



READY FOR PADDLE FEST 2025 EDITION

The second annual Paddle Festival will be held over two days

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QUEENS COUNTY FAIR STARTS TUESDAY

Parade kicks off week-long event in Caledonia

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MITTON HEADS TO WORLD CHAMPIONSHIPS

Going in to this year's event with a bit of a chip on her shoulder

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ED HALVERSON PHOTOS

The 100th Lunenburg Fishers' Memorial Service was held Sept. 7 to pay tribute to those who lost their lives at sea. Above left: A boat takes a bevy of wreaths out to sea where they were released at sea. At right: Hilda Russell, curator of Interpretation for the Fisheries Museum of The Atlantic stands in front of the flags and wreaths placed in honour of the fishers who died. Bottom left: Clergy share blessings.

Lunenburg marks 100 years of honouring fishers lost at sea

By ED HALVERSON

ed.halverson@southshorebulletin.ca

LUNENBURG – The community gathered Sunday, Sept. 7 to mark a solemn milestone – the 100th annual Fishers' Memorial Service. The century-old tradition, which began in 1925, pays tribute to those who lost their lives at sea while sustaining one of Nova Scotia's most storied industries.

Hundreds braved the intermittent showers on the waterfront near the Fisheries Museum of the Atlantic, to show their respect for the lives lost to the sea. The ceremony featured music from the Bridgewater Fire Department Band and blessings by local clergy. Mayor Jamie Myra read the Roll of Honour, naming fishers who died in years ending in five, reflecting a century of loss.

Following the ceremony, wreaths were placed aboard a fishing vessel. The assembled clergy offered a blessing for the Lunenburg fleet and a committal prayer before the wreaths were taken out and

released to the sea. This Maritime ritual, unchanged in its essence since 1925, symbolizes both remembrance and community resilience.

"The Fishers' Memorial Service is at the heart of who we are in Lunenburg," said Mayor Myra. "As we celebrate its 100th anniversary, this tradition reminds us that while the sea sustains us, it also demands respect, remembrance, and gratitude."

To mark the centennial, the program revisited traditions from the inaugural service. All three hymns sung in 1925 were performed, and attendees were again invited to toss a single flower in the harbour in honour of lost fishers – a custom once central to the event before wreath-laying evolved into the practice it is today.

The community's reverence is embodied in a compass rose-shaped granite memorial on the waterfront, etched with the names of fishers lost since the early 1900s. The Fisheries Museum's Memorial Room was also open, offering families and visitors a place for reflection.

Curator of Interpretation for the Fish-

eries Museum of the Atlantic Hilda Russell noted the importance of the service not just for remembering the dead, but for comforting the living.

"The services are for those who are left behind to deal with the grief," she said. "Every year in September, the community comes together to honour those lost, but also as a way to heal together."

The dangers of the fishery remain an undeniable part of Lunenburg's history and culture. The 1993 sinking of the Cape Aspy, and the more recent losses of vessels such as the Pride and Fortune Five, serve as painful reminders of the risks endured by fishers and their families. This year, two new names will be added to the memorial, a stark reminder that the sea continues to claim lives.

For a century, the Fishers' Memorial Service has helped Lunenburg face those losses, weaving resilience into the fabric of the town. With the 100th service, the tradition endures as both a tribute to the past and a promise of remembrance for generations to come.

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Pijinuiskaq Paddle Festival 2025

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

BRIDGEWATER – After such a phenomenal response in year one, the Pijinuiskaq Paddle Festival is back, bigger and better.

The first event in 2024, held in conjunction with Bridgewater’s 125th birthday attracted about 170 paddlers, who paddled a two kilometre route from Shipyards Landing underneath the bridges and back.

This year’s event will be held over two days - Sept. 20 and 21 and is being hosted by the Town of Bridgewater, the Canoe Kayak Nova Scotia (CKNS) and Cape LaHave Adventures.

“It’s about how this event has made the community think about the river and bringing people together. I am privileged to be a part of making this happen,” said organizer Donna Hatt, Economic Development Officer for the Town of Bridgewater, giving credit to CKNS and Cape LaHave Adventures. “Without them, I can’t pull off this event.”

Day 1, Sept. 20 will feature two-to-three-hour clinics hosted by Cape LaHave Adventures in Dublin Shore. These clinics will cover skills for beginners to those that are more advanced. These will help people get their feet wet and be ready for the next day. Spots are limited and registration is required. Cost varies depending on the course.

Cape LaHave Adventures co-owner Sarah Hrdlicka said that she is proud to be a part of this year’s event.



SOURCE: FACEBOOK/TOWNOFBRIDGEWATER

The second annual LaHave River Paddle Festival is taking place over two days this year, Sept. 20 and 21. Last year, the event saw 170 paddlers take part.

“We’re looking forward to hosting and helping more people access our ocean playground and learn skills that enable them to stay safe and enjoy our beautiful backyard, including the LaHave River and the LaHave Islands archipelago,” she said in a media release.

The following day, the eye-catching parade of paddlers, will take place beginning at 11 a.m. from Shipyards Landing.

The parade is open to everyone, but registration is required, but free to join in. Participants need to bring along their own canoe, kayak or stand-up paddleboard and safety equipment. Some rentals will also be available, but this needs to be pre-arranged.

Among the boats that will be involved include the 10-person big canoes, thanks to the partnership between CKNS and the South Shore Multicultural Association.

Brian Crooks, board member with CKNS and member of the planning committee, said the Pijinuiskaq Paddle Festival embodies the core mission of CKNS, to foster safe, inclusive, and environmentally responsible paddling across Nova Scotia.

“Through this event, we are proudly bringing people together to enjoy the scenic LaHave River as we strengthen the paddling culture in Bridgewater and along the South Shore,” he said in a media release. “With an eye toward showcasing how paddling can unite people in celebration of nature, heritage and accessibility.”

Bridgewater’s Mayor David Mitchell said he’s thrilled to welcome back the Pijinuiskaq Parade of Paddlers and the expanded program for the community.

“The LaHave River is our town’s most beautiful natural resource and seeing more than 170 paddlers on the river last year was magical,” he said in the release. “This event is a fantastic legacy stemming from the town’s 125th anniversary celebrations last year and we couldn’t be more enthusiastic to see this type of activation of our waterway here in the heart of the LaHave River Valley.”

Hatt said one of the objectives of the event last year was to get more people on the water. “It’s going to be a great event. Now that we have two days, we should see even more folks. It’s just great to see more people using the river,” she said.

Adding to that, she still hears from people that say the river isn’t safe and she said this is one way to let people know that it is safe. She added that the removal of straight pipes was completed several years ago, and it is a tidal river, going up and down five feet twice a day. She added that it is also tested by the town on a consistent basis.

For more information and to register for the 2025 Pijinuiskaq Paddle Festival as a participant or a leader, or to register for one of the workshops visit <https://ckns.ca/pijinuiskaq-paddle-fest-2025/> or www.explorebridgewater.ca

Lunenburg, N.S.			
TIDE TABLE			
Wednesday, September 10		Sunday, September 14	
low 0.39 ft	4:33 AM	high 4.76 ft	1:36 AM
high 6.23 ft	10:39 AM	MOON THIRD QUARTER	7:32 AM
low 0.66 ft	5:13 PM	low 1.67 ft	8:32 AM
high 5.64 ft	10:59 PM	high 5.22 ft	1:54 PM
low 1.05 ft		low 1.05 ft	9:25 PM
Thursday, September 11		Monday, September 15	
low 0.66 ft	5:19 AM	high 4.49 ft	2:45 AM
high 6.14 ft	11:23 AM	low 1.84 ft	9:46 AM
low 0.72 ft	6:07 PM	high 4.95 ft	3:03 PM
high 5.41 ft	11:48 PM	low 1.05 ft	10:32 PM
Friday, September 12		Tuesday, September 16	
low 1.02 ft	6:13 AM	high 4.4 ft	4:14 AM
high 5.87 ft	12:08 PM	low 1.87 ft	10:56 AM
low 0.85 ft	7:10 PM	high 4.86 ft	4:28 PM
high 5.09 ft	12:39 AM	low 0.98 ft	11:36 PM
low 1.38 ft	7:19 AM	Wednesday, September 17	
high 5.58 ft	12:57 PM	high 4.63 ft	5:43 AM
low 0.98 ft	8:17 PM	low 1.77 ft	12:02 PM
		high 5.02 ft	5:47 PM

Level of accuracy may be affected by weather patterns and circumstances.

Those were the days
 Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, September 10, 1969.

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LOGAN RING PHOTO

BBQ FOR SOULS HARBOUR

Almost \$170 was raised for Souls Harbour Rescue Mission in Bridgewater during a hot dog barbecue fundraiser, hosted by the South Shore Bulletin and held at Shipyards Landing Aug. 22. Shown here, from left, is Kevin McBain, owner of the South Shore Bulletin; Madison Long and Rachel Burris from Bridgewater’s Souls Harbour. The Bulletin would like to thank the sponsors for their support of the event. Another hot dog barbecue will be held Sept. 21 at Shipyards Landing in conjunction with the Pijinuiskaq Paddle Festival. Cash and donations only, with all proceeds again going to Souls Harbour Rescue Mission.

Dahl's dispatch

EVAN DAHL

Lunenburg County firefighters answered 67 calls for service and Queens County firefighters answered 32 calls for service from Thursday, August 28 to Wednesday, September 3 – 23 of these calls were medicals.

During the week, Hubbards, Chester Basin, Riverport, Pleasantville, Southville, Salmon River, Lake Vaughan and Eel Brook joined the West Dalhousie response. In total, 73 departments from nine counties (Halifax, Lunenburg, Queens, Shelburne, Yarmouth, Digby, Annapolis, Kings and Hants) responded.

