the games this past weekend, Munden said that it’s hard to really point out any flaws in their game.

This is the first of four tournaments that the teams will compete in this season. They will travel to Fredericton, Charlottetown and Sydney in the new year.

The tournament also featured a junior, or development game, with players from Bedford and Antigonish joining the local players for an exhibition game Sunday morning.

As well, former Canadian national sledge hockey goaltender, Paul Rosen, was on hand to perform an official puck drop and talk to the teams in between their games. He was a member of the 2006 national team that won the gold medal at the Paralympic Games held in Torino, Italy. He is now a motivational speaker.

## Lumberjacks continue winning ways

By KEVIN MCBAIN  
with DAN BOYD

BRIDGEWATER – The South Shore Jr. B Lumberjacks continued their winning ways this past weekend with a 5-2 road victory over the Brookfield Elks Nov. 22.

With the win, the Lumberjacks now sit with a record of 13-2 and lead the league with 26 points. Close behind them are the Capstone Colts with a 12-3 record and East Hants with 23 points.

Scoring for the Lumberjacks in this one were

Cohen Westlake, Kyle MacIntyre, Leo Mac-Lean, Andrew George and Landon Garber.

Goaltender Kegan Greencorn stopped 32 of 34 shots for the Lumberjacks, while Cole Echlin stopped 39 of 44 shots for the home side.

Next up for the Lumberjacks is Dec. 6 when they host the East Hants Penguins. They will also play Dec. 8 in Sackville against the Blazers.

Leading the team in points is Kyle MacIntyre with 12 goals and 13 assists. Second is Owen MacDermid with seven goals and 16 assists, followed by Brennan Coleman with 12 goals and 10 assists.

Goaltender Kegan Greencorn has had an outstanding season, sporting a 12-2 record with a 2.98 GAA and a save percentage of .917. Backup Jakob Koziel has played 98.46 minutes and has a record of one win and zero losses. He has a 3.05 GAA and a save percentage of .918.

## Fish Cakes

Cold rainy weather calls for comfort food!

### INGREDIENTS

- 5 large potatoes
- 1 tbsp butter or margarine
- Salt and pepper to taste
- ¼ cup onion, diced
- 1 lb cooked, flaked white fish (e.g., cod)
- 1 large egg, beaten
- 1 tbsp flour for dusting

### DIRECTIONS

1. Boil the potatoes until tender. Drain and return them to the pot; mash them with butter / margarine, salt, pepper. Set aside.
2. Heat 1 tbsp oil in a saucepan over medium-low heat. Sauté the diced onion until translucent, about 3-5 minutes.
3. Add the onions to the mashed potatoes and allow to cool completely, preferably in the refrigerator for at least an hour.
4. Combine the cooled mashed potatoes with the flaked fish and the beaten egg. Gently mix until just combined, being careful not to overmix.
5. Form the mixture into patties about ½"-inch thick.
6. Place the patties on a plate or tray and chill in the refrigerator for at least one hour.
7. Lightly dust the chilled patties with flour. Heat a frying pan with oil over medium heat. Carefully place the fish cakes in the hot pan, frying in batches to avoid overcrowding. Cook for about 2-3 minutes per side, or until golden brown and heated through.
8. Serve while hot. Leftovers can also be frozen to enjoy on the next rainy day!

Have a recipe you'd like to share?  
Send it in!

info@southshorebulletin  
106-129 Aberdeen Rd,  
Bridgewater, NS B4V 2S7

## Social Column

Enjoy this “social media of yesteryear”  
excerpt from the Bridgewater Bulletin.

November 26, 1936

### New Germany

On Tuesday evening Mr. and Mrs. Stephen Lade were pleasantly surprised when about forty of their friends gathered at their home to tender them a miscellaneous shower. The gifts were many and very useful. The evening was spent socially and music played by Mrs. I.B. DeLong contributed largely to the enjoyment of the evening. Refreshments were served. Mr. and Mrs. Lade very fittingly expressed their appreciation for the thoughtfulness of their friends.

### Crescent Beach

Mrs. James Publicover, well known as “Aunt Maria”, although in her 91st year, was able to attend church on Sunday evening. The occasion was the Confirmation service conducted by Bishop Hackenley in the Anglican Church at West Dublin.

### LaHave

Mr. and Mrs. Chas. Zwicker received a telegram recently announcing the birth of a daughter to their son and wife, Mr. and Mrs. Ralph Zwicker, at Malden, Mass., on November 1st.

### Rose Bay

Miss Marjorie Himmelman, who was spending her vacation at the home of her parents, Mr. and Mrs. Lawson Himmelman, left on Sunday for Saint John, where she will fill her position as a telephone operator.



Curious to see more?  
Visit our Archives at [www.southshorebulletin.ca](http://www.southshorebulletin.ca)

## Those were the days

Take a trip down memory lane with this vintage ad  
from the Bridgewater Bulletin, November 26, 1936.

[www.southshorebulletin.ca/Archives](http://www.southshorebulletin.ca/Archives)

# Mahone Bay transforms into a Christmas wonderland

*The season of Father Christmas begins*

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

MAHONE BAY – Each year at the end of November, this picturesque little town turns into a Christmas wonderland.

Helping the transformation are the people behind the Father Christmas festival.

This is the 20th year for the Father Christmas, celebrating the season and bringing Christmas to life.

“The Father Christmas festival brings together the greater community and it showcases the pride that residents take in their homes and their neighbourhood, especially during the holiday season,” said Sylvia Jackson, chair of the Mahone Bay Signature Festivals Society.

“We just love it here. The town gets decorated; there are lights and displays and the Father Christmases are just spectacular and many of them are 20 years old and their faces are works of art. They are just beautiful.”

Jackson explained that the Father Christmases are the property of the Father Christmas organizing group and between 12-15 are put out each year just before the festival, and they remain on display throughout the town through the month of December.

The month-long celebration kicks off with two weekends packed full of activities for all ages. It all begins Nov. 28 with the community tree lighting with musical guests, including Seaside A Cappella beginning at 6 p.m. at

the St. James Church.

“Those two weekends pack in a lot of extra stuff. There’s so much to do,” said Jackson.

The Nov. 29 list includes a market and back sale at St. John’s, a pop-up Christmas gift and book sale, a holiday market and luncheon at Trinity United; a gingerbread and tiny trees kits to go from the Mahone Bay Centre takes place from 10-2; and a Merry Mahone Bay Market at the Mahone Bay Centre.

Making its return this year is the Homes for the Holiday tour – a tour of four Mahone Bay homes full of festive decor - that hasn’t run since 2019. Cost is just \$25, and tickets are available at eventbrite.com, at the Teazer, and Suttles & Seawinds.

“This year, we have four different homes, all magnificent in their own way. They are being decorated in different themes and will be open for the tour for visitors to get ideas and just see how much Christmas people can pack into their homes. It’s going to be super fun. We’re excited to bring this back,” said Jackson.

Tours are open Nov. 30, Dec. 6 and Dec. 7 from 11 a.m. to 4 p.m. each day.

Nov. 30, there is brunch at the legion being served and the South Shore Summer Theatre will host a Christmas cabaret from 2-4 p.m.

The next weekend, Dec. 5, the second annual ‘Evening on Edgewater’ will be held with hot cider, cookies, fire pit, s’mores and a gourmet market available to browse. As well, the St. John’s Lutheran Church



FACEBOOK/FESTIVALS OF MAHONE BAY

Get ready for the seventh annual Mahone Bay Father Christmas Reindeer Fun Run Dec. 6.

Bell Choir and the Mahone Bay Legion swing band will be performing to get you into the Christmas spirit, if you aren’t already. This all takes place from 4-8 p.m.

“Last year it was such a huge success, so we’re bringing it back again,” said Jackson.

Dec. 6 is another big day. And includes the Winter Whimsy Workshop craft for kids from 2-4 p.m.; the South Shore Chorale concert and the Father Christmas Reindeer Fun that is gaining in popularity, now in its seventh year.

“It is growing by leaps and bounds. Last year, there were more than 500 taking part. It’s going to be another huge event and it’s so much fun,” said Jackson. “Most people are in costume

or wearing some type of decorations. You are going to see all sorts of things. It is very comical to watch.”

Details and registration can be found at atlanticchip.ca. There are prizes for the best costume and post-run treats. The run kicks off at 6 p.m. from the civic marina at 683 Main Street.

Dec. 7, children three and above can participate in making a toy boat and they can also build a bird feeder. These events run from 1-3 p.m. at the Mahone Bay Centre.

The final event on the list happens Dec. 20 when the Sweet Chiming Christmas Belles event takes place at the St. John’s Lutheran Church. It features the mother and daughter choir under the direction of Leslee Barry.

For more details, visit the Festivals of Mahone Bay Facebook page or go to their website: festivalsofmahonebay.com.

Jackson said that a festival like this doesn’t work without the many volunteers who have stepped up to make it all happen.

“The level of volunteers that go into this is really outstanding and they need to be applauded,” she said. “So many people, so many hours, weeks and months go into something like this.”

**It’s that magical time of year again!**

We’re inviting local businesses to take part in our annual

**LETTERS TO Santa**  
special edition

**One of the most anticipated and heartwarming sections of the year.**

**For just \$25**, your business can sponsor a business card-size ad alongside letters written by local children to Santa. These pages always receive high visibility and strong community engagement – it’s a wonderful way to show your holiday spirit while supporting local families.

**Each sponsoring business will be entered into a draw for one free 1/8-page ad!**

Edition: Wednesday, December 17.  
Deadline for ads: Friday, December 12, by 10 a.m.  
Draw date: Monday, December 15.

**Help make this year’s Letters to Santa section extra special – your support brings smiles to local children and spreads festive cheer throughout the community!**

**To reserve your spot, contact:**  
**Diana Girvan**  
Marketing Solutions Specialist  
129 Aberdeen Rd, Suite 106, Bridgewater, NS, B4V 2S7  
902-930-4361 • diana.girvan@southshorebulletin.ca  
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D8950

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Personalized support with hospitality services in a comfortable, professional setting. Customized packages available.

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- Meals, housekeeping, laundry
- Medication support
- Daily living Assistance as needed
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## Lifestyle Apartments

Independent living with privacy, plus access to all community amenities and activities.

### What's Included

- Studio, 1 bedroom and 2 bedroom options
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- Private entrance; balconies available
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### All Residents Can Enjoy:

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- Weekly Activities & Entertainment



**STONEMONT**  
RETIREMENT LIFESTYLE  
*By the Shore*

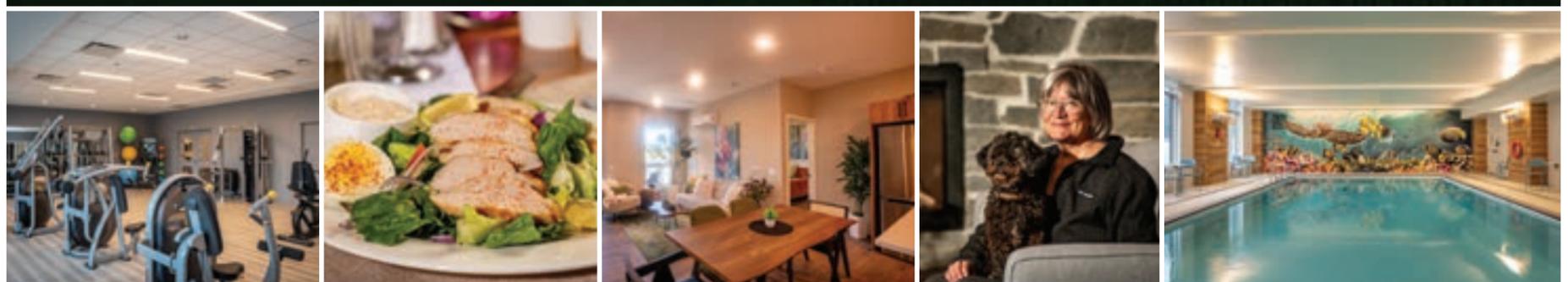
StonemontBridgewater.ca



**Book your tour today!**

Call Carol: **902-514-7033**

email: [carol@stonemont.ca](mailto:carol@stonemont.ca)



# More affordable than you think!

Compare your monthly living cost to see how life at Stonemont is truly affordable!

The following *budget numbers* are average amounts based on a single senior living in the Bridgewater area.



| Typical Living Expenses       | Average Monthly Costs | Try Your Own Expenses! | Lifestyle Apartments | Lifestyle Plus Apartments | Supportive Living Apartments | Assisted Living Apartments    |
|-------------------------------|-----------------------|------------------------|----------------------|---------------------------|------------------------------|-------------------------------|
| Mortgage or Rent              | \$ 1,500.             |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Property Tax & Insurance      | \$ 350.               |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Utilities (Power & Water)     | \$ 230.               |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Phone/Cable/Internet          | \$ 145.               |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| General Maintenance           | \$ 150.               |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Landscaping & Snow Removal    | \$ 85.                |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Transportation                | \$ 230.               |                        | —                    | ✓                         | ✓                            | ✓                             |
| Food & Groceries              | \$ 550.               |                        | —                    | ✓                         | ✓                            | ✓                             |
| Additional Services           | Monthly Value         | Monthly Value          | Convenience in Style | Worry-Free Living         | A Bit More Help              | Personalized Care & Attention |
| Professional Meal Preparation | \$ ∅                  |                        | —                    | ✓                         | ✓                            | ✓                             |
| Dining Service & Dishwashing  | \$ ∅                  |                        | —                    | ✓                         | ✓                            | ✓                             |
| Weekly Housekeeping           | \$ 60.                |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Weekly Laundry & Linens       | \$ ∅                  |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Daily Security & Monitoring   | \$ 50.                |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| 24/7 Emergency Response       | \$ ∅                  |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Entertainment & Recreation    | \$ 150.               |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Gym Membership                | \$ 60.                |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Elevator/Chair Lift           | \$ ∅                  |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Air Conditioning              | \$ 50.                |                        | ✓                    | ✓                         | ✓                            | ✓                             |
| Medication Management         | \$ ∅                  |                        | —                    | —                         | ✓                            | ✓                             |
| Daily Personal Support        | \$ ∅                  |                        | —                    | —                         | ✓                            | ✓                             |
| Visual Night Checks           | \$ ∅                  |                        | —                    | —                         | —                            | ✓                             |
| How does Stonemont compare?   | \$ 3,610.             |                        | Starting at \$1,995. | Starting at \$2,695.      | Starting at \$3,695.         | Starting at \$5,495.          |

## Book a Tour By the Shore!

If you have questions about living at Stonemont By the Shore, please feel free to reach out to us, we'd love to hear from you!

**Carol: 902-514-7033 | email: carol@stonemont.ca**

StonemontBridgewater.ca



**STONEMONT**

RETIREMENT LIFESTYLE

*By the Shore*

# LIFESTYLES

## Supporting pets through hard times

**ASHLEY KIPPERS**  
SHAID Tree Animal Shelter General Manager

As the cost of living continues to rise, many families in our community are facing food insecurity and when people struggle, their pets often struggle too.

To help keep families and their animals together, SHAID Tree Animal Shelter operates a small but vital

Community Pet Pantry, providing pet food to owners who may be going through a difficult time.

This time of year is especially important for giving. Winter months often bring added financial strain, and donations of pet food can make an enormous difference for households trying to care for their beloved companions. SHAID accepts pet food donations directly at the shelter, and

local food pantries also welcome pet food, ensuring it reaches families who need it most.

Keeping pets in their homes is one of the simplest and most meaningful ways to reduce animal suffering — and the community’s generosity plays a crucial role in making that possible.

*Continued on page 19*



ASHLEY KIPPERS PHOTO

Meet Bonsai, a gentleman hanging out at SHAID waiting for his chance

## Belonging isn't a perk. It's the repair.

**STEPHANIE MILLER VINCENT**  
Business Moments

Many of today’s leaders are asking the same questions:

Why don't young workers stay? Why do they seem cautious about commitment? Why during the interview process do they ask about culture before salary?

To understand the answer, picture a scene that unfolded in countless homes across the '80s, '90s, and early 2000s:

A parent walks through the door in the middle of the day, earlier than usual, quieter than usual. Their child looks up from the kitchen table. The parent sets their briefcase or lunchbox down and says words no family ever forgets:

“I lost my job today.”

Not because they weren't loyal.

Not because they didn't work hard. Not because they did anything wrong.

But because a company missed a projection.

Or a budget was cut.

Or someone in an office on “mahogany row” decided a number mattered more than a human being did.

Scenes like these, not surprisingly, shaped an entire generation.

If you're a leader today, this is where

your retention conversation begins:

This generation didn't grow up expecting loyalty.

They grew up watching what happened when their parents gave it.

The inheritance we don't talk about Baby Boomers learned from their parents who survived the Depression and war. Work wasn't about fulfilment, it was about survival. You stayed. You endured. You were grateful to have a job at all, even when it cost you.

They gave decades to companies that rewarded silence, normalized burnout, and treated people as replaceable the moment numbers dipped.

Their children watched it all: the mass layoffs of the '80s, the corporate downsizing of the '90s and the restructures and “right-sizing” of the early 2000s.

They watched their loyal parents be discarded, and they learned a different lesson:

Staying loyal gets you nowhere.

Then came Gen Z, the first generation that didn't see a world where a job automatically meant stability. They grew up alongside economic crashes, rising contract work, and constant stories of toxic or unsafe workplaces.

They also came of age during the

rise of short-term, contract-based jobs like food delivery, rideshare driving, increased seasonal hospitality work, and freelance roles. This work offered choice, flexibility, and the ability to walk away quickly. For a generation raised on instability, it felt safer than trusting a company that might replace them tomorrow.

Where Boomers were taught to endure, Gen Z was taught to protect themselves.

### THE LEADERS WE NEED TO BECOME

Walk into almost any workplace today and you can feel it, a heaviness, a hesitation, a quiet distance between people who used to feel connected.

Leaders say, “Young workers aren't loyal anymore,” but they're missing the real question underneath:

Why would they be?

If we want this generation to stay, we have to lead differently than the leaders their parents survived.

We have to become the leaders their parents needed.

And that begins with one powerful truth:

Belonging is not a perk. Belonging is the repair.

Belonging is what heals the generational distrust created by decades of unpredictable workplaces. It's what turns:

“I'm just here for a paycheque.”

into “I want to grow here.”

The good news is belonging doesn't require new software, big budgets, or elaborate programs.

It shows up in micro-moments:

- Noticing when someone is quieter than usual
- Saying thank you today, not once a year
- Remembering someone's story, not just their role
- Checking in before checking tasks
- Showing care without waiting for a crisis

People don't disengage because work is hard. They disengage because they feel invisible and invisibility is generational.

So, here's the question every leader should ask themselves:

Would you want to work for you?

Your answer determines whether the next generation heals with you or protects themselves from you.

Absolutely—here's a footer that still carries your authority, your warmth, and your unmistakable leadership energy, without limiting you to hospitality. It positions you as the go-to expert for any people-powered business:

*Stephanie Miller Vincent is the Founder & Visionary of SMillerVision, a leadership and employee experience consultancy helping businesses build workplaces where people want to stay, contribute, and grow.*

## Business of the week

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Saturday ..... 10am-7pm  
Sunday ..... 12pm-5pm  
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### Winter Hours of Operation

Winter hours of operation will be in effect at the waste site, 908 Mullock Road, Whycott's Settlement from December 6, 2025 to March 28, 2026.

Hours of operation will be:  
Monday to Friday 8:00 am - 4:30 pm  
Saturdays 8:00 am - 12:00 pm

Questions? Call (902) 543-2991 or visit [www.communityrecycling.ca](http://www.communityrecycling.ca).

**Green Cart Reminder - Items not permitted in your green cart:**

- Plastic bags and plastic-type compostable and biodegradable bags
- Paper coffee cups and take out packaging lined with plastic (soup bowls, chili cups)
- Waxy drink cups

Line your kitchen bin and green cart with newspaper, cracker boxes, cardboard or paper leaf bags.




D9002

## LIFESTYLES

## The Blue-Grey Gnatcatcher

**JAMES HIRTLE**  
*Bird Notes*

Some weeks I struggle for a topic bird to write about. This week I could write on four or five species.

I promised last week though to write on the blue-grey gnatcatcher so I'll keep my promise. I found a blue-grey gnatcatcher at Moose Harbour in Queens County on Nov. 2. This is a bird that I do not often get to see every year. If I do see one that would be the only one for a given year.

The blue-grey gnatcatcher nests from South Dakota, Nevada, Utah, Oregon, Minnesota, Wisconsin, Michigan, Ontario, Ohio, New York, New Jersey and Connecticut south to California, Guatemala, the Gulf Coast and Florida and the Bahamas. They winter in the United States from Virginia along the Atlantic Coast south into Mexico, Cuba and Central America.

The blue-grey gnatcatcher is 10 to 12.5 cm long with a wingspread of 14.4 to 16.3 cm. This bird is blue-grey above, white below with a long, largely black tail with white outer tail feathers. There is a white eye-ring and the male in spring has a black forehead stripe and a black stripe over the eyes. The tail is often cocked straight up like a wren's tail.