Here at home, 24 out of 32 Lunenburg County departments and all five Queens County departments responded.

AUGUST 28

At 6:14 a.m., Hubbards firefighters responded to a motor vehicle accident in Simms Settlement.

At 6:34 a.m., Northfield firefighters responded to a smoke sighting in Cookville.

At 12:21 p.m., Liverpool firefighters responded to a motor vehicle accident in East Port L'Hebert. Port Medway and West Queens also responded. Mill Village was on stand by in Port Medway. Italy Cross was on stand by in Liverpool.

At 1:38 p.m., LaHave firefighters responded to a water rescue in Crescent Beach.

At 4:05 p.m., Liverpool firefighters responded to a water rescue in Milton. Port Medway also responded. Mill Village was on stand by.

At 4:51 p.m., Bridgewater firefighters responded to a motor vehicle accident in Bridgewater.

At 4:54 p.m., Oakhill firefighters responded to a vehicle fire in Whynotts Settlement. Blockhouse also responded.

At 9:54 p.m., Lunenburg firefighters responded to a commercial fire alarm in Lunenburg.

AUGUST 29

At 4:59 a.m., Liverpool firefighters responded to a motor vehicle accident in Summerville Centre. West Queens also responded.

At 6:55 a.m., Midville firefighters responded to a motor vehicle accident

in Midville Branch. Tri District also responded.

At 3:53 p.m., and at 4:58 p.m., Bridgewater firefighters responded to a motor vehicle accident in Bridgewater.

At 5:16 p.m., Hubbards firefighters responded to a tree on power lines on fire in Hubbards. Blandford and Chester also responded with boats.

At 8:55 p.m., Greenfield firefighters responded to a vehicle fire in Labelle. North Queens also responded.

AUGUST 30

At 7:05 a.m., Mahone Bay firefighters responded to a motor vehicle accident in Mahone Bay.

At 1:57 p.m., Hubbards firefighters responded to a motor vehicle accident in Fox Point.

At 2:18 p.m., Liverpool firefighters responded to a commercial fire alarm in Liverpool.

At 4:48 p.m., Liverpool firefighters responded to a residential fire alarm in Liverpool.

At 5:25 p.m., Riverport firefighters responded to leaves on fire in Feltzen South.

At 9:02 p.m., Riverport firefighters responded to a trash can on fire in Feltzen South.

AUGUST 31

At 12:45 a.m., Hubbards firefighters responded to a possible electrical fire in Fox Point. Blandford, Chester, Chester Basin, Black Point and Upper Tantallon also responded.

At 10:22 a.m., Hubbards firefighters responded to a residential fire alarm in Fox Point.

At 12:35 p.m., Hemford firefighters responded to a motorcycle accident in Simpsons Corner.

At 4:38 p.m., Lapland firefighters responded to a seadoo fire in Waterloo.

At 6:41 p.m., Hubbards firefighters responded to a smell of smoke in Hubbards.

SEPTEMBER 1

At 9:26 a.m., Hebbville firefighters responded to a commercial fire alarm in Hebbville. It was upgraded to a grease fire. Tri District and Bridgewater also responded.

At 11:33 a.m., Hubbards firefighters responded to assist Black Point at a motor vehicle accident in Queensland. Upper Tantallon also responded.

At 5:21 p.m., Dayspring firefighters responded to an audible alarm in Dayspring.

At 6:20 p.m., Northfield firefighters responded to a commercial fire alarm in Cookville. Bridgewater also responded.

At 6:43 p.m., Port Medway firefighters responded to a smoke sighting in Port Medway. Mill Village also responded.

At 6:49 p.m., Tri District firefighters responded to a motor vehicle accident in West Clifford.

At 7:50 p.m., Tri District firefighters responded to a campfire in Wileville.

At 9:32 p.m., LaHave firefighters responded to two campfires on Crescent Beach.

SEPTEMBER 2

At 10:23 a.m., LaHave firefighters responded to power lines down and sparking in West LaHave. Pleasantville and Conquerall Bank also responded.

At 11:05 a.m., Bridgewater firefighters responded to a motor vehicle accident in Bridgewater.

At 1:44 p.m., Bridgewater fire-

fighters responded to a smoke sighting in Bridgewater.

SEPTEMBER 3

At 1:06 a.m., Chester firefighters responded to a residential fire alarm in Chester.

At 7:25 a.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 8:24 a.m., Tri District firefighters responded to a motor vehicle accident in Upper Chelsea. Hebbville also responded.

At 10:30 a.m., Liverpool firefighters responded to a possible house fire in White Point. Port Medway, Greenfield and North Queens also responded. Mill Village was on stand by in Port Medway. Tri District was on stand by in Greenfield.

At 2:49 p.m., Petite Rivière firefighters responded to a gas line break in Petite Rivière.

At 5:35 p.m., Greenfield firefighters responded to a motor vehicle accident in Middlefield. North Queens also responded.

At 6:30 p.m., Walden firefighters responded to a grass fire in Walden. Cornwall also responded.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.

BRIDGEWATER SENIOR CITIZENS CARD GROUP RESULTS

The Bridgewater Senior Citizens Group met on September 3 for a game of Auction 45's.

Winners were: Ladies' high, Wilma Dorey, 990; Men's high, Chris Brown, 940; Runners up, Eva Corkum, 975 and Melda Croft, 895. Winner of the

50/50 draw was Norma Joudrey. Winners of 30 X 60 bids were Dean Avery, Robby Wentzell and Una Corkum.

Card parties are held on Wednesday evenings at 7:00 in the Masonic Hall on Dominion Street. New members always welcome.

GOLDEN YOUTH CARD CLUB GAME RESULTS

The Golden Youth Card Club met on August 28th for a game of Auction 45's.

The winners were: Ladies high, Gloria Cox, 950; Ladies second, Mildred O'Hearn, 925; Men's high, Dean Avery, 940; Men's second, Spencer Bagley, 935; Low Score, Hilda Hiltz; Lucky Tally, Sheila MacDougall; Travel Prize, Harry Smith. 50/50 Winners, Sandy Aulenback and Wilma Dorey.

The Golden Youth Card Club met on Sept 4th for a game of Auction 45's.

The winners were: Ladies high, Marie Rafuse, 755; Ladies second, (tie) Norma Joudrey and Wilma Dorey, 750; Men's high, Robby Wentzell, 750; Men's second, Ken Edwards, 715; Low score, Calvin Hiltz, 530; Lucky tally, Dave Rockwell; Travel prize, Dean Avery; 50/50 Winners, Ken Edwards and Wilma Dorey.

Card parties are held every Thursday at 7:00pm at Pleasantville Fire Hall. Light refreshments served. New members welcome (55+).

Kilted Chef coming to Queens County Fair

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

CALEDONIA – Overalls and Haydays is this year's theme for the 149th annual Queens County Fair being held in Caledonia Sept. 16-20.

Things kick-off Tuesday, Sept. 16 with oxen, setter and horse classes taking the arena, followed by the 'official' start of the week, the always, well-attended parade which begins at 2 p.m.

The fair continues throughout the week with something for all ages including 4-H competitions, ox and

horse pulls, music all week long, Yarmouth bounce will be there and there will be plenty more to look forward to including woodsmen competitions, double bit axe throwing, Little Miss and Little Master competition, children's parade, a corn cob eating contest and hay roll competitions.

This year's fair also includes a visit from the Kilted Chef, Alain Bosse, Atlantic Canada's culinary ambassador. He will be preparing about 30 pounds of local beef donated by New Grafton Cattle Company, and there will be samples given out.

This will be followed by some blueberry dessert, donated by Van Dyk's by Nature.

A full program of music kicks off with the band, Sidewinder at 7 p.m. on Sept. 16. Music continues throughout the afternoons all week long and includes groups such as South Wind, Bonded Connection, Dave Burbine, Carson and Kerri Fullerton, Seaside Acapella and Top Notch. The week's activities close out with the dance in the arena featuring the band, Route 12.

Animal-wise, longtime secretary for the exhibition association Doreen

Holdright, said everything is gearing up for what looks like a great event. She said the volunteers and the competitiveness is what makes the event a success each year.

"They get out there and recruit people who may not normally think about it. It gets everyone hyped up," she said, adding that this applies to everything from the parade to the ox and horse pulls.

"We also had a pumpkin growing contest last year and this year, I think people were planting pumpkins, earlier than they probably should have, to try and get a head start."

Continued on page 7



LOCAL



Park to be named after community champion

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

GREENFIELD – Richard Freeman was a well-known community champion.

On Saturday, Sept. 13, the community is invited to come out and remember Freeman and be a part of re-naming the Greenfield community park in memory of Freeman to recognize his many contributions to the community including the park.

Freeman was instrumental in getting the park project, which opened in 2024, up and running. He was instrumental in building the Greenfield Elementary School and the Greenfield Church and Recreation Centre. He was also a devoted supporter of the Greenfield Volunteer Fire Department.

Freeman passed away at the age of 60, in May this year after a long battle with glioblastoma.

The official ceremony will take place at 4 p.m. and attended by Melissa



Labrador and family along with other special guests.

Prior to the ceremony, starting at 3 p.m., there will be a bouncy castle, croquet and bocce sets made available for people to use in the park.

Following the ceremony, beginning at 5 p.m., there will be a free barbecue

with burgers and hot dogs and music with Paul Buchanan and his 'So-Called' Friends.

The park is just under four acres in size and includes a gazebo with bleachers, walking track, community gardens, playground, disc golf course and utility and ball fields.

SOUTH SHORE BULLETIN

129 ABERDEEN RD, SUITE 106
BRIDGEWATER, NS, B4V 2S7
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Editor/Publisher: Kevin McBain
kevin.mcbain@southshorebulletin.ca

Reporter: Ed Halverson
ed.halverson@southshorebulletin.ca

Marketing Advisor: Diana Girvan
diana.girvan@southshorebulletin.ca

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TO THE EDITOR

I disagree with op-ed piece

The Editor,

I was dismayed to read your Op-Ed piece, "A Drought in Our Land..." (August 7, 2025, page 4).

We can all agree that continuous economic progress and improvements in government services are goals we aspire to. Nova Scotia is by no means perfect, but I believe the despair expressed by the writer is not widely shared by the people of this province. In fact, life is improving for many citizens.

Falling fuel prices, more family doctors, shorter waiting times for operations, the announcement of a new gold mine employing 700 workers, better roads, the spread of internet access across the province, and the expansion of the hospital in Bridgewater are just a few examples of encouraging progress.

If the current accord on inter-

provincial trade and energy development with the federal government moves forward, we are set for unprecedented economic gains in the years ahead. Greater prosperity will allow us to further improve our schools, strengthen our health care system, expand communications networks, and lift the poorest among us out of hunger and poverty.

To sustain this growth, Canada needs more people. I therefore support balanced immigration as essential to our future prosperity.

Finally, in my nearly 80 years in Canada, I have never seen such a degree of unity of purpose as we have today.

In the words of Winston Churchill: "Better to be an actor than a critic."

George Anderson
Martin's River

Whose responsibility is it anyway?

The Editor,

A few weeks ago, I visited The Ovens Park with my family including a 10-year-old child.

I was appalled to see the condition of the railings along the cliff walk. They were very wobbly and some of the wood was so rotten that it would not take much of a push to fall over the cliff. The steps going down to some of the caves were uneven and in places had no guardrail.

Some of the spikes holding the wooden steps in place protrude an inch or two because the wood has rotted away.

I wrote to the Municipality of the District of Lunenburg to ask if they were responsible for inspecting private parks. They replied that it is not their jurisdiction, but I should contact the Provincial Department of Occupational Health and Safety. I did that. They replied that it wasn't their department either.

My question is, whose responsibility is it? Surely somebody must periodically inspect privately owned parks to make sure they are operating safely.

Myra Barss
West Dublin

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info@southshorebulletin.ca

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SOUTH SHORE BULLETIN



This week in **SPORTS**

Going in with a 'bee in her bonnet'

Shot putter goes into championships with a chip on her shoulder

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

BROOKLYN AND BEYOND – Shot putter Sarah Mitton is heading into the world championships being held in Tokyo with a bit of an edge to her game.

"She is ticked off and angry. Angry that she was robbed. She felt she that was betrayed by Jessica," said Mitton's coach, Richard Parkinson in an interview last week.

"She's not really in true competitive form yet and she is just realizing that. Sarah's like, okay. If you're going to be that way. Hell has no fury. We are coming with a bee in our bonnet."

On her way to the championships, Mitton stopped in Beijing last week to a meet and earned a gold medal, throwing 19.81 metres.

TAKING A STEP BACK

At the Diamond League finals in Zurich, Aug. 27 and 28, in Mitton's second throw of the meet, she unleashed a bomb, throwing 20.68 metres. She stepped out of the throwing circle on the side, and she thought it may be a foul but asked the official and they put up the white flag, meaning it was good.

Having more than a 40-centimetre lead at that point over her closest competitor, Jessica Schilder. Mitton and Parkinson decided that they should let it all out and try for the elusive 21 metre mark.

"The throw had her step out to the side, and I wasn't sure if she fouled or not. The official put up the white flag, meaning it was a good throw. Sarah even asked her, 'are you sure? Did I save that?' We waited and went to round three, then to round four, it was still good. So then we said, let's go



CONTRIBUTED PHOTO

Brooklyn's Sarah Mitton was declared the winner at the Diamond League finals in Zurich last month, before she was stripped of the medal.

and hammer that. But unfortunately, when you try and chase a distance it doesn't happen," said Parkinson.

Following the meet, Mitton was awarded the trophy and the flower presentation happened. However, not too long after, an official found the Mitton camp and they were told there was a protest, and they were asked to go to the TV replay truck.

"I was like, protest what? But deep down, I was thinking that I hope that throw isn't coming back to haunt us," said Parkinson.

Parkinson said he was standing behind the throwing circle which he admits is a pretty good view and said he isn't sure how the official, watching the thrower, could tell when the shot landed.

He added there was another official there, but he wasn't in the right position to tell either. He said they did not have an official video review of the shot landing, "which they normally do at these larger meets." Thus, the review from the TV truck.

At that time, the protest was upheld and Mitton's final throw of 19.99m

allowed her to finish in third place. Schilder's throw of 20.26m, put her in second and Jackson's throw of 20.08m put her in second spot.

Parkinson asked for a copy of the protest and the officials did not and have not produced that copy. He did ask the Jackson camp if they protested, they said they did not. He surmises that it was the Schilder team that did go ahead with it.

Parkinson sent a protest into the governing body of the meet, outlining what he determined were four key mistakes to no avail.

The first referenced Rule 8.2 which states: "Protests concerning the result or conduct (a round of) an event shall be made within 30 minutes of the official announcement of the result of that (round of the) event."

The three-person jury of appeal stated that "the term 'rounds' does not refer to individual attempts (or rounds of attempts) in a shot-put competition, but to different rounds in a championship."

"If the official would have called it foul then, or even in round three or four, and they took it away from us in the middle of the competition, this would have changed the entire dynamic," said Parkinson.

"First of all, Sarah and I wouldn't say let's swing for the fence and secondly, I think it would have changed for the game for all the girls and they wouldn't be so tensed up thinking they have to throw more than 20.67 metres. This changed everything."

Parkinson added that all she would have to do is beat Jackson's best throw of 20.08 metres (at that point).

Point number two was that there was no video referee present, as there is in most high-level competitions, according to Parkinson.

The answer to that was that the rule, Rule 19.4, does not mean that a video referee is required.

Point three – In Rule 8.76, it states that a protest must be made "within 30 minutes of the official announcement of the result of that (round of the) event."

The official end of the entire competition was at 6:16 p.m. and a protest was recorded at 6:34 p.m.

Again, Parkinson related the timing to be, of that round, so round two, not of the entire competition. The end of round two, he estimated to be around 5:30 p.m.

Fourthly, was the award ceremony, where Mitton had been given the flowers and awarded the championship.

"They're not supposed to present a protest once an awards' ceremony has taken place unless under extreme circumstances," said Parkinson.

However, the three-person committee, which included the competition director, technical delegate and referee chairman, ruled that this should not be considered the official award ceremony. The honouring of award winners takes place on day two of the end of the Diamond League final.

Parkinson said that the meet has been weighing heavy on him.

"I should have been more on it. Deep down in my gut, it was like I hope that throw doesn't come back and haunt us. I should have instructed Sarah... let's settle down. Let's get another solid throw out there and then go for 21. I feel I should have instructed that and I should have made a bigger scene and persisted on seeing everything that night, but I just followed people's requests that we just let it go."

ONWARD AND UPWARDS

The loss would have been a tough pill to swallow. She takes home \$7,000 for winning third place, \$23,000 less than first. She also loses out on bonuses from her sponsors. World rankings are affected. If Mitton had won, she would have closed in on Jackson who has been number one for many years. Now, Schilder leapfrogs over Mitton with 1,421 points. Mitton has 1,400 and is third in the rankings.

This will be Mitton's fourth world championships. She debuted at the event in 2019 and threw 17.24m but didn't advance from the qualifying round in Doha, Qatar. She was fourth (19.77) at the 2022 worlds in Eugene, Oregon, and second two years ago in Budapest, Hungary, where she threw 20.08m

SPORT SHORTS

MITTON EARNS GOLD

Shot putter Sarah Mitton earned a gold medal at the World Athletics Continental Tour Gold Track and Field Meet in Beijing with a top throw of 19.81 metres this past weekend. This was a warm-up leading to the World Athletics Championships that will be held in Tokyo this week. The Women's Shot Put is scheduled to take place Sept. 20.

BULLDOGS TO HOST

The Bridgewater 13UAAA Bulldogs will host the Atlantic Championships this coming weekend. Action starts Sept. 12 at 10 a.m. and ends with the championship games scheduled for Sunday. The host Bulldogs will kick-off this round-robin tournament against the Nova Scotia reps., the Halifax Mets, Sept. 12 at 1 p.m. and they will close out the day against the Eastern Express at 7:30 p.m. Sept. 13, they will take on the St. John's Cap-

itals at noon and the Sussex Royals at 3 p.m. Opening ceremonies are scheduled for Sept. 12 at 6:30 p.m.

INTERMEDIATES WIN BANNER

The Bulldogs Intermediate team earned a provincial championship on the weekend in Dartmouth. They defeated Windsor 5-0 and East Hants 9-5, before losing to Dartmouth in game three. In the final, Chris Zinck walks it off and pitched a complete game in a 6-5 comeback win over Dartmouth to claim the AA provincial championship.

PANTHERS WIN BIG

The Park View Panthers football team opened up their season with a 58-0 shut-out on the road versus Central Kings on Sunday. They will have their home-opener this Sunday, Sept. 14 at 10:30 a.m. at the Kinsmen Field. They will also host the next game, Sept. 21 at noon.



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Kilted Chef coming to Queens County Fair

Continued from page 3

She said they try and change things up a bit each year to keep people coming back as well.

Last year, there was a blueberry pie eating contest, this year, they are going with the corn cob eating contest. They have also added kids' tractor races and youth hay rolls and more games for younger kids.

They are also bringing in Yarmouth bounce this year instead of the mechanical rides.

She also mentioned that there was going to be a full house for livestock. As an example, as of Aug. 28, she said there were just four draft horse stalls available.