The blue-grey gnatcatcher actively searches over leaves, flowers, buds and twigs for insects or flycatches them by flitting from tree branches out into the air. They eat beetles, flies, ants, gnats and insect eggs and larvae as well as spiders.

On Nov. 11 Glenn Rhodenizer had two barn swallows at First Peninsula

and two snow buntings. On Nov. 13 Glenn saw seven barn swallows. I had a swallow there that day with an all-white breast, which I suspect was a tree swallow. I did not get a good enough look to confirm the ID so had to leave it as a swallow.

On Nov. 15 Eric Mills spotted two barn swallows at Kingsburg Beach. I went on a boat trip with the Coastal Conservancy and Bird Studies Canada out of Lunenburg on that day. We went to the LaHave Islands and back. There were several red-throated loons on the move. Kyle d'Entremont spotted one of these birds at Green Bay on Nov. 18.

On Nov. 16, Jenny Sandison reported up to 10 northern gannets fishing in Mahone Bay. His description of these birds was: "They are magnificent with their distinctive black wing tips and the torpedo like body and the great splash as they hit the water." A lot of people have reported this species to me recently.

On Nov. 17 there were several gannets flying right over the beach at Cherry Hill. As far as I can determine we were getting a late run of mackerel and this is why the gannets are in so close to shore feeding.

Craig Cook reported a great horned owl in East LaHave that has been both heard and seen by several people. After much searching, in many places for an orange-crowned warbler, I finally located one at the Sawpit Park in Lunenburg on Nov. 13.

On Nov. 15 Ethan Sarty spotted a dunlin, snow buntings and a black-bellied plover at Crescent Beach. I've been seeing a lot of snow buntings re-



JAMES HIRTLE PHOTO

A Blue-Grey Gnatcatcher caught on camera at Moose Harbour in Queens County, Nov. 2.

cently. The largest group was of 25 at the large parking lot at Risser's Beach.

On Nov. 16, John Loch located a western cattle egret at Petite Riviere. This bird was still present as of Nov. 19. Lots of birders came to see it. On Nov. 17, Clarence Stevens Jr. found a palm warbler at Risser's Beach. I found one of these birds at Bell Cove Road in Dublin Shore Nov. 18.

At Crescent Beach on that day, I saw 18 sanderlings, one dunlin, four black-bellied plovers and a ruddy turnstone. At Green Bay there were 12 purple sandpipers. A male, red-bellied woodpecker continues to visit the peanut feeder of Barbara McLean in Lunenburg.

Barbara had an immature, white-crowned sparrow show up, but it was only present for one day. After not seeing any red-winged blackbirds for a few weeks there were two in Green Bay on November 18.

On Nov. 13, Chris Pepper spotted a hooded warbler at Causeway Road on the Eastern Shore. David Currie sighted a male Eurasian wigeon at the French Basin Trail.

Darlene Pye reported a yellow-breasted chat at the Sackville Greenway on Nov. 15. Natalie Barkhouse-Bishop had a Nashville warbler there. At the Taylor Head Provincial Park Christopher LeBlanc sighted an American golden plover and he also had two barn swallows there.

On Nov. 16 a Wilson's snipe showed up at the residence of Sandy Gordon at Chebucto. Rick Brown reported a great egret at Aquatic Drive in Yarmouth County. Betin d'Eon spotted an American woodcock at Pubnico Point.

As of Nov. 17, there were still three barnacle geese in Truro. On Nov. 18 Logan LaLonde found a group of 34 common redpolls in Guysborough County. Hopefully, this is a sign that we will have a good migration for this species here this winter. There were few around the last couple of winters.

A brant continues at Hartlen Point and an eastern towhee continues at Coburg Road in Halifax. Sarah McManaman reported a yellow-headed blackbird in Dartmouth. Mark Dennis had seven eastern bluebirds arrive at Clam Point on Cape Sable Island.

At Canso on Nov. 19 Angela MacDonald reported a clay-coloured sparrow, two tree swallows and a Wilson's snipe. A bird that has been missing up until now is the pine siskin. Eric Mills spotted a flock of 100 at the Culloden Wharf Road at Digby Neck.

A great egret showed up at Sherose Island in Barrington as seen by Logan Moore, and one continues to hang out at Churn Road in Yarmouth.

You can reach me at 902-693-2174 or email [jrhbirder@hotmail.com](mailto:jrhbirder@hotmail.com).

## The habit of communication

**SUSANNE BECK**  
*Reality Check*

Habits matter. They can affect how well our bodies work. They can influence whether we spend much of our time feeling joyful or despondent. Our habits can also contribute to how warm and connected we feel to other people.

It can be tempting to think that we don't have control over our habits; we do them automatically. Yet we know that when we put our minds to it, we can deliberately create our habits.

For example, we could develop a habit of getting up at a specific time every day. The process of creating the habit might be aggravating, especially in the beginning, but it's possible to do it.

Habits that lead to self-improvement are all well and good, but we can also work on habits that improve our relationships. Making a deliberate effort to nurture them could turn out to be worthwhile!

For example, let's say that we have a friendly relationship with Jenny, but we are not as connected as we would like to be. There's no conflict, but there is a rather cool distance between us. We'd like to change that. What can we do?

My suggestion is to engage in regular communications. That is, choose to create a habit of communicating.

That may sound like a no-brainer. Of course we need to communicate with our friends! However, without a "communication habit," making contact can feel awkward. We might be thinking that Jenny is busy, or I'm busy. If I have no real news, I shouldn't take the time for chit-chat that doesn't "matter."

However, the result could be that we delay making contact till we're not busy (as if that will happen) or until an event occurs. Sadly, too many times, that event is not a joyful one, but a tragedy or loss. This could lead to the unfortunate reaction, "Oh dear, I'm hearing from you again. Now

what happened?" That's not a great basis for growing a close, caring relationship!

Inconsistent communications can also lead to misunderstandings, even loss of friendships. "Why didn't Sara return my phone call? I guess she just doesn't care." Or, "Henry didn't respond to my email; he must be mad at me." When there is little communication, our minds can linger on suspicions and negativity. If so, it will be harder to regain trust when we do get back in touch.

If you see this happening in your life, then my suggestion is to develop a communication habit. Choose to make contact on a regular basis. How regular? That's up to you. You might choose every day, every week, every month, whatever. Likewise, there are many choices for the type of communication. You might prefer face-to-face, phone calls, texts, even letters. That's up to you and your friend. The key is the regularity.

If you want to give this habit a try,

it's likely to work a little better if you have the co-operation of the other person! I'd suggest asking, "I'd like to have a regular date, phone call or email with you. What do you think?" By asking for agreement, you will have already brought a closer understanding to the relationship.

From a Choice Theory perspective, creating a communication habit can help to satisfy the love and belonging need for both people involved. Even the most independent and introverted among us benefit from having some contact with others.

It's easy to let communications slide. We know how it is. But regular, habitual communications can bring us closer by making us aware of the triumphs and challenges in each other's lives. Is it worth a try? Let me know at [choice@focusonclarity.com](mailto:choice@focusonclarity.com) or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~  
*Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute*



WEDNESDAY EVENING NOVEMBER 26. Grid of TV programs from 6:30 to 11:30 PM across various channels.

THURSDAY EVENING NOVEMBER 27. Grid of TV programs from 6:30 to 11:30 PM across various channels.

WEEKDAY DAYTIME. Grid of TV programs from 7:30 AM to 6:00 PM across various channels.

DON'T FORGET Support your local food banks! This message brought to you by southshorebulletin.ca your local newspaper

What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide grid showing channel numbers (A-E) for various networks like Global, ATN, CBC, etc.

FRIDAY EVENING NOVEMBER 28. Grid of TV programs from 6:30 to 11:30 PM across various channels.

NOVEMBER 26 TO DECEMBER 2. Grid of TV programs from 7:30 AM to 6:00 PM across various channels.

SATURDAY DAYTIME NOVEMBER 29. Table with 24 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME NOVEMBER 30. Table with 24 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING NOVEMBER 29. Table with 12 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING NOVEMBER 30. Table with 12 columns (6:30-11:30) and 56 rows of program listings.

**MOVIES**

**WEDNESDAY, NOVEMBER 26**

**EVENING**

7:00 **[WTVN]** "Christmas With a Kiss" (Romance,2023) *Mishaal Morgan, Ronnie Rowe Jr.* A woman returns home to help with her family's Christmas Carnival, and romance ignites. (G)

9:00 **[WTVN]** "Holiday Touchdown: A Bills Love Story" (Romance,2025) *Holland Roden, Matthew Daddario.* Sparks fly between two Buffalo Bills fans as they try to learn the identity of a holiday gift giver.

**[FOX]** "Sidelined: The QB and Me" (Romance,2024) *Siena Agudong, Noah Beck.* A dancer and a quarterback battle their feelings as their post-grad studies could tear them apart.

11:00 **[WTVN]** "Laughing All the Way" (Comedy,2023) *Paniz Zade, Jake Epstein.* A famous comedian makes an aspiring comedian realize how talented she truly is.

**THURSDAY, NOVEMBER 27**

**EVENING**

7:00 **[WTVN]** "The Christmas House 2: Deck Those Halls" (Drama,2021) *Robert Buckley, Ana Ayora.* The Mitchell brothers compete to see who can create the best Christmas house. (G)

9:00 **[ASIN] [ABC]** "Mary Poppins" (Children,1964) *Julie Andrews, Dick Van Dyke.* London children meet a nanny (Julie Andrews) and a chimney sweep (Dick Van Dyke). (G)

**[SLICE]** "Mean Girls" (Comedy,2004) *Lindsay Lohan, Rachel McAdams.* A teen (Lindsay Lohan) becomes friends with three cruel schoolmates. (G)

**[CH]** "Christmas Princess" (Drama,2017) *Nicole Muñoz, Rosa Blasi.* A high school girl overcomes her traumatic past to become a pageant princess.

**[WTVN]** "A Christmas Cookbook" (Romance,2025) *Ashley Newbrough, Franco Lo Presti.* Sparks fly between a woman and the founder of the X-Mas Club, a festive group of food lovers.