"Most exhibitions are having issues not getting many draft horses, but we have 20 pair registered (as of Aug. 28) and three singles, which is a bit of a shock. There were 61 pairs of oxen registered, and many light horses.

She said they are also going to have a full group of vendors including food trucks and people selling their wares.

Gates are open from 8 a.m. to 11 p.m. each day of the exhibition.

Special days include: Sept. 16 is 4-H day and children's day with all school age children getting in at no cost.

Sept. 18 is first responders' day with all getting in for half price.

For more information, check out the Queens County Fair on Facebook or at: www.queenscountyyfair.ca.



CONTRIBUTED PHOTO
The South Shore Players present, The Ladies Foursome, featuring actors, from left to right, Allyson Rowley, Lynn Roberts, Lisa MacCormack and Tiffany Pope.

The South Shore Players present: The Ladies Foursome

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

BRIDGEWATER – The South Shore Players will present the Norm Foster comedy, *The Ladies Foursome*, over the weekends of Sept. 19-21 and Sept. 26-28.

Director Kathryn DeLory will be making her debut as a director on the South Shore.

She is very familiar with Norm Foster comedies and has directed more than 20 of his plays across southern Ontario where she lived up until moving to the area four years ago.

"He writes from the heart. He is not trying to solve deep world problems, but he is giving you comedy and you'll find everyone you know in it. You will find yourself, neighbours and friends. You'll know everybody in this show," she said.

DeLory gave a little sneak peek into the show.

"This is about four women who meet on a golf course the day after the funeral of a very good friend. Three of them were part of the foursome for about 14 years and they met weekly to play golf," she describes. "The fourth is a good friend of the one that died and the other three knew

nothing about her, but they met at the funeral and invited her to join in their weekly foursome."

What happens from there is they go from tee box to tee box over the 18 holes and discuss everything from love, sex and kids and "a lot of stuff gets turned out in the wash. Everyone has secrets."

DeLory, who has been active as a director and actor for more than 40 years, said this is a good start for the Players who want to start running an adult series of shows.

She said she can't wait to see the result of what has been a great experience.

"They're very good," she said regarding the actors. "Also, working with Colleen Naomi as my producer has been very positive, but it is also a learning curve for them and myself as well."

DeLory added that the actors – Allyson Rowley, Lynn Roberts, Lisa MacCormack, Tiffany Pope – have worked really hard in preparation for the production and that includes taking golf lessons to get that swing down right.

The play is for those 16 and over. Evening shows are Sept. 19, 20, 26 and 27 and begin at 7 p.m. Two matinees (2 p.m.) will be held Sept. 21 and 28.

**Hebville Village Commission
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Hebville Fire Hall
Sept. 17/25 7 - 9 PM

08757

Social Column

Enjoy this "social media of yesteryear"
excerpt from the *Bridgewater Bulletin*.

September 10, 1969

Simpsons Corner

Mr. and Mrs. Harry Wile, Lake Pleasant visited Mrs. Damie Deamond on Friday.

Mr. and Mrs. Donald Hyson and family of Halifax visited Mrs. And Mrs. Earnest Tufts and family on Monday.

Mr. and Mrs. Harry Wile, Lake Pleasant visited Clyde Tufts, Friday evening.

Mr. and Mrs. Donald Hyson and family, Halifax were supper guests of Mrs. Damie Deamond and Ralph on Monday.

Mr. and Mrs. Eddie Turner and Yvonne and Byron were business visitors at Nictaux on Wednesday.

Mr. and Mrs. Beverly Joudrey of Bridgewater visited her parents, Mr. and Mrs. Doran Snyder on Monday.

Mr. and Mrs. Vernon Wentzell and baby, Halifax and Mr. and Mrs. Milledge Deamond and baby, Dayspring visited Mrs. Damie Deamond and Ralph on Sunday.

Mr. and Mrs. Ernest Tufts and Albert visited Alfred Tufts at the Children's Hospital, Halifax on Sunday. Wishing him a speedy recovery.

Mrs. Robert Veinott and Marjorie and Mrs. Damie Deamond spent Tuesday in Bridgewater.

Mrs. Damie Deamond visited Mr. and Mrs. Harry Wile, Like Pleasant on Thursday.



Curious to see more?
Visit our Archives at www.southshorebulletin.ca

New owners and renovations come to Lunenburg bowling alley

By LOGAN RING
NSCC Student Reporter

LUNENBURG - Last year the bowling alley in one of the provinces most beautiful towns with its picturesque waterfront and expansive colorful buildings was sold.

Carrie Freeman and Gus Grubba are the new owners of Pajo's, the Lunenburg bowling alley.

When asked about what it's like to own a bowling alley Carrie said, "I have a lot to learn, but we have several staff, including Jody and Katie. Jody worked at the bowling alley for 33 years; Katie has been working here for a few years. So, I'm really looking to them to teach me."

Since the acquisition, the Lunenburg bowling alley has been under construction to improve and renovated the building built in the 1950s.

Freeman said, "we're trying not to change the vibe of place, I don't want it to look like your corporate bowling alley."

Recently the ceilings and the electrical have been upgraded, giving the lanes a more modern feel, along with a new HVAC system to better regulate the building's temperature in summer and winter months.

The decks of the lanes have also been redone giving them a much-needed repair.

"They refinished our lanes, which look gorgeous, and even put a blue glow so that the black light

now turns the lanes blue when they are on," said Freeman.

New bowling balls have also been purchased for all 12 lanes of the Lunenburg Bowling alley.

Towards the back of the building by the lanes a new mural has been constructed across the lanes.

"There's now a big picture of Lunenburg across all the lanes and that Gus 3D printed. The lane numbers look really cool above the mural."

In addition to the mural inside, a mural outside the bowling alley has been created.

"We put the mural, outside the building, which looks fantastic and was done by Daneille Mahood, but in addition to that, there was a lot of new woodwork inside and outside the building," said Freeman.

Freeman said, a tremendous amount of work was done by Risser's Design and Build, Kevin Williams, Mitchell's electrical, Mason's and Colby.

Even with all the construction Pajo's is now open. Leagues started Sept. 2 with opportunities for everyone throughout the week including a Ladies' league, Canexcel league, Money league, Lucky Strikes league, Mickey Mouse league, Men's league and a youth league.

The bowling alley is also now accepting debit and credit cards with a new debit machine being added over the summer, making payments for bowling even easier.

Rick Hamilton signs off after 50 years

By ED HALVERSON

ed.halverson@southshorebulletin.ca

BRIDGEWATER - After half a century on the airwaves, veteran broadcaster Rick Hamilton turned off his mic for the last time on August 31.

Known to South Shore listeners as the steady morning voice of CKBW for the past 25 years, Hamilton's career began far from Bridgewater. Growing up in Dartmouth, he was a boy with a transistor radio pressed to his ear, tuning in late-night AM signals from Boston, Buffalo, and New York. That fascination with sound carried him into broadcast school and, soon after, his first job in Halifax under the on-air name "Bill Taylor."

Hamilton's journey took him from Halifax to Ontario, across to British Columbia, back to Halifax, and eventually to the South Shore. Along the way, he adopted the name Mike Richards – a spur-of-the-moment decision made on-air during his first shift back in Halifax that would stick with him throughout the rest of his Nova Scotia career.

His time behind the microphone brought him face-to-face with some of Canada's biggest names in music, including Bryan Adams, Corey Hart, and Tom Cochrane. He fondly recalls evenings spent sharing meals with artists before they hit the big time.

As fun as it is to rub shoulders with celebrities, Hamilton is most proud of his connection to his community. He remembers a phone call during the height of the COVID-19 pandemic from an elderly woman in Milton who asked if it was safe to open her bathroom window.

"That's when it struck me," he said. "For many people, I was their connection to the outside world."

Despite repeated predictions of radio's demise over the decades, Hamilton believes the medium endures because it speaks directly to individuals. "You're broadcasting to many, but really you're talking to one person," he said.

Now approaching 70, Hamilton admits retirement feels premature. He is exploring new pursuits – from restoring antique tools and collecting early home computers, to volunteering at the Bridgewater Inter-



RICK HAMILTON PHOTOS

Rick Hamilton on the mic as Bill Taylor at CHNS in Halifax 1975.

Church Food Bank. He is also toying with the idea of launching a podcast with his children, or streaming video games on Twitch to an online audience.

Though the early mornings are behind him, Hamilton says the radio bug never truly leaves. "I still feel like I retired too young," he admitted. But whether through podcasts, community radio, or digital platforms, the man who spent 50 years filling Nova Scotia airwaves with music, news, and conversation is unlikely to go silent for long.

Future doctors from the South Shore enter medical school for class of 2029

By LOGAN RING

NSCC Student Reporter

SOUTH SHORE - Dalhousie University has opened a satellite medical school in Cape Breton for medical students who want to have a rural practice, giving priority to rural based students. There are currently two South Shore students in Cape Breton and two more at their main campus in Dalhousie.

On Jan. 27, 2023, as part of his State of the Province address in Cape Breton, Premier Tim Houston announced the medical campus. On March 7, 2023, the premier again travelled to Cape Breton and announced a \$58.9 million investment in the medical campus. Of that amount, \$49 million is for the creation of a medical sciences centre, \$6.2 million will create a Collaborative Clinic and \$3.7 million will expand the Health and Counselling Centre at CBU.

Dalhousie said in a news release in 2023 "that the campus will open no later than the fall of 2025 and will train up to 30 students each year. There will be a focus on the health priorities of Cape Breton, which will create opportunities in education and research. The campus will train much needed physicians for rural practice. The students will have an opportunity to study in culturally safe care, learning from clinicians who practice in rural areas across the province."

At the Cape Breton campus, there are two Park View Education Centre graduates attending.

Karlianne Hill is one of those students. When asked why she wanted to go into medicine, she said, "In high school, I knew I wanted to do health care, so I did a co-op at a rural pharmacy. I loved the atmosphere. I just loved the community and also the health care. My favourite parts of the job were (working with) the doctors and the consultation... I was like, you know what? I'm going to go for it."

When asked what she thought the rural campus would offer, Hill said "I think it's a significant step, because what we have right now (in Nova Scotia) is not the best. When I would tell people, I'm going to be a doctor; almost everyone said wow. Could you be mine? I don't have one."

When asked about the importances of the rural pathway at the Cape Breton Medical campus, she said "I think 30 new doctors, with a return of service, so they have to come back (is a good thing). Not

that I wanted to leave anyway. I think it's a big step, and that's just four years from now. We'll have 30 more doctors, every year after that, it's the same."

Ethan Ring is another student going into medicine at the Cape Breton Campus.

When asked why he wanted to get involved in medicine he said, "Well, I suppose it goes back to high school, really. I've always had this aspiration to pursue medicine. My choice to come to Sydney was driven by my desire to go into family medicine. I recently discovered that I really love engaging with the public in meaningful ways."

When asked about the rural pathway at the Cape Breton campus, Ring said "I really think that this is just very inspiring for anybody that's looking to become a local physician or looking to stay in, Nova Scotia and practice health care, especially those who are considering practicing medicine right now."

Dalhousie's main medical campus in Halifax also has students from the South Shore. These students do not have the same family medicine restrictions and rural practice priorities that the Cape Breton campus has.

Here, there are another two students from the South Shore, including Sara Greenough.

"Early on in life, I was really interested in medicine because of the science of it all and how you had to have such a high degree of knowledge in so many things to understand the human body, and all of its intricacies.

"But ultimately, I decided to pursue medicine because of its humanity. I had the opportunity to

work with patients as a first aider and I just loved the connection you created with people. To not only treat their injuries, but to listen and understand their story, as well as be a shoulder for them to lean on some of their worst days."

She adds, "Right now, I'm really considering emergency medicine for my residency. Growing up on the South Shore, I've seen firsthand the dire need of emergency medicine physicians, as our emergency rooms are frequently closed due to a lack of staffing, creating strain on the available resources and confusion for the public of where they can assess care."

Caylee MacDonald is also a student from the South Shore at Dalhousie's Halifax campus. "I chose medicine because it brings together my interest in science and my drive to help others in a meaningful way, especially in local communities."

"Right now, I am interested in family medicine, but I am going in with an open mind and am excited to explore all specialties. I hope to practice in a rural Nova Scotian community, perhaps on the South Shore!"

The staff of the South Shore Bulletin want to wish these students the best in their studies and look forward to seeing their success and practices across communities in the province.

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LIFESTYLES

SHAID's new foster-based dog program already changing lives

ASHLEY KIPPERS

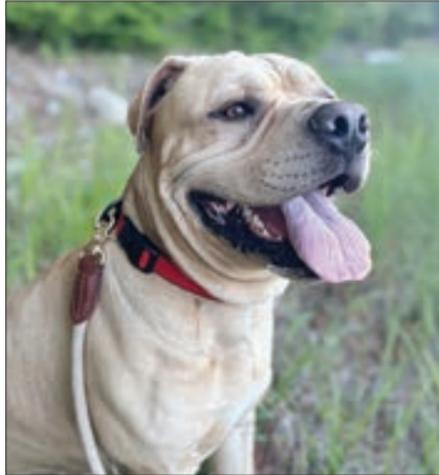
SHAID Tree Animal Shelter General Manager

SHAID Tree Animal Shelter is proud to announce an exciting new chapter in its mission to support animal welfare in Lunenburg and Queens Counties: the launch of a fully foster-based dog program.

Instead of housing dogs in the shelter's limited dog facilities, which were originally designed with cats in mind, SHAID is now placing dogs directly into loving foster homes. This shift removes space limitations, reduces stress for dogs, and allows the shelter to help more canines than ever before.

The benefits of this approach are significant:

- Dogs experience **less stress** compared to a kennel environment.
- Foster homes allow for **more ac-**



Lux, a sweet six-year-old American Pitbull Terrier mix.

curate behaviour assessments in a real-life setting.

- Dogs receive **greater socialization, training, and individualized care.**

• Health outcomes improve, with less exposure to illness.

• Transitions into adoptive homes are smoother and more successful.

Each foster family is fully supported by SHAID with supplies, veterinary care, and access to local training resources. Applications and home visits ensure that foster placements are safe and well-matched for both the dogs and the families.

The impact of this new model is already clear. Lux, a sweet six-year-old American Pitbull Terrier mix, recently became one of the first success stories of the foster-based program. Lux found comfort and stability in his foster home, where his gentle personality and affectionate nature could shine outside of a shelter environment. Thanks to the program, Lux was matched with a loving adopter

and now enjoys life in an amazing forever home.

Stories like Lux's highlight why fostering matters. Foster homes not only save lives, but they also give dogs the second chance they deserve, helping them become the best version of themselves before meeting their permanent families.

As the program grows, SHAID hopes to build a strong network of fosters across the region. Those interested in opening their homes and hearts to a dog in need can learn more and apply at www.shaidanimalshelter.com.

By shifting to a foster-based model, SHAID is creating a more humane, flexible, and responsive way to care for dogs; one that benefits the animals, their future families, and the entire community.

Expanding happiness

SUSANNE BECK

Reality Check

Picture an image of everything that brings happiness to you. All the people, the places, the things, even the values and ideas; everything that brings you joy.

Is your picture huge? Does it contain a wide selection of satisfying things? Or is it small, with only a limited number of cherished entities?

Dr. Andrew Huberman has made a statement that contrasts addiction and happiness. As I have no interest in discussing addiction, I'll just quote the part about happiness. Huberman says, "Happiness is a progressive expansion of the things that bring you pleasure." He goes on to say that this takes work.

Oh dear. It's as if work is always re-

quired, even when we're talking about happiness.

Now let's think about the changes that picture may have gone through over the years. Is your picture larger now than it used to be, full of new things that bring you joy, in addition to long-standing ones? Or has the picture narrowed, with relatively few things that get you charged up with happiness?

The implication from Huberman's comment is that if we choose to expand the variety of things that bring us joy, we'll be happier than if we keep it narrow and limited.

By now you may be wondering: but isn't that automatic? For example, I don't consciously choose to have chocolate cheesecake as a happiness-producing picture, it just ended up as one after that first bite! I don't control that.

Yet, we do have some control. Instead of seeing regular events as mundane, look for the joy in them. We don't have to wait for the perfect situation to bring us joy. During her terminal illness, my friend derived great joy from the cardinal that often sang outside her window. We experience many circumstances that are far from perfect, yet they can still contain elements of beauty, truth, warmth, caring, even comedy.

It's important to distinguish between what we see as necessary to our happiness, versus what we interpret as bringing us happiness. My reading of Huberman's comment is that we can increase happiness by expanding what brings us happiness. This, of course, is not the same as suggesting that we expand what we believe we need to be happy.

A parting thought about the word

"happiness." I sometimes use the terms "satisfaction" or "in control" rather than happiness as I recognize that some people perceive the idea of increasing one's personal happiness as selfish or distasteful. Perhaps your objection goes along the lines of, "How can one be happy when there is so much misery in the world?" That perception is, of course, your choice; I can understand the perspective.

If that's you, here's another thought to ponder. When are you most effective at creating positive changes for others (and for yourself)? Think of actual actions, not thoughts or feelings. Do you take more positive action when you are reasonably satisfied and generally in control of your own life? Or not?

Continued on page 15



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THE MUNICIPALITY OF CHESTER

NOTICE OF PUBLIC HEARING

In the matter of the Municipal Government Act and the Municipality of the District of Chester

TAKE NOTICE THAT on Thursday, July 31, 2025, Chester Municipal Council provided intention to enter into an Amending Development Agreement with Bear Lake Wind Farm Ltd. And Atlantic Star Forestry Ltd to permit the development of one wind turbine with combined maximum generating capacity of eight and one half (8.5) megawatts and maximum height of 215 metres at PID 60408820, Highway 14 (north of Sherwood).

A **PUBLIC HEARING** will be held on **Thursday, September 11, 2025 at 8:45 a.m.** and is being held in Municipal Council Chambers (151 King Street, Chester).

Residents can give their opinions at the Public Hearing by speaking in person or sending written comments to: Pamela Myra, Municipal Clerk, 151 King Street, PO Box 369, Chester, NS B0J 1J0 or pmyra@chester.ca.

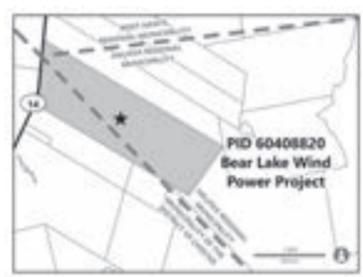
Comments must be received before 4:30 p.m. on Thursday, September 4th, 2025.

Council may vote to approve or reject the proposed Development Agreement at the Council Meeting which will follow the conclusion of the Public Hearing.

Copies of the proposed changes are available by contacting the Community Development Department, located at 186 Central Street, Chester.

Call us!
902-275-2599

Email us!
planning@chester.ca



LIFESTYLES

You snooze, you lose

JAMES HIRTLE
Bird Notes

Well, as the title suggests I literally did snooze and thus lost out on seeing a lot of birds.

I had planned on making a trip to Cape Sable Island Aug. 31 but bailed as I was feeling quite tired and therefore slept for a few hours instead of going. Mark Dennis on that day had 46 species pass through his yard in Clam Point including a Swainson's Thrush and other good species. Birds that I wanted to see like American oystercatchers and a Wilson's phalarope were also seen on that day. So, I set off on Sept. 1 for Cape Sable Island. Birding was very quiet on the island. I did see lots of shorebirds, but there was no sign of the American oystercatchers, nor of the Wilson's phalarope. In fact, I saw no warblers and under 20 species of birds while on the island.