**[TBS]** "The Wizard of Oz" (Family,1939) *Judy Garland, Frank Morgan.* A tornado whisks a Kansas farm girl (Judy Garland) to a magic land. (G)

11:00 **[SLICE]** "Like a Boss" (Comedy,2020) *Tiffany Haddish, Rose Byrne.* Tensions rise when the owners of a cosmetics company receive a buyout offer from an industry titan. (14+)

**[WTVN]** "Melt My Heart This Christmas" (Romance,2025) *Laura Vandervoort, Stephen Huszar.* Passionate glassblower Holly secretly displays her own art under a pseudonym at a Christmas Fair. (G)

12:20 **[TBS]** "The Polar Express" (Animated,2004) *Voices of Tom Hanks, Michael Jeter.* The conductor of a train to the North Pole guides a boy who questions the existence of Santa Claus. (G)

1:00 **[WTVN]** "A Family Christmas Gift" (Romance,2019) *Holly Robinson Peete, Dion Johnstone.* Amber spends the holidays with her Aunt Dora and helps plan a fundraising Christmas Concert. (G)

**[NS]** "The Young Victoria" (History,2009) *Emily Blunt, Rupert Friend.* Teenage Victoria (Emily Blunt) meets the love of her life and becomes England's queen. (G)

**FRIDAY, NOVEMBER 28**

**EVENING**

6:45 **[TBS]** "The Wizard of Oz" (Family,1939) *Judy Garland, Frank Morgan.* A tornado whisks a Kansas farm girl (Judy Garland) to a magic land. (G)

7:00 **[WTVN]** "A Christmas Cookbook" (Romance,2025) *Ashley Newbrough, Franco Lo Presti.* Sparks fly between a woman and the founder of the X-Mas Club, a festive group of food lovers.

9:00 **[ASIN]** "Star Wars: Episode IV -- A New Hope" (Sci-Fi,1977) *Mark Hamill, Harrison Ford.* A youth (Mark Hamill) and his allies (Harrison Ford, Carrie Fisher) fight dark forces. (G)

**[TBS]** "EIF" (Children,2003) *Will Ferrell, James Caan.* A man (Will Ferrell) leaves Santa's workshop to search for his family. (G)

10:00 **[SLICE]** "How to Be Single" (Romance,2016) *Dakota Johnson, Rebel Wilson.* A newly single woman (Dakota Johnson) befriends a partying co-worker who shows her how to have fun. (14+)

**[SHOW]** "Lara Croft: Tomb Raider" (Adventure,2001) *Angelina Jolie, Jon Voight.* A globe-trotter (Angelina Jolie) battles otherworldly creatures for an artifact. (G)

**[APTN]** "Shall We Dance?" (Romance,2004) *Richard Gere, Jennifer Lopez.* A husband (Richard Gere) takes dancing lessons with a beautiful woman (Jennifer Lopez). (G)

11:00 **[WTVN]** "Following Yonder Star" (Drama,2024) *Brooke D'Orsay, John Brotherton.* A former television star waits out a scandal in Vermont and becomes close with the innkeeper.

**[TBS]** "EIF" (Children,2003) *Will Ferrell, James Caan.* A man (Will Ferrell) leaves Santa's workshop to search for his family. (G)

12:00 **[CITY]** "The Proposal" (Romance,2009) *Sandra Bullock, Ryan Reynolds.* A woman pretends to be engaged to her assistant to avoid deportation to Canada. (G)

12:30 **[SHOW]** "Lara Croft Tomb Raider: The Cradle of Life" (Adventure,2003) *Angelina Jolie, Gerard Butler.* A globe-trotter (Angelina Jolie) battles a scientist (Ciarán Hinds) for Pandora's box. (G)

**SATURDAY, NOVEMBER 29**

**EVENING**

6:00 **[STAR]** "Christmas With the Kranks" (Comedy,2004) *Tim Allen, Janie Lee Curtis.* A couple scramble to put together a holiday celebration after their daughter decides to come home. (G)

7:00 **[SLICE]** "The Lake House" (Romance,2006) *Keanu Reeves, Sandra Bullock.* A doctor (Sandra Bullock) and a frustrated architect (Keanu Reeves) fall in love across time. (G)

**[SHOW]** "Indiana Jones and the Kingdom of the Crystal Skull" (Adventure,2008) *Harrison Ford, Cate Blanchett.* Indy (Harrison Ford) and a deadly Soviet agent vie for possession of a powerful artifact. (G)

**[TBS]** "EIF" (Children,2003) *Will Ferrell, James Caan.* A man (Will Ferrell) leaves Santa's workshop to search for his family. (G)

**[CIVISCI-FI]** "Harry Potter and the Prisoner of Azkaban" (Children,2004) *Daniel Radcliffe, Rupert Grint.* The young wizard (Daniel Radcliffe) confronts the fugitive Sirius Black. (G)

8:00 **[APTN]** "Coextinction" (Documentary,2021) *Filmmakers Gloria Pancrazi and Elena Jean.* Illustrate the threat to the dwindling orca population.

9:00 **[SLICE]** "Last Christmas" (Romance,2019) *Emilia Clarke, Henry Golding.* A Londoner who works as a Christmas shop elf finds romance with a charming suitor. (G)

**[CH]** "Happy Christmas" (Comedy Drama,2014) *Anna Kendrick, Melanie Lynskey.* An immature party girl moves in with her brother's family, throwing their lives out of whack. (14+)

**[WTVN]** "A Grand Ole Opry Christmas" (Drama,2025) *Nikki DeLoach, Sharon Lawrence.* A magical twist of fate sends a woman back in time to discover love and hope.

**[TBS]** "Wonka" (Comedy,2023) *Timothée Chalamet, Calah Lane.* Young chocolatier Willy Wonka manages to change the world, one delectable bite at a time. (G)

10:00 **[SHOW]** "The Mummy" (Adventure,1999) *Brendan Fraser, Rachel Weisz.* A man opens a tomb unleashing a mummy seeking revenge for a curse laid upon him 3,000 years earlier. (13+)

**[CIVISCI-FI]** "Harry Potter and the Goblet of Fire" (Fantasy,2005) *Daniel Radcliffe, Rupert Grint.* Harry's friends help him prepare for a tournament with Europe's best student wizards. (G)

**[STAR]** "The Holiday" (Romance,2006) *Cameron Diaz, Kate Winslet.* Two women, who each have just endured a horrid breakup with a lover, swap homes for Christmas. (G)

**[APTN]** "Smoke Signals" (Comedy Drama,1998) *Adam Beach, Evan Adams.* A geeky Indian (Evan Adams) helps a friend (Adam Beach) to find his dead father.

11:00 **[WTVN]** "Sugarplummed" (Drama,2024) *Maggie Lawson, Janie Parrish.* When Emily wishes for a perfect Christmas, she's shocked when Sugarplum appears to fulfill it. (G)

11:30 **[SLICE]** "New Year's Eve" (Romance,2011) *Halle Berry, Jessica Biel.* New Yorkers find love, hope, second chances and more on the celebrated night. (G)

**[TBS]** "Willy Wonka and the Chocolate Factory" (Children,1971) *Gene Wilder, Jack Albertson.* Boy (Peter Ostrum), grandfather (Jack Albertson) tour magic factory of a confectioner (Gene Wilder). (G)

12:30 **[ATV]** "A Furry Little Christmas" (Romance,2021) *Jonathan Stoddard, Michael Swan.* A big-city veterinarian re-creates a New York City Christmas in a small-town doctor's hometown. (G)

**[SHOW]** "The Mummy Returns" (Adventure,2001) *Brendan Fraser, Rachel Weisz.* Two evil forces pursue the son of adventurer Rick O'Connell (Brendan Fraser). (G)

1:00 **[WTVN]** "Rescuing Christmas" (Romance,2023) *Rachael Leigh Cook, Sam Page.* Erin unwittingly wishes away Christmas, and Sam steps in to help bring it back.

**[APTN]** "Smoke Signals" (Comedy Drama,1998) *Adam Beach, Evan Adams.* A geeky Indian (Evan Adams) helps a friend (Adam Beach) to find his dead father.

**SUNDAY, NOVEMBER 30**

**EVENING**

6:00 **[CBC]** "Frosty the Snowman" (Animated,1969) *Billy De Wolfe.* Frosty must get to the North Pole before he melts or loses his magic hat.

6:30 **[SLICE]** "Sleepless in Seattle" (Romance,1993) *Tom Hanks, Meg Ryan.* A grieving widower (Tom Hanks) captures the heart of a recently engaged newswoman (Meg Ryan). (G)

7:00 **[WTVN]** "A Grand Ole Opry Christmas" (Drama,2025) *Nikki DeLoach, Sharon Lawrence.* A magical twist of fate sends a woman back in time to discover love and hope.

**[CIVISCI-FI]** "Harry Potter and the Deathly Hallows: Part 1" (Fantasy,2010) *Daniel Radcliffe, Rupert Grint.* Harry, Ron and Hermione set out to destroy the Horcruxes, the secrets to Voldemort's power. (G)

**[STAR]** "The Holiday" (Romance,2006) *Cameron Diaz, Kate Winslet.* Two women, who each have just endured a horrid breakup with a lover, swap homes for Christmas. (G)

7:30 **[SHOW]** "The Mummy: Tomb of the Dragon Emperor" (Adventure,2008) *Brendan Fraser, Lin-kit Lee.* Rick O'Connell (Brendan Fraser) and his family fight an ancient emperor bent on world conquest. (G)

9:00 **[ASIN]** "Sweet Home Alabama" (Romance,2002) *Reese Witherspoon, Josh Lucas.* Separated from her husband, an engaged New York fashion designer confronts him about a divorce. (G)

**[SLICE]** "You've Got Mail" (Romance,1998) *Tom Hanks, Meg Ryan.* Kathleen and Joe begin an anonymous Internet romance, oblivious of each other's true identity. (G)

9:30 **[TBS]** "Candy Cane Lane" (Comedy,2023) *Eddie Murphy, Tracee Ellis Ross.* A mischievous elf casts a magic spell that brings the 12 Days of Christmas to life. (G)

10:00 **[SHOW]** "Indiana Jones and the Raiders of the Lost Ark" (Adventure,1981) *Harrison Ford, Karen Allen.* Indiana Jones (Harrison Ford) braves snakes and Nazis to find the biblical ark of the covenant. (G)

**[CIVISCI-FI]** "Harry Potter and the Deathly Hallows: Part 2" (Fantasy,2011) *Daniel Radcliffe, Rupert Grint.* Harry Potter, Ron and Hermione face their greatest foe and make a sacrifice on their journey. (G)

**[STAR]** "Forgetting Sarah Marshall" (Romance,2008) *Jason Segel, Kristen Bell.* A struggling musician encounters his ex-lover and her new boyfriend while vacationing in Hawaii. (13+)

**[APTN]** "Drive" (Action,2011) *Ryan Gosling, Carey Mulligan.* A stuntman who moonlights as a getaway driver has a price on his head after a botched robbery. (13+)

10:30 **[ABC]** "Olaf's Frozen Adventure" (Animated,2017) *Voices of Josh Gad, Idina Menzel.* Olaf sets out on a merry mission to bring home the best holiday traditions and save Christmas. (G)

11:00 **[WTVN]** "A Reason for the Season" (Drama,2024) *Taylor Cole, Kevin McGarry.* Evie is tasked with granting Christmas wishes to the people who saved her life.