My first warbler for the day was a yellow warbler, which was still alive but in the talons of a merlin at Bacarro. I did come across a nice grouping of migrants at West Bacarro, where I got to see several other warbler species including my first blackpoll warbler and Cape May warbler for the year.

Port Clyde was my other great birding location, where I had 23 species including several warbler species, two eastern kingbirds and two female American wigeons. I ended the day with 49 species of birds.

The end of August and into early September has been great for migrants and especially warblers. On Aug. 26 I birded Shore Drive in Blue Rocks, Second Peninsula, Hebbville to Petite Riviere and Crescent Beach.



A common yellowthroat at West Bacarro Sept. 1.

I had 39 species for the day and started to see warblers moving through. On Aug. 28 I spotted 43 species of birds. Barbara McLean accompanied me on that day and we hit a nice group of migrants at Shoreline Drive in Blue Rocks.

For warblers, we had yellow-rumped warblers, common yellowthroat, magnolia warbler, yellow warbler, black and white warbler, northern parula and palm warbler. We had five red-eyed vireos, a northern cardinal, a gray catbird and other species. We also found two solitary sandpipers at that location.

On Aug. 31 I had a nice grouping of migrants at Cherry Hill with common yellowthroats, Palm warblers, yellow-rumped warblers and northern parulas. A blue-headed vireo was a nice edition as well.

Eric Mills discovered a stilt sandpiper at the Back Oler Farm Marsh in Garden Lots. Nick von Maltzahn sighted 40 common nighthawks in Petite Riviere. On Sept. 1, Barbara McLean visited Shoreline Drive in Blue Rocks and saw a solitary sandpiper, seven semi-palmated plovers, and a ruddy turnstone.



A ruby throated hummingbird caught on camera in LaHave on Sept. 3.

On Sept. 2 I saw 40 species locally. There was a nice grouping of migrants at the entrance to Conrad's Island in Rose Bay. I had 31 species of birds as I walked out the causeway and to Sand Dollar Beach. There were lots of warblers with a nice grouping of them at Harbour View Cemetery and I found two female American Wigeons at Kingsburg Pond. Another group of migrants were at Kingsburg. Stephen Brooks found a red knot at Crescent Beach. I've been looking for this species to arrive there.

Christopher Clute a visiting birder from Ontario, while in Chester related the following: "While walking the dog I found a secondary flight feather on the side of the road with a brown barring pattern.

Continued on page 15

Would you want to work for you?

STEPHANIE MILLER VINCENT
Business Moments

Leaders love to ask questions of their employees. "How are you doing?"

"Are you on track with that project?"

"What do you need from me?"

But there's one question too many leaders avoid asking, because the answer might sting:

Would you want to work for you?

It's a simple but powerful gut check. If the answer is yes, then you're leading with clarity, empathy, and impact. If the answer is no, or even a hesitant maybe, it's a signal that something in your leadership approach needs attention.

Here's the hard truth: employees rarely leave jobs; they leave managers. The number one reason people walk away from good pay, benefits, and even work they love is because they don't feel seen, supported, or respected by the person leading them. That's not just a people problem; it's a business problem. Turnover drains profit, hurts service, and damages reputation.

The good news? Leadership isn't fixed. It can be learned, practiced, and refined. Asking "Would you want to work for you?" forces us to reflect on whether we're creating the kind of workplace we'd be proud to step into every day.

So where do you start? Here are three small but

powerful ways to build meaningful connection with your team:

1. Personal check-ins, not just performance check-ins. Take two minutes to ask about their family, weekend, or interests. These micro-moments show you see them as human beings, not names on a schedule, not just employees.

2. Invite their voice into decisions. Even small things, like asking input on a process change, help people feel heard and valued. When employees contribute, they commit.

3. Celebrate progress, not just outcomes. Don't wait for the big wins. Recognize effort along the way. A sincere "I noticed the extra care you took" goes further than you think.

Continued on page 15

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Not intended to solicit anyone currently under contract.

D8752

Jim Jams

If you're like me, this time of the year you have a fresh batch of homemade jams in your pantry and feel a little daunted by how much toast and jam is in your future. I like to find creative ways to incorporate my jams into recipes, and this traditional jim jam recipe provides the perfect pairing for my favourite jams.

INGREDIENTS

- 1 cup white sugar
- 2/3 cup shortening
- 1/4 cup molasses
- 1 egg
- 1 tsp vanilla
- 2 tsp soda which has been dissolved in 1/4 cup hot water
- 2 1/2 cup flour
- 1/2 tsp salt
- 1 tsp cinnamon

PREPARATION

1. Preheat oven to 350 degrees.
2. Mix together sugar, shortening, molasses, egg, vanilla and soda water.
3. Sift dry together flour, salt, and cinnamon.
4. Add the sifted dry ingredients into the main mixture above.
5. Chill until easy to handle (about an hour).
6. Roll into balls, flatten slightly. Optional: cut centres out of 1/2 of the cookies (these will be the tops of the jim jams and cutting the holes will allow jam to come up through).
7. Bake for 10 minutes. Do not overbake!
8. Put together with jam of your choice while still warm.

**Have a recipe you'd like to share?
Send it in!**

info@southshorebulletin
106-129 Aberdeen Rd,
Bridgewater, NS B4V 2S7

PUZZLES & MORE

The Weekly Crossword

by Margie E. Burke

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
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53			54					55				56	57	58
59						60	61							
62						63				64				
65						66				67				

ACROSS

- 1 Carb or fat unit
- 5 "Gilligan's Island" actor
- 9 Reduce drastically
- 14 Glorified gofer
- 15 German auto
- 16 Suggest
- 17 Spa feature
- 19 Rubbernecked
- 20 Putting in a corral
- 21 Medal giver
- 23 Self-doubting
- 25 Ike's WWII command
- 26 Swiss capital
- 29 Irregular
- 31 Leaped forward
- 33 VA time zone
- 34 Shaver's bane
- 37 Snowman in "Frozen"
- 38 Muse of love poetry
- 40 Kind of package
- 41 Andean land
- 42 Do lacework
- 43 Tear gas target
- 45 Splits in two
- 48 Like some lingerie
- 49 Shade of blonde
- 51 Heartbeat phase
- 53 Attacking, as the fridge
- 55 Middle bit of a Venn diagram
- 59 Some downloads
- 60 Uncomfortable
- 62 Group of eight
- 63 Yuletide song
- 64 TV's Nick at ____
- 65 Musical intervals
- 66 Bulgy biceps, slangily
- 67 Sink pipe

DOWN

- 1 Struggle for air
- 2 Confirmation, for one
- 3 Yemeni city
- 4 Having significance
- 5 Trumpet and trombone
- 6 Highest point
- 7 DiCaprio, to fans
- 8 Chicago suburb
- 9 Document seal
- 10 ROFL relative
- 11 Increase in value
- 12 Cold shower?
- 13 Prefix with plane or electric
- 18 Chop finely
- 22 Loud speaker
- 24 Fashions
- 26 Broadway disaster
- 27 ____ of thumb
- 28 Opponents of government
- 30 Hard to follow
- 32 Keep in custody
- 35 Canadian tribe
- 36 "An Affair to Remember" co-star
- 39 Wreaking havoc upon
- 44 Speck in the sea
- 46 Official orders
- 47 Hot, as in goods
- 49 Jousting gear
- 50 Lasagna layer
- 52 Track shapes
- 54 Paleo, for one
- 56 Animal shelter
- 57 Dog in "The Thin Man"
- 58 Chick's chirp
- 61 Rawls or Reed

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Sudoku

	5					9	1	
	7					3		
1			4				7	
2			1					
4				7				
9						1	6	
5			8	3				
	9				7		8	
		6		9				2

Level: Intermediate

SCHOOL YEAR WORD SEARCH

H	A	I	B	W	K	E	P	N	K	C	B	T	N	W	X	M	K	R	G
B	K	H	L	M	T	M	G	R	K	Y	G	X	H	I	P	R	K	P	C
R	Y	X	X	O	U	E	U	O	C	B	A	I	D	I	O	P	M	T	T
T	B	R	U	O	E	S	X	P	E	A	T	P	G	W	P	A	P	R	X
A	A	I	E	R	C	L	L	T	E	E	E	D	E	G	R	K	R	E	Y
R	E	C	E	S	S	R	S	O	B	H	O	M	B	K	Y	E	I	L	S
H	D	H	S	S	N	K	E	O	H	O	O	H	E	P	X	C	N	U	K
N	I	W	A	A	R	Y	A	S	D	H	O	R	Y	A	O	M	C	R	R
R	S	G	M	L	Y	R	G	R	A	D	E	K	M	O	Y	M	I	H	D
O	N	S	H	C	D	X	A	R	N	O	T	E	B	O	O	K	P	R	E
T	O	P	X	L	H	Y	A	S	R	O	T	A	L	U	C	L	A	C	H
E	S	H	W	L	I	A	H	C	C	E	N	O	I	S	L	O	L	R	G
A	S	O	A	I	W	G	I	Y	H	H	E	A	T	M	B	I	K	X	I
C	E	T	D	Y	S	S	H	R	W	C	E	U	E	K	O	C	A	A	E
H	L	S	N	M	D	G	W	T	H	U	D	D	C	Y	A	K	D	H	R
E	D	Y	H	N	T	K	N	A	E	E	E	A	U	P	T	X	A	M	M
R	K	R	X	O	D	P	L	G	N	R	L	I	K	L	E	D	R	D	B
Y	O	P	D	X	I	K	P	T	L	B	M	C	E	I	E	S	D	Y	L
P	T	N	E	M	N	G	I	S	S	A	A	Y	R	A	R	B	I	L	L
U	Y	D	E	S	K	S	M	G	D	B	U	G	B	U	W	W	I	U	U

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

- | | | | |
|------------|-------------|-----------|------------|
| ASSIGNMENT | CLASSROOM | LESSON | RULER |
| BACKPACK | DESK | LIBRARY | SCHEDULE |
| BLACKBOARD | EXAM | MARKER | STUDENT |
| CALCULATOR | GRADE | NOTEBOOK | TEACHER |
| CHAIR | HIGHLIGHTER | PRINCIPAL | TEXTBOOK |
| CHALK | HOMEWORK | RECESS | WHITEBOARD |

Puzzles & More Answers

Crossword Solution

P	A	P	T	R	I	N	G	A	S	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S
S	L	A	V	E	R	I	N	G	A	S	S	R	E	S	T	R	E	C	E	S

Sudoku

7	8	6	9	1	4	3	2	
3	9	2	4	7	5	8	1	
5	4	1	6	8	3	2	7	
9	3	7	2	5	4	1	6	
8	6	5	1	8	9	7	2	
1	2	9	4	6	3	8	7	
8	7	4	5	1	6	9	3	
6	5	3	7	2	8	9	1	

WEDNESDAY EVENING SEPTEMBER 10. Grid of TV programs from 6:30 to 11:30 PM across various channels.

DON'T FORGET Support your local food banks! This message brought to you by southshorebulletin.ca your local newspaper. Includes images of food cans.

What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide grid showing program availability for channels A through E across various time slots.

THURSDAY EVENING SEPTEMBER 11. Grid of TV programs from 6:30 to 11:30 PM across various channels.

FRIDAY EVENING SEPTEMBER 12. Grid of TV programs from 6:30 to 11:30 PM across various channels.

WEEKDAY DAYTIME SEPTEMBER 10 TO SEPTEMBER 16. Large grid of TV programs from 7:30 AM to 6:00 PM across various channels.

SATURDAY DAYTIME SEPTMBER 13. Table with 20 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME SEPTMBER 14. Table with 20 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING SEPTMBER 13. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING SEPTMBER 14. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

MOVIES

WEDNESDAY, SEPTEMBER 10

EVENING

9:00 **[CH]** **"The Kite Runner"** (Drama,2007) *Khalid Abdalla, Homayoun Ershadi.* An Afghan native returns to his Taliban-controlled homeland to find his murdered friend's son. (14+)

[WTV] **"Instant Family"** (Comedy Drama,2018) *Mark Wahlberg, Rose Byrne.* A couple learn the joys and frustrations of parenthood when they decide to adopt three siblings. (G)

3:00 **[WTV]** **"Instant Family"** (Comedy Drama,2018) *Mark Wahlberg, Rose Byrne.* A couple learn the joys and frustrations of parenthood when they decide to adopt three siblings. (G)

THURSDAY, SEPTEMBER 11

LATE NIGHT

12:00 **[TBS]** **"Tommy Boy"** (Comedy,1995) *Chris Farley, David Spade.* A ne'er-do-well auto-parts heir must stop his father's widow from selling the business. (G)

1:00 **[VIS]** **"The Wings of the Dove"** (Drama,1997) *Helena Bonham Carter, Linus Roache.* A Briton (Helena Bonham Carter) schemes to raise her beau's (Linus Roache) social standing. (14+)

2:00 **[TBS]** **"Black Sheep"** (Comedy,1996) *Chris Farley, David Spade.* Aide (David Spade) shepherds politician's (Tim Matheson) uncouth brother (Chris Farley). (G)

FRIDAY, SEPTEMBER 12

EVENING

8:00 **[ATV]** **"Godzilla vs. Kong"** (Sci-Fi,2021) *Alexander Skarsgård, Millie Bobby Brown.* Fearsome monsters Godzilla and Kong square off in an epic battle for the ages. (G)

[FAM] **"Charlotte's Web"** (Children,2006) *Voices of Julia Roberts, Dakota Fanning.* A friendly spider (Julia Roberts) spins a clever plan to save a young pig from the butcher's block. (G)

9:00 **[WTV]** **"Love in the Maldives"** (Romance,2023) *Jocelyn Hudon, Jake Manley.* A writer for a monthly travel column finds love at the world's most romantic vacation destination. (G)

[TBS] **"Meg 2: The Trench"** (Sci-Fi,2023) *Jason Statham, Wu Jing.* Members of a deep-dive research team fight for their lives against colossal, prehistoric sharks. (G)

10:00 **[APTIN]** **"Frybread Face and Me"** (Drama,2023) *Keir Tallman, Charley Hogan.* A Navajo boy from San Diego spends summer vacation with his relatives on the reservation.

11:00 **[WTV]** **"Falling in Love in Niagara"** (Romance,2024) *Jocelyn Hudon, Dan Jeannotte.* Dumped by her fiancé, Madeline finds new love when she goes on her honeymoon by herself. (G)

[FAM] **"Charlotte's Web"** (Children,2006) *Voices of Julia Roberts, Dakota Fanning.* A friendly spider (Julia Roberts) spins a clever plan to save a young pig from the butcher's block. (G)

11:25 **[SHOW]** **"Lara Croft: Tomb Raider"** (Adventure,2001) *Angelina Jolie, Jon Voight.* A globe-trotter (Angelina Jolie) battles otherworldly creatures for an artifact. (G)

11:30 **[TBS]** **"Godzilla vs. Kong"** (Sci-Fi,2021) *Alexander Skarsgård, Millie Bobby Brown.* Fearsome monsters Godzilla and Kong square off in an epic battle for the ages. (G)

1:00 **[WTV]** **"Love on the Right Course"** (Romance,2024) *Ashley Newbrough, Marcus Rosner.* A professional golfer rediscovers herself and finds love when she returns home to Budapest. (G)

[VIS] **"Persuasion"** (Romance,1995) *Amanda Root, Ciarán Hinds.* Woman (Amanda Root) reacquainted with love of her life (Ciarán Hinds). (G)

[APTIN] **"Frybread Face and Me"** (Drama,2023) *Keir Tallman, Charley Hogan.* A Navajo boy from San Diego spends summer vacation with his relatives on the reservation.

1:45 **[TBS]** **"Pacific Rim Uprising"** (Sci-Fi,2018) *John Boyega, Scott Eastwood.* A new generation of pilots unite to battle otherworldly monsters that want to destroy humanity. (G)

1:55 **[SHOW]** **"Lara Croft Tomb Raider: The Cradle of Life"** (Adventure,2003) *Angelina Jolie, Gerard Butler.* A globe-trotter (Angelina Jolie) battles a scientist (Ciarán Hinds) for Pandora's box. (G)

SATURDAY, SEPTEMBER 13

EVENING

6:15 **[STAR]** **"Cry Macho"** (Drama,2021) *Clint Eastwood, Eduardo Minetti.* A former rodeo star develops a bond with his ex-boss' son while traveling from Mexico to Texas. (G)

6:30 **[TBS]** **"Meg 2: The Trench"** (Sci-Fi,2023) *Jason Statham, Wu Jing.* Members of a deep-dive research team fight for their lives against colossal, prehistoric sharks. (G)

7:00 **[WTV]** **"Falling for Look Lodge"** (Romance,2020) *Clark Backo, Jonathan Keltz.* Romance blossoms between a woman and a hotel guest as she helps him plan his sister's wedding. (G)

7:15 **[CTVSCI-FI]** **"The Bourne Legacy"** (Action,2012) *Jeremy Renner, Rachel Weisz.* A specially enhanced government agent (Jeremy Renner) goes on the run when his life may be forfeit. (14+)

7:30 **[SHOW]** **"Lara Croft: Tomb Raider"** (Adventure,2001) *Angelina Jolie, Jon Voight.* A globe-trotter (Angelina Jolie) battles otherworldly creatures for an artifact. (G)

8:00 **[SLICE]** **"The Hunger Games: Catching Fire"** (Sci-Fi,2013) *Jennifer Lawrence, Josh Hutcherson.* As rebellion simmers, a cruel change in the Hunger Games may change Panem forever. (G)

[FAM] **"Jimmy Neutron: Boy Genius"** (Animated,2001) *Voices of Megan Cavanagh, Mark DeCarlo.* A child (Debi Derryberry) tries to rescue adults from aliens. (G)

8:30 **[STAR]** **"Hell or High Water"** (Thriller,2016) *Jeff Bridges, Chris Pine.* A Texas Ranger pursues two brothers who steal from the same bank that's about to seize their land. (14+)

9:00 **[ASN]** **"Harry Potter and the Sorcerer's Stone"** (Children,2001) *Daniel Radcliffe, Rupert Grint.* Harry Potter discovers that he is a wizard after he is invited to study at Hogwarts. (G)

[WTV] **"The Groomsman Second Chances"** (Romance,2024) *Jonathan Bennett, B.J. Britt.* Danny finds the courage to admit his romantic feelings for his best friend.

[TBS] **"Jurassic Park"** (Adventure,1993) *Sam Neill, Laura Dern.* Scientists (Sam Neill, Laura Dern, Jeff Goldblum) visit a park of DNA-regenerated dinosaurs. (G)

10:00 **[CBC]** **"Sin La Habana"** (Drama,2020) *Yonah Acosta, Aki Yaghoubi.* At the urging of his girlfriend, a ballet dancer seduces a divorcee to secure passage out of Cuba.