11:30 **[SLICE]** "When Harry Met Sally..." (Romance,1989) *Billy Crystal, Meg Ryan.* Harry and Sally are very good friends, but they fear sex would ruin the friendship. (14+)

12:00 **[TBS]** "Fred Claus" (Comedy,2007) *Vince Vaughn, Paul Giamatti.* Santa Claus bails his brother, Fred, out of trouble and puts him to work in his factory. (G)

12:15 **[STAR]** "Blended" (Romance,2014) *Adam Sandler, Drew Barrymore.* Two antagonistic single parents and their children are stuck sharing a suite together at a resort. (G)

12:30 **[SHOW]** "Indiana Jones and the Temple of Doom" (Adventure,1984) *Harrison Ford, Kate Capshaw.* Jones (Harrison Ford), a singer (Kate Capshaw) and an orphan (Ke Huy Quan) look for missing stones. (G)

12:45 **[CIVISCI-FI]** "Shazam! Fury of the Gods" (Action,2023) *Zachary Levi, Asher Angel.* Shazam and his allies must save the world from a vengeful trio of ancient gods. (G)

**MONDAY, DECEMBER 1**

**EVENING**

11:00 **[WTVN]** "Lights, Camera, Christmas!" (Romance,2022) *Kimberly Sustad, John Brotherton.* A costume designer falls for a famous leading man who's shooting a movie in her hometown. (G)

12:05 **[SHOW]** "The Adjustment Bureau" (Thriller,2011) *Matt Damon, Emily Blunt.* A man (Matt Damon) battles the agents of Fate to be with the woman (Emily Blunt) he loves. (G)

1:00 **[WTVN]** "Debbie Macomber's Joyful Mrs. Miracle" (Romance,2024) *Rachel Boston, Pascal Lamothe-Kipnes.* Mrs. Miracle reunites three siblings who must decide who will inherit the family's empire. (G)

**[VSI]** "Bridget Jones's Baby" (Romance,2016) *Renée Zellweger, Colin Firth.* Befuddled mom-to-be Bridget Jones must figure out which man in her life is the father of her child. (14+)

**TUESDAY, DECEMBER 2**

**EVENING**

7:00 **[WTVN]** "You, Me & the Christmas Trees" (Romance,2021) *Danica McKellar, Benjamin Ayres.* An arborist helps a farmer whose trees are dying just before Christmas. (G)

11:15 **[SHOW]** "Jack Reacher" (Action,2012) *Tom Cruise, Rosamund Pike.* A former military investigator, Reacher, probes a sniper attack. (14+)

1:00 **[WTVN]** "To Have and To Holiday" (Romance,2024) *Madeleine Arthur, Robert Bazzocchi.* Celeste and Jason get engaged. Celeste then asks her father to officiate the wedding. (G)

**[VSI]** "Four Weddings and a Funeral" (Romance,1994) *Hugh Grant, Andie MacDowell.* An English charmer (Hugh Grant) meets a lusty American (Andie MacDowell). (14+)

| MONDAY EVENING       |                                      |                           |   |   |                             |                          |                          |                          |            | DECEMBER 1 |  |  |
|----------------------|--------------------------------------|---------------------------|---|---|-----------------------------|--------------------------|--------------------------|--------------------------|------------|------------|--|--|
| 6:30                 | 7:00                                 | 7:30                      | 8:00  | 8:30  | 9:00                        | 9:30                     | 10:00                    | 10:30                    | 11:00      | 11:30      |  |  |
| 6 Global             | Goldbergs                            | Ent. Tonight              | Watson                                      |   | DMV                         | Neighbor                 | FBI "Fadeaway"           | News                     | Global     |            |  |  |
| 8 CTV News           | Tracker Justin Hartley.              |                           | The Weakest Link                            | St. Denis                                   | Stumble                     |                          | The Voice                | News-Omar                | CTV News   |            |  |  |
| 11 News              | Coronation Feud                      | Murdoch Mysteries         | Dragons' Den                                | The National                                | News                        | Standing                 |                          |                          |            |            |  |  |
| 4 America            | PBS News Hour                        | Context                   | Member Favorites                            | Member Favorites                            |                             |                          |                          | Conners                  | Conners    |            |  |  |
| 7 How/Made           | NS TV Bingo (L)                      | Big Bang                  | etalk                                       | To Be Announced                             |                             |                          |                          |                          |            |            |  |  |
| 9 News               | News                                 | World News                | News  | Chronicle                                   | Wonderful-Disney            |                          |                          | Press Your Luck          |            |            |  |  |
| 12 News              | News                                 | NBC News                  | News  | Hollywood                                   | St. Denis                   | The Paper                | The Voice                | Brilliant Minds          |            |            |  |  |
| 16 Live PD           | Live PD: Greatest Shifts             | Live PD: Greatest Shifts  | Live PD: Greatest Shifts                    | Live PD: Greatest Shifts                    | Live PD: Greatest Shifts    | Live PD: Greatest Shifts | Live PD: Greatest Shifts | Live PD: Greatest Shifts |            |            |  |  |
| 17 Neighbor          | Engageme.. Engageme..                | Fresh-Boat                | Housewife                                   | The Office                                  | The Office                  |                          | Mom                      | Neighbor                 | Neighbor   |            |  |  |
| 18 The Lead          | Jake Tapper (L)                      | Erin Burnett OutFront (L) | Anderson Cooper 360 (L)                     | The Source With (L)                         | CNN NewsNight (L)           |                          |                          |                          |            |            |  |  |
| 19 M*A*S*H           | History's-Mysteries                  | Skinwalker Ranch          | The Curse of Oak Island                     | Life After People                           | Ancient Aliens              |                          |                          |                          |            |            |  |  |
| 20 Nightline         | Evening News at Six                  | Trending N                | Inside Ed.                                  | Name That Tune                              | Mr. D                       | Mr. D                    | Celebrity Family Feud    |                          |            |            |  |  |
| 21 Barrymore         | Young & Restless                     | Global                    | Global                                      | Global News Hour at 6                       | Ent. Tonight                | The Paper                | Watson                   |                          |            |            |  |  |
| 22 Adventure         | Scooby-Do.. Scooby-Do..              | ★ ★ "Annie" (Child, '82)  | Albert Finney, Carol Burnett, Aileen Quinn. | ★ ★ "Annie" ('82)                           | Aileen Quinn.               |                          |                          |                          |            |            |  |  |
| 23 Steven            | Craig/Craig                          | Pokémon                   | Adventure                                   | Adventure                                   | Total/Total                 | Total/Total              | Steven                   | Steven                   | Mysticons  | Warriors   |  |  |
| 28 Movie             | "Christmas at the Catnip Cafe" ('25) | Erin Cahill.              | Finding Mr. Christmas                       | Baked With "Let It Snow"                    | "Lights, Camera, Christ..." |                          |                          |                          |            |            |  |  |
| 29 Power and Pol (L) |                                      | Hanomansing Tonight (L)   |   | The National (L)                            | The National                |                          |                          |                          |            |            |  |  |
| 32 WBZ News          | News                                 | CBS-News                  | Wheel                                       | Jeopardy!                                   | DMV                         | Neighbor                 | FBI "Fadeaway"           | Watson                   |            |            |  |  |
| 33 Chicago           | Chicago Fire                         | Chicago Fire              | Chicago Fire                                | Chicago Fire                                | Chicago Fire                | Chicago Fire             | Obituary Siobhan Cullen. |                          |            |            |  |  |
| 34 Seeking           | 90 Day Fiancé: Other                 | 90 Day Fiancé: Other      | 90 Day Fiancé: Other                        | 90 Day Fiancé: Other                        | 90 Day Fiancé: Other        | 90 Day Fiancé: Other     | 90 Day Fiancé: Other     |                          |            |            |  |  |
| 35 CSI: NY           | CSI: NY Gary Sinise.                 | Suits Gabriel Macht.      | Race to Survive: Alaska                     | Race to Survive: Alaska                     | The Anonymous               |                          |                          |                          |            |            |  |  |
| 36 News              | Boston News (L)                      | Ent. Tonight              | TMZ   | Name That Tune                              | The Weakest Link            | Boston News (L)          |                          |                          |            |            |  |  |
| 37 NCIS              | NCIS                                 | NCIS "Sticks & Stones"    | NCIS "Now and Then"                         | NCIS "Page-Turner"                          | Bel-Air "Be a Kid"          |                          |                          |                          |            |            |  |  |
| 38 The Office        | The Office                           | The Office                | Superstore                                  | Superstore                                  | Goldbergs                   | Goldbergs                | Downey Wrote That        | The Office               | The Office |            |  |  |
| 39 Big Bang          | Conners                              | Conners                   | New Girl                                    | New Girl                                    | New Girl                    | New Girl                 | Big Bang                 | Big Bang                 | Big Bang   | Acting     |  |  |
| 43 Channel No        | Channel No Longer Available          |                           |   |   |                             |                          |                          |                          |            |            |  |  |
| 44 Big Bang          | Big Bang                             | Pregame                   | Women's Friendlies USA vs. Italy (L)        | Postgame                                    | Big Bang                    | Big Bang                 | Big Bang                 | Big Bang                 | Big Bang   | Big Bang   |  |  |
| 46 Love It           | Love It or List It                   | Love It or List It        | Honest Renovations                          | Rentovation                                 | Rentovation                 | Million                  | Million                  |                          |            |            |  |  |
| 47 Star Trek         | Star Trek: Lower Decks               | Star Trek                 | Star Trek                                   | Star Trek                                   | Star Trek                   | Anne Rice's Mayfair      |                          |                          |            |            |  |  |
| 49 Below Deck        | Below Deck                           | Below Deck                | Below Deck                                  | Below Deck                                  | Watch What                  | Below Deck               | Below Deck               |                          |            |            |  |  |
| 50 Real Kyper        | The FAN Pregame (L)                  | MLB Baseball              |   |   |                             |                          | Sportsnet Central (L)    |                          |            |            |  |  |
| 52 Masters           | Golf Central                         | Golf                      | GOLF Films                                  | DP World Tour Golf                          |                             |                          |                          |                          |            |            |  |  |
| 53 Pardon            | SportsCentre (L)                     | Breaking                  | Countdown /NFL Football                     | New York Giants at New England Patriots (L) |                             |                          |                          |                          |            |            |  |  |
| 54 TMZ Live          | etalk                                | TMZ                       | NUMB3RS                                     | Battle Generat "Battle 4"                   | Bridezillas                 | Bob Heart                | Bob Heart                |                          |            |            |  |  |
| 55 Beachcom.         | APTN News                            | APTN                      | Moosemeat                                   | Corner Gas                                  | Canada's Got Talent         | Lib Big                  | Water                    |                          |            |            |  |  |
| 56 Midsomer          | Murder, She Wrote                    | Murder, She Wrote         | Father Brown                                | Healing                                     | Visionary                   | theZoomer                |                          |                          |            |            |  |  |