[CH] **"Event Horizon"** (Sci-Fi,1997) *Laurence Fishburne, Sam Neill.* A spaceship missing for seven years finally re-emerges and sends out a distress signal. (18+)

[SHOW] **"Lara Croft Tomb Raider: The Cradle of Life"** (Adventure,2003) *Angelina Jolie, Gerard Butler.* A globe-trotter (Angelina Jolie) battles a scientist (Ciarán Hinds) for Pandora's box. (G)

[CTVSCI-FI] **"Mission: Impossible -- Ghost Protocol"** (Action,2011) *Tom Cruise, Jeremy Renner.* After the IMF is shut down, Ethan Hunt and his team must clear the organization of wrongdoing. (13+)

[APTIN] **"2 Guns"** (Action,2013) *Denzel Washington, Mark Wahlberg.* Undercover agents from competing bureaus go on the run together after an assignment goes haywire. (14+)

10:30 **[STAR]** **"City Slickers"** (Comedy,1991) *Billy Crystal, Daniel Stern.* Three vacationing men (Billy Crystal, Daniel Stern, Bruno Kirby) go on a dude-ranch cattle drive. (G)

11:00 **[SLICE]** **"The Hunger Games"** (Sci-Fi,2012) *Jennifer Lawrence, Josh Hutcherson.* In a place once known as North America, youths fight to the death in a nationally televised contest. (14+)

[WTV] **"The Real West"** (Romance,2024) *Kimberley Sustad, Lucas Bryant.* A family vacation to a working Ranch introduces Professor Rebecca to Jake West.

[FAM] **"Jimmy Neutron: Boy Genius"** (Animated,2001) *Voices of Megan Cavanagh, Mark DeCarlo.* A child (Debi Derryberry) tries to rescue adults from aliens. (G)

11:45 **[TBS]** **"Rampage"** (Action,2018) *Dwayne Johnson, Naomie Harris.* Three gigantic, mutated beasts embark on a path of destruction when a genetic experiment goes wrong. (14+)

12:30 **[CBC]** **"Jean of the Joneses"** (Comedy,2016) *Sherri Shepherd, Taylour Paige.* Chaos ensues after the estranged patriarch of the Jones family dies on the doorstep. (14+)

[SHOW] **"Indiana Jones and the Last Crusade"** (Adventure,1989) *Harrison Ford, Sean Connery.* Jones (Harrison Ford) and his father (Sean Connery) race Nazis to the Holy Grail. (G)

1:00 **[WTV]** **"The Irresistible Blueberry Farm"** (Drama,2016) *Alison Sweeney, Marc Blucas.* A woman tries to fulfill her grandmother's dying wish by delivering a strange letter. (G)

[CTVSCI-FI] **"Mission: Impossible Rogue Nation"** (Action,2015) *Tom Cruise, Jeremy Renner.* Ethan Hunt and his team square off against an organization bent on creating a new world order. (13+)

[STAR] **"City Slickers II: The Legend of Curly's Gold"** (Comedy,1994) *Billy Crystal, Daniel Stern.* Three grown men (Billy Crystal, Daniel Stern, Jon Lovitz) hunt for treasure near Las Vegas. (G)

[APTIN] **"2 Guns"** (Action,2013) *Denzel Washington, Mark Wahlberg.* Undercover agents from competing bureaus go on the run together after an assignment goes haywire. (14+)

2:00 **[SLICE]** **"The Hunger Games: Catching Fire"** (Sci-Fi,2013) *Jennifer Lawrence, Josh Hutcherson.* As rebellion simmers, a cruel change in the Hunger Games may change Panem forever. (G)

[TBS] **"Jurassic Park"** (Adventure,1993) *Sam Neill, Laura Dern.* Scientists (Sam Neill, Laura Dern, Jeff Goldblum) visit a park of DNA-regenerated dinosaurs. (G)

2:30 **[CBC]** **"Percy"** (Drama,2020) *Christopher Walken, Christina Ricci.* Third-generation farmer Percy Schmeiser fights a monumental legal battle against a corporate giant. (G)

SUNDAY, SEPTEMBER 14

EVENING

6:00 **[CTVSCI-FI]** **"Avengers: Age of Ultron"** (Action,2015) *Robert Downey, Chris Hemsworth.* Things go awry when Tony Stark tries to jumpstart a dormant peacekeeping program. (G)

7:00 **[WTV]** **"The Groomsman Second Chances"** (Romance,2024) *Jonathan Bennett, B.J. Britt.* Danny finds the courage to admit his romantic feelings for his best friend.

[SHOW] **"Indiana Jones and the Last Crusade"** (Adventure,1989) *Harrison Ford, Sean Connery.* Jones (Harrison Ford) and his father (Sean Connery) race Nazis to the Holy Grail. (G)

8:00 **[SLICE]** **"The Hunger Games: Mockingjay, Part 2"** (Sci-Fi,2015) *Jennifer Lawrence, Josh Hutcherson.* Katniss and friends embark on a mission to assassinate President Snow and liberate war-torn Panem. (G)

[FAM] **"Cloudy With a Chance of Meatballs 2"** (Animated,2013) *Voices of Bill Hader, Anna Faris.* Flint Lockwood learns that his most-famous invention is now creating animal/vegetable hybrids. (G)

9:30 **[ABC]** **"Jungle Cruise"** (Adventure,2021) *Dwayne Johnson, Emily Blunt.* A skipper guides a researcher down the Amazon to find a tree that has the power to heal. (G)

10:00 **[SHOW]** **"Indiana Jones and the Kingdom of the Crystal Skull"** (Adventure,2008) *Harrison Ford, Cate Blanchett.* Indy (Harrison Ford) and a deadly Soviet agent vie for possession of a powerful artifact. (G)

[APTIN] **"Shooter"** (Action,2007) *Mark Wahlberg, Michael Peña.* A wounded sniper (Mark Wahlberg) plots revenge against those who betrayed him. (14+)

11:00 **[SLICE]** **"The Hunger Games: Mockingjay, Part 1"** (Sci-Fi,2014) *Jennifer Lawrence, Josh Hutcherson.* Katniss finds herself in District 13, fighting to save Peeta and a nation moved by her courage. (G)

[WTV] **"Yours, Mine & Ours"** (Children,2005) *Dennis Quaid, Rene Russo.* The marriage of two widowed parents creates one large family. (G)

[FAM] **"Cloudy With a Chance of Meatballs 2"** (Animated,2013) *Voices of Bill Hader, Anna Faris.* Flint Lockwood learns that his most-famous invention is now creating animal/vegetable hybrids. (G)

12:30 **[CTVSCI-FI]** **"Bumblebee"** (Action,2018) *Hailee Steinfeld, John Cena.* A teen revives Bumblebee the Autobot after finding him in a junkyard in a small beach town in 1987. (G)

1:00 **[WTV]** **"The Birthday Wish"** (Romance,2017) *Jessy Schram, Luke MacFarlane.* When her boyfriend fails to propose, a woman makes a powerful birthday wish. (G)

[SHOW] **"Lara Croft: Tomb Raider"** (Adventure,2001) *Angelina Jolie, Jon Voight.* A globe-trotter (Angelina Jolie) battles otherworldly creatures for an artifact. (G)

[TBS] **"Wonder Woman 1984"** (Action,2020) *Gal Gadot, Chris Pine.* Wonder Woman battles the Cheetah, a villainess who possesses superhuman strength and agility. (G)

[APTIN] **"Shooter"** (Action, 2007) *Mark Wahlberg, Michael Peña.* A wounded sniper (Mark Wahlberg) plots revenge against those who betrayed him. (14+)

1:30 **[GLOBAL]** **"The Killer Downstairs"** (Thriller,2019) *Cindy Busby, Marcus Rosner.* A woman finds herself in a fight for her life when a renter becomes obsessed with her. (13+)

2:00 **[SLICE]** **"The Hunger Games: Mockingjay, Part 2"** (Sci-Fi,2015) *Jennifer Lawrence, Josh Hutcherson.* Katniss and friends embark on a mission to assassinate President Snow and liberate war-torn Panem. (G)

MONDAY, SEPTEMBER 15

EVENING

8:00 **[FAM]** **"Life With Luca"** (Family,2023) *Michael Seater, Ashley Leggat.* Two teenage cousins clash when their parents reunite during a family visit.

10:00 **[SHOW]** **"Downsizing"** (Sci-Fi,2017) *Matt Damon, Christoph Waltz.* A therapist joins a community of miniaturized people after undergoing a process to shrink himself. (14+)

11:00 **[FAM]** **"Life With Luca"** (Family,2023) *Michael Seater, Ashley Leggat.* Two teenage cousins clash when their parents reunite during a family visit.

1:00 **[VIS]** **"The Man Upstairs"** (Drama,1959) *Richard Attenborough, Bernard Lee.* An unstable man becomes suicidal after a friend's death.

TUESDAY, SEPTEMBER 16

EVENING

10:00 **[WTV]** **"Whiskey Tango Foxtrot"** (War,2016) *Tina Fey, Margot Robbie.* Cable news producer Kim Barker shakes up her routine by covering the war in Afghanistan. (14+)

1:00 **[VIS]** **"Love the Coopers"** (Comedy Drama,2015) *Alan Arkin, John Goodman.* Four generations of extended family gather for an annual Christmas Eve celebration. (G)

MONDAY EVENING												SEPTEMBER 15																																																																																																																																																																																																																																															
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EMPLOYMENT

Luczak & Associates in Lunenburg is looking for a legal assistant/paralegal with minimum 2 years' experience in family law. Salary is \$24 per hour (42.5-hour work week) plus employer paid health benefits, RRSP matching plan and generous paid leave policy. This is a permanent, in office position. If interested, please send cover letter and resume to Piotr Luczak at piotr@luczaklaw.ca.

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SUPPERS

Join us for our Old-Fashioned Supper being held at the Riverport Community Centre on Sunday, September 21, 2025, from 4:00 to 6:00 pm. Ham, beans, scalloped potatoes or Lunenburg Sausage, hot slaw, and scalloped potatoes. All-you-can-eat cake. \$20 adults, 12 and under \$10. For