| TUESDAY EVENING      |                                       |                                   |                         |                                   |  |                       |                    |            |           | DECEMBER 2 |  |  |
|----------------------|---------------------------------------|-----------------------------------|-------------------------|-----------------------------------|--|-----------------------|--------------------|------------|-----------|------------|--|--|
| 6:30                 | 7:00                                  | 7:30                              | 8:00                    | 8:30                              | 9:00   | 9:30                  | 10:00              | 10:30      | 11:00     | 11:30      |  |  |
| 6 Global             | Goldbergs                             | Ent. Tonight                      | NCIS: Sydney            | NCIS: Origins                     |  |                       |                    |            |           |            |  |  |
| 8 CTV News           | etalk                                 | Big Bang                          | MasterChef Canada       | The Traitors Canada               | The Pitt "11:00 A.M."                                | News-Omar             | CTV News           |            |           |            |  |  |
| 11 News              | Coronation Feud                       | 22 Minutes                        | Gags                    | Mr. Bean                          | Creek  | The National          | News               | 22 Minutes |           |            |  |  |
| 4 America            | PBS News Hour                         | Context                           | Member Favorites        | Member Favorites                  |  |                       |                    |            |           |            |  |  |
| 7 How/Made           | CTV News Atlantic                     | Big Bang                          | etalk                   | "Movie"                           |  |                       |                    |            |           |            |  |  |
| 9 News               | News                                  | World News                        | News                    | Chronicle                         | Dancing With the Stars                               | CMA Country Christmas | What Would You Do? |            |           |            |  |  |
| 12 News              | News                                  | NBC News                          | News                    | Hollywood                         | NBA Basketball New York Knicks at Boston Celtics (L) |                       |                    |            |           |            |  |  |
| 16 Road Wars         | Road Wars                             | Road Wars                         | Road Wars               | Road Wars                         | Road Wars  | Road Wars             | Road Wars          | Customer   | Customer  |            |  |  |
| 17 Neighbor          | Engageme.. Engageme..                 | Fresh-Boat                        | Housewife               | The Office                        | The Office   | Mom                   | Mom                | Neighbor   | Neighbor  |            |  |  |
| 18 The Lead          | Jake Tapper (L)                       | Erin Burnett OutFront (L)         | Anderson Cooper 360 (L) | The Source With (L)               | CNN NewsNight (L)                                    |                       |                    |            |           |            |  |  |
| 19 M*A*S*H           | "Goodbye, Farewell and Amen"          | Alan Alda.                        | Prison                  | Ancient Aliens                    | The Proof Is Out There                               | Mysteries Unearthed   |                    |            |           |            |  |  |
| 20 Nightline         | Evening News at Six                   | Trending N                        | Inside Ed.              | Hell's Kitchen                    | Third Watch  | My Kids People        |                    |            |           |            |  |  |
| 21 Barrymore         | Young & Restless                      | Global                            | Global                  | Global News Hour at 6             | Global News Hour at 6                                | NCIS: Sydney          |                    |            |           |            |  |  |
| 22 Teen/Teen         | Scooby-Do.. Scooby-Do..               | "LEGO DC: Batman: Family Matters" | Best                    | "LEGO DC: Batman: Family Matters" | Best   |                       |                    |            |           |            |  |  |
| 23 Steven            | Craig/Craig                           | Craig/Craig                       | Adventure               | Adventure                         | Total/Total  | Total/Total           | Steven             | Steven     | Mysticons | Warriors   |  |  |
| 28 Movie             | "You, Me & the Christmas Trees" ('21) |                                   | Christmas at Sea        | Finding Mr. Christmas             | "The More the Merrier"                               |                       |                    |            |           |            |  |  |
| 29 Power and Pol (L) |                                       | Hanomansing Tonight (L)           |                         | The National (L)                  | The National   |                       |                    |            |           |            |  |  |
| 32 WBZ News          | News                                  | CBS-News                          | Wheel                   | Jeopardy!                         | NCIS: Origins  | NCIS                  | NCIS: Sydney       |            |           |            |  |  |
| 33 Chicago           | Chicago Med                           | Chicago Med                       | Chicago Med             | Chicago Med                       | Chicago Med  |                       |                    |            |           |            |  |  |
| 34 7 Little          | Baylen Out Loud                       | Baylen Out Loud                   | Baylen Out Loud         | Baylen Out Loud                   | Baylen Out Loud                                      | 7 Little Johnstons    |                    |            |           |            |  |  |
| 35 CSI: NY           | CSI: NY Gary Sinise.                  | Suits Gabriel Macht.              | Timber Titans           | Highway Thru                      |  |                       |                    |            |           |            |  |  |

# SOUTH SHORE BULLETIN CLASSIFIEDS



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## JOBS • EVENTS • FOR SALE/RENT • NETWORK & MORE!

### RELIGION DIRECTORY

#### Anglican PARISHES OF PETITE RIVIERE & NEW DUBLIN

E-mail: oro@eastlink.ca Phone: (902) 634-8589 petiteparish.com

Sunday November 30th

First Sunday in Advent – Rev. Oliver Osmond

9:00am St. James LaHave BAS  
Holy Communion

11:00am St. Marks Broad Cove  
Holy Communion

"O worship the Lord in the beauty of holiness"

### SUPPERS

Christmas Festival Turkey Dinner with Local Vendors - Saturday & Sunday, December 6 & 7 - Forties Community Centre, 1787 Forties Road, New Ross. 12 p.m. to 2 p.m. & 3 p.m. to 4:30 p.m. Turkey Dinner, dessert, tea / coffee. Adults: \$17, Under 12: \$7.50, Under 5: \$3.50. Eat in or Take-Out. Fully accessible facility. For more info call 902-689-2147. Proudly part of the New Ross Christmas Festival.

### FOR SALE

Minimizing Sale. 902-935-2059: NEW: single 4" mattress folding bed metal \$135; Large dog cage \$50; 4 Auto frame wheel covers 17" \$50. USED: Green upholstered wood rocking chair & matching rocking stool. \$150; Pure Teak Table \$100, 30"x20"x20"high; electric food dehydrator, 8 racks, used once, \$55; Quilt stand 2 levels, wood \$40; 2 wheels/tires good tread fit Nissen focus \$75; LECLERC table loom and wool winder \$100; ANTIQUE (early 1900s) Spinning wheel - offers when seen.

### BREAKFASTS

Sunday Brunch at the Mahone Bay Legion. November 30, 2025. 9 a.m. to 12:30 p.m. \$13 Adult; \$7 children 6-12; Free for 5 & under. Complimentary Brunch for Veterans and Spouses. Please note there will be no Brunch in December.

### MEMORIALS

FAULKENHAM - In loving memory of my father, Emery, who passed away November 26, 1978.

A wonderful father, not rich but proud.

Merrily one of the working crowd.

Toiling, striving, every day. Facing whatever came his way.

A smile for all, a heart of gold.

One of the best the world could hold.

To a wonderful dad, came a sudden end.

He died as he lived, everyone's friend.

He left us suddenly, his thoughts unknown,

but he left us a memory we are proud to own.

Lovingly remembered, and sadly missed by his only son, Francis.

### SERVICES OFFERED

#### LP BUILDING & RENOVATIONS

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### WANTED

Buying old books, sports card, comics, toys, fishing lures and reels. 902-527-3195.

Antiques Wanted. Settling an Estate, downsizing, have some older items you want to sell? Call me, I will buy 1 item or complete house lot. Judy Rhodenizer: 902-543-5194 or 902-521-2411.

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60 ft. Bucket Truck  
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Serving all Lunenburg and Queens Counties  
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902-350-1229

### OBITUARIES

#### Robert Miller Black

It is with great sadness that the family of Robert Miller Black, 80, of Lunenburg announce his passing on Wednesday, November 12, 2025 at Fishermen's Memorial Hospital, Lunenburg.

Born in Lunenburg on September 11, 1945, he was a son of George and Flora (Miller) Black.

Robert attended the Lunenburg Academy. He started his working career at Stedman's Store in Bridgewater then went on to work at the Lunenburg Foundry and Engineering Ltd. where he worked as an accountant for 31 years. Later he worked at I.C.T. in Halifax until his retirement in 2009.

Robert loved the community of Lunenburg and was part of many of its organizations and helped where he could. He was involved with the Lunenburg Craft Festival, the Lunenburg and District Swimming Pool, the Academy Foundation, Oktoberfest, and the Queen of the Sea Pageants. He enjoyed being a volunteer and was nominated "Volunteer of the Year" and received the WAYS award for his service.

Robert was a faithful member of St. Andrew's Presbyterian Church where he served as treasurer for many years. He also served on the Board of Managers and the Session.

He is survived by his wife of 57 years, Shirley; sons, Stephen (Pam), Hammonds Plains, Richard, Lunenburg; grandchildren, Robyn, Samantha, Rachel, Chloe, and Meredith; sister-in-law, Mary Black, Bridgewater; nieces, Catherine (Spencer) Hubbards, Lufkin, Texas, Shelley (Barry) Brownson, Edmonton; great nephews, Morgan and Cameron Hubbards, Lufkin, Texas and great-niece, Emma Hubbards, Lufkin, Texas and several cousins.

Besides his parents, Robert is predeceased by his stepmother, Jean Black and brother, George.

Funeral arrangements are under the direction of the Dana L. Sweeney Funeral Home, 11213, Hwy 3, Lunenburg. A service to celebrate Robert's life was held on Wednesday, November 19 at 11:00 am. Interment in Hillcrest Cemetery, Lunenburg.

Donations in Robert's memory can be made to the Lunenburg and District Swimming Pool, the Lunenburg Academy Foundation, Fishermen's Memorial Hospital, or a charity of your choice.



*A Place Where Everyone Belongs*

### BRIDGEWATER UNITED CHURCH

87 Hillcrest Street info@bridgewaterunited.ca (902) 543-4833

Reverend Kim Curlett; Minister of Worship and Small Group Ministry  
Reverend Neil McEwen; Minister of Pastoral Care and Outreach Ministry  
A Collaborative Ministry with West Side United Church; Pentz

10:30am Worship and Fellowship  
10:45am Sunday School (Ages 3-18)  
For Pastoral Care Concerns, please phone (902) 543-6854  
Deep Spirituality, Bold Discipleship, Daring Justice  
www.bridgewaterunited.ca

### The 10 Commandments

I am the Lord your God, you shall have no other gods but me  
You shall not make for yourselves an idol and worship it  
You shall not misuse the name of the Lord your God  
Remember the Sabbath day by keeping it holy  
Honour your father and your mother  
You shall not murder  
You shall not commit adultery  
You shall not steal  
You shall not give false testimony  
You shall not covet

### HELP WANTED



The Bridgewater Fire Department is developing their **150th Anniversary Volunteer Service Booklet** and URGENTLY need your help! Volunteers are needed to review and edit content, collaborating with the Fire Department, other volunteers, and the print company.

Contact Reid at 902-521-4950



## IMMEDIATE PROJECT START

D9030

### COMMUNITY

Bake & Craft Sale, Saturday, November 29, 10 a.m. to 12 p.m., at Trinity United, Rose Bay, variety of baked goods, jams, crafts.

Christmas Market. Saturday, December 6; 9 a.m. to 3 p.m., Lunenburg Fire Hall, 25 Medway Street. LDFD Ladies Auxiliary will be selling frozen apple crisps ready for the oven.

Festive Holiday Market! Saturday, November 29, 10 a.m. to 2 p.m. Great artisans. Limited supply of "Trinity" oven-ready lasagnas (sizes: family \$30; individual \$10). Soup Luncheon: chicken mulligatawny or hamburger soup, roll, tea/coffee, cookie. Eat in/Take-out, \$15. Baked goods and much more! Trinity United Church, 101 Edgewater Street, Mahone Bay.

### COMMUNITY

Christmas Sale. Saturday, December 6; 11:00 a.m. to 1:00 p.m. Westly United Church, 22 Drews Hill, Petite Riviere. Come and holiday shop at our Christmas bake tables (including our famous mincemeat cheesecake). Pickles, jams, preserve baskets, silent auction, white elephant, and much more. Sponsored by St. Andrew's United Church, Crousetown. For more information call Shirley at 902-677-2289.

### APTS.

One bedroom, ground level, apartment for rent. Available November 15. No Dogs. 902-527-8129.

### FIREWOOD

Top quality firewood, cut, split and delivered. 100% hardwood. Phone 902-543-6150.



## CLASSIFIEDS

P: 902.543.2457

E-MAIL: info@southshorebulletin.ca

### SUBMISSION POLICY:

South Shore Bulletin is not responsible for errors or omissions for verbal or handwritten submissions.

**ERRORS:** to ensure the best response to your ad, review it carefully and call 902-543-2457 if any changes are required. South Shore Bulletin will not be responsible for more than one incorrect insertion.

**EDITING:** all ads are subject to the approval of South Shore Bulletin, which reserves the right to edit, reject or properly classify any ad.

### WORD ADS

15 words or less, \$9.00\*.  
Additional words \$0.20\* each.

### BIRTHDAY ANNOUNCEMENTS

1 col.: \$20.00\*; 2 col.: \$30.00\*.  
Includes one photo.  
Additional photo: \$20.00\*.

### BIRTH AND GRADUATION ANNOUNCEMENTS

Photo with write-up, 75 words or less:  
\$25.00\*; additional photo: \$30.00\*; write-up only: \$15.65\*. Additional words \$0.20 each.

### ENGAGEMENT, WEDDING, AND ANNIVERSARY ANNOUNCEMENTS

Photo with write-up, 75 words or less:  
\$45.65\*; additional photo: \$30.00\*; write-up only: \$15.65\*. Additional words \$0.20 each.

### CARDS OF THANKS AND MEMORIALS

75 words or less: \$20.00\*. Additional words \$0.20 each.

### OBITUARIES

75 words or less: \$15.65. Additional words \$0.20 each. With photo: add: \$20.00\*.

### DISPLAY CLASSIFIEDS

Call Diana Girvan for competitive rates on display classifieds: 902-930-4361.

### DEADLINES:

THURSDAY AT 4 P.M.  
PRIOR TO  
PUBLICATION DATE  
(Note: Holidays may affect deadlines)

\*Note: All classified ads must be pre-paid.  
All prices are +HST

## Supporting pets through hard times

Continued from page 12

### OBITUARIES



#### Jill Evelyn Veinot

After a two-year battle of incredible strength and perseverance against breast cancer, Jill Evelyn Veinot, 41, passed away on October 31st, peacefully as she slept, with the love of her life by her side. Though her time here with us was unfairly small, the mark she has made on those she leaves behind is monumental.

Born and raised in Lunenburg, Jill valued a closeness to family & the place she called home and always stayed close to her roots. She was the middle child of Stewart & Melinda Veinot and grew up on the family farm on the Northwest Road. Her "farm girl" beginnings no doubt played a role in the grit she displayed when faced with the challenges that life would hold for her. Jill spent her youth as she did her adulthood, quietly spending her time with those she loved most and taking part in the things that brought her joy. She balanced her younger years with a love of school and participation in sport, with a particular talent for figure skating. She had a strong work ethic from a young age and always put her all into the jobs she had while growing up, the most notable being the years she spent at Kinley's, a place she loved for the opportunity it gave her to connect with so many people. It was also from behind that counter at Kinley's that gave way to what would become a lifelong love & partnership with Aaron, as it was the place that brought him into her orbit. Jill and Aaron began dating when they were both 17 years old and from then on in, it was history. Many would agree that this was an "opposites attract" situation of the highest degree, but it was one that surely worked. Jill and Aaron spent 24 wonderful years building their life together and her love for him was unwavering. No one in this world could make Jill laugh the way that Aaron could, a talent that was welcome during the toughest of her days. There was no one else Jill would have wanted by her side and there was nowhere else Aaron would have rather been. Jill spent their life together being the organizer and the strong foundation of their family but when the time came, Aaron took up this role in a heartbeat and became "her rock" as she lovingly called him.

From a young age Jill had her sights set on becoming a teacher, specifically a math teacher by the time she got to grade 10. Her love of the subject grew during this time, and she knew exactly what her career was to be. Jill graduated from Park View Education Centre in 2002 and went on to Acadia University in Wolfville where she first completed a four-year Bachelor of Science Degree with a Major in Math and continued on to a two-year Bachelor of Education Degree. Following her graduation from Acadia, Jill followed those roots back home and settled into her life in Lunenburg with Aaron. She began her teaching career at Chester Area Middle School for a short time before getting a job closer to home at her very own high school, Park View Education Centre. Jill would spend the rest of her career at Park View where she passionately taught countless students. Her love for the job, the subject, and most importantly the students themselves was always evident by the care and effort she put into them all. She was firm but nurturing and cared deeply about the lives she was involved in shaping.

As passionate as Jill was about what she had chosen to do with her life, nothing else held a candle to what would end up being her true calling in life; being a mom. Jill and Aaron welcomed three beautiful baby girls together, Madison Gail in 2013, Abigail Jean in 2016 and finally Evelyn Jo in 2022. The love that Jill had for her girls was truly immeasurable. She dove into motherhood with such a natural ease and continued on that way until the very end. Often on her own with the girls as Aaron worked away for a month at time, she rarely asked for help and never missed a beat. Even as she endured endless months of treatment for her cancer, Jill always made sure that life stayed as normal as possible for her girls. She went above and beyond and always showed up for them. She loved those girls with every fibre of her being and poured her heart and soul into every part of being their mom. The void left is unimaginable, but without a doubt those sweet girls will never question how much their mom loved them.

Without a doubt Jill will be remembered by all for her absolute kindness and her infectious personality. To know Jill was to love her. She had a way of making people feel welcome and there isn't a person on this earth that she couldn't hold a conversation with. She was quiet about her life but, my goodness she was fierce. Jill spent the last two years quietly and bravely facing this awful illness with her family by her side. She fought with grace, determination, and endless hope that she would be allowed more time. There is nothing she wanted more than time with the ones she loved, namely her girls. Even in the darkest of her own days, she always thought of others and always found a moment to pass on that beautiful smile. She will be deeply missed for the rest of all our days, but we will take comfort in knowing that we get to keep pieces of her that she left behind in her three beautiful girls.

Jill is survived by her devoted partner of 24 years, Aaron Jackson; her three precious girls, Madison, Abigail, and Evelyn; father Stewart Veinot, Northwest; sister Jodie Veinot, Northwest; brother Larry Veinot (Breanna Bolivar), Northwest; aunt Darlene Smith (Gary), Northwest; cousins Ben Smith (Sarah, Malcolm & Henry), Bridgewater and Francine Smith (Andrew Himmelman), Northwest; mother and father in-law Brenda and Robin Jackson, Lunenburg; sister in-law Kelly Stevens (Chris Whynot), Bridgewater and nephews Luca and Jack Stevens. She was predeceased by paternal grandparents Evelyn and Perry Veinot.

Arrangements are under the care of the Dana L. Sweeny Funeral Home, 11213, Hwy 3, Lunenburg.

The family would like to extend their sincere thanks to Dr. Jennifer Melvin, Dr. Kuznetsov, Dr. Hammouda, and most of all to Dr. Annette Harris, Dr. Christian Pugh, and all the nurses, staff, and volunteers on the Chemo Unit at South Shore Regional Hospital. For two years your unit was a strong and steady support for Jill, and she loved you all so very much.

Donations may be made to the IWK in Jill's memory.

#### MEET BONSAI: A GENTLEMAN STILL WAITING FOR HIS CHANCE

As we talk about supporting pets in need, one very special cat comes to mind: Bonsai, a five-year-old neutered tuxedo male who has been

waiting patiently at the shelter without receiving a single adoption application.

This sweet, chatty boy came to SHAIID after being abandoned when his owners moved away. Despite his rocky past, Bonsai remains affectionate, social, and always ready to greet visitors with a head boop and a purr. He would make a wonderful companion for almost any home and is more than ready to begin his next chapter with someone who won't leave him behind again.

Bonsai represents so many animals whose lives are changed thanks to donated food, shelter support, and caring adopters.

#### Upcoming fundraising events for SHAIID:

- The Nightmare Before Christmas Canine Event: November 29th, 11 a.m. to 3 p.m. at Woof Pack K9 Lifestyle Center. A festive, dog-friendly day with games, vendors, and a costume contest. Contact SHAIID for details.

As we move into the holiday season, please consider donating pet food, supporting local pantries, or attending upcoming events. Your kindness helps keep pets in loving homes and ensures that animals like Bonsai get the second chance they deserve.

#### DANCES

New Year's Eve dance! Conquerall Mills Community Hall. Buffet meal starting at 8 p.m. Dance from 9 p.m. to 1 a.m. Music by Rockin' Sounds. Tickets: call Emily at 902-543-2154.

**E-MAIL YOUR CLASSIFIED AD,** including text and picture(s), and pay over the phone with a credit card. info@southshorebulletin.ca

#### MEETINGS

**Hebville Village Commission**  
Regular Meeting, December 10, 2025  
Hebville Fire Hall  
7p.m. to 9 p.m.

#### DEATHS

**Baggett, Lillian Berniece,** 79, Bridgewater, died November 10, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Black, Robert Miller,** 80, Lunenburg, died November 12, 2025, at Fishermen's Memorial Hospital, Lunenburg. Arrangements entrusted to Dana L. Sweeny Funeral Home.

**Bonnell, Eric Charles,** 81, Bridgewater, died November 13, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Bourbeau, David Robert,** 81, Maitland, passed October 10, 2025, at Fishermen's Memorial Hospital, Lunenburg. Arrangements are under the care of the Dana L. Sweeny Funeral Home, Lunenburg.

**Creaser, Eugene Daniel,** 89, Second Peninsula, passed October 16, 2025, at Fishermen's Memorial Hospital, Lunenburg. Arrangements are under the care of the Dana L. Sweeny Funeral Home, Lunenburg.

**Dares, David Stanley,** 83, Centre, passed November 9, 2025, at home. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Dares, Fred "Horsey" Arthur Bennett,** 88, Bayport, passed November 3, 2025, at Fishermen's Memorial Hospital, Lunenburg. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Dorey, Donald Reid,** 75, Martin's River, died November 8, 2025, at home. Arrangements entrusted to Mahone Funeral Home Limited.

**Eisenhauer, Margaret Elizabeth,** 88, Walden, died October 27, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home Limited.

**Ernst, Donald Everett,** 91, Bridgewater, died November 2, 2025, in Rosedale Home for Special Care, New Germany. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Falkenham, Peter Van,** 76, Lunenburg, passed November 5, 2025. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Feener, Mona Marie,** 90, Rosedale Home for Special Care, New Germany, passed October 30, 2025, at South Shore Regional Hospital, Bridgewater. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Fraser, Erma Jean,** 83, Bridgewater, died November 6, 2025, in Shannex-Ryan Hall, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Gilbert, Margaret,** Woodstock, died September 30, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home Limited.

**Grant, Mazie Agnes,** Mahone Bay, died October 16, 2025, in Fishermen's Memorial Hospital, Lunenburg. Arrangements entrusted to Mahone Funeral Home Limited.

**Hardy, Virginia Lucy,** 79, Hebbs Cross, died November 6, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Hirtle, Gwendolyn Lucille,** 94, Mahone Bay, died September 6, 2025, in Mahone Bay Nursing Home, Mahone Bay. Arrangements entrusted to Mahone Funeral Home Limited.

**Hubley, Eileen Noonan (Balcome),** 81, Bridgewater, died September 19, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home Limited.

**Kelly, Capt. Edward James,** Lunenburg, passed October 15, 2025, at home. Arrangements are under the care of the Dana L. Sweeny Funeral Home, Lunenburg.

**Leslie, David James,** 42, Bridgewater, died October 5, 2025. Arrangements entrusted to Mahone Funeral Home Limited.

**Lewis, Ronald,** Mahone Bay, died October 29, 2025, at home. Arrangements entrusted to Mahone Funeral Home Limited.

**Litt, Simon John Francis,** 96, Martin's Point, died October 24, 2025, in Harbour View Haven, Lunenburg. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Macquarrie, Robert "Gerald",** 86, Pleasant River, died November 5, 2025, at home. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**McMahon, James Gordon,** 65, Chester Basin, died October 18, 2025. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Plunkett, Joan Elizabeth,** 84, Bridgewater, died October 30, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Rafuse, Dorene Claire,** 78, Mahone Bay, died October 29, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Rhodenizer, Kayden Loren,** 14, Dayspring, died October 2, 2025. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Rhodenizer, Wilma Lorena,** 77, Mahone Bay, died October 20, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home Limited.

**Romkey, Levaughn "Shirley",** 98, Blue Rocks, passed September 24, 2025, at Harbour View Haven Home for Special Care, Lunenburg. Arrangements are under the direction of the Dana L. Sweeny Funeral Home, Lunenburg.

**Scott, Rita Marie,** 86, Upper Northfield, died November 2, 2025, in Harbour View Haven, Lunenburg. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Snyder, Hazel Lillian,** 96, Oakhill, died November 16, 2025, in Shoreham Village, Chester. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Stocks, Anne,** 105, passed October 21, 2025, at Harbour View Haven Home for Special Care, Lunenburg. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Strong, Merlin Douglas,** 84, Camperdown, died October 26, 2025. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Swimm, Capt. Kevin Michael,** 71, Upper Kingsburg, passed September 24, 2025, at home. Arrangements are under the direction of the Dana L. Sweeny Funeral Home, Lunenburg.

**Tanner, Clarence (Clary) Robert,** 99, Lunenburg, passed November 2, 2025, at Veteran's Unit, Fishermen's Memorial Hospital, Lunenburg. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Tanner, Hiltz Napier,** 81, Bridgewater, died October 25, 2025, in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home, Wileville.

**Veinot, Jill Evelyn,** 41, Centre, passed October 31, 2025, at home. Arrangements are under the care of Dana L. Sweeny Funeral Home, Lunenburg.

**Whitney, Lloyd,** Halifax, passed October 5, 2025, at VG Hospital, Halifax. Arrangements are under the care of the Dana L. Sweeny Funeral Home, Lunenburg.

Obituaries can be found online at southshorebulletin.ca



CONTRIBUTED PHOTO

Members of the Pajo's Youth Bowling League recently competed in a mixed league tournament in Halifax. This was the first tournament in many years for the Pajo's Youth League and performed well.

# Youth bowlers compete in Halifax tournament

Submitted by CARRIE FREEMAN

LUNENBURG - Members of the Pajo's Youth Bowling League participated in the Annual Youth Bowling Mixed League Tournament at the Bowlarama in Halifax on Sunday, Nov. 16.

This tournament is the first in many years for the Pajo's Youth League, and they brought home the second and third place prizes with 14 teams competing.

Under the guidance of Coach Colton Whitman and with support from Jessica Lee Strowbridge Francis and the parents, we're so proud of all our Youth League bowlers!

Participating in the tournament included the following members of the Youth League including Soraya W., Brooklyn M., Tenley S., Ross M., Dryden W., Avery F., Clove G., Owen W., Alex L. and Ethan M.

In addition, Ross M. had a high single for the Bantam Boys with a 93, and Ethan M. had a high single for the Junior boys with a 117.

The best part of the whole day? The kids had fun!

**CHRISTMAS CRAFT & VENDOR NIGHT MARKET**  
 Frid. Dec. 5: 4:00-8:00pm  
 Sat. Dec. 6: 10am-4pm

Showcasing a variety of vendors to find something for everyone, including the kids. From clothing to sweet treats, bath & beauty products to scented goodies and so much more. ATM onsite!

2104 HWY 325, Whynotts Settlement Oakhill Firehall

Registration link for vendor application on our Facebook event page Or email [dynamicsueventplanning24@gmail.com](mailto:dynamicsueventplanning24@gmail.com) for more information.

**WANT TO BE A SANTA FOR A SOUTH SHORE SENIOR?**

Check out Santa's for South Shore Seniors Facebook group to adopt a local senior and make their Christmas extra special.

**WOULD YOU LIKE TO ADOPT A SENIOR THIS CHRISTMAS?**

Join Santa's for South Shore Seniors of Facebook or Email [santaseniors2@gmail.com](mailto:santaseniors2@gmail.com) for more info.

**South Shore Regional Centre for Education**

**Tender No. SSSurplusSale25 - Sale of Surplus Buses**

The South Shore Regional Centre for Education invites bids on the sale of used equipment which must be accepted on an as is where is condition. **NOTE: ALL SALES ARE FINAL.** The required bid form may be obtained from:

Denise Crouse – Transportation Coordinator  
 Email: [dcrouse@ssrce.ca](mailto:dcrouse@ssrce.ca)

Patti White, Procurement Analyst  
 Email: [pwhite@ssrce.ca](mailto:pwhite@ssrce.ca)

Receptionist Desk  
 Regional Office,  
 69 Wentzell Dr,  
 Bridgewater, NS B4V 0A2

The equipment is located at our Bus Garage. For viewing the items at Bridgewater Bus Garage 37 Conquerall Mills Rd., Hebbville, NS, contact Rodney Whynot 902-541-8256. Tenders must be received no later than Wednesday, December 10, 2025, at 2:00 p.m.

## Christmas on the LaHave

Join us in Bridgewater this holiday season for a collection of annual favourites and new events for everyone!

**November 29**  
**PARADE OF LIGHTS** 6pm  
 Starts at NSCC Lunenburg Campus, continues down Empire St, along King St, to Dufferin St.

**FIREWORKS** approx. 7:15pm  
 Over the LaHave River, weather permitting, presented by the Bridgewater Fire Department Band

**November 29 - January 4**  
**BRIDGEWATER SHINES**  
 Discover, explore and capture family photos beside Holiday-themed installations throughout Bridgewater in King Street Court and Pijnuiskaq Park and along the River Walk, Old Bridge Street, King Street, and throughout Town.

**December 1-18**  
**"DECK THE HOMES" CONTEST**  
 Nominate your Neighbour, presented by CKBW and Country 100.7

**December 3**  
**BRIDGEWATER FARMERS' MARKET**  
 The Winter Moon Night Market

**December 4-7**  
**SOUTH SHORE PLAYERS**  
 Presents: Snow White

**December 6**  
**DOWNTOWN CHRISTMAS COUNTDOWN**  
 Downtown Bridgewater invites you to savour the spirit of the season as you shop local.

**FESTIVE FAMILY PHOTOS (FREE)** 12-2pm  
 Pijnuiskaq Park by the Christmas Tree, presented by the Town of Bridgewater

*And so much more!*

**town of BRIDGEWATER** Visit [ExploreBridgewater.ca/Events](http://ExploreBridgewater.ca/Events) for details.

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\*Required information Contact us for shipping rates outside of Canada. Postcard offer while quantities last. Offer expires December 31, 2025.

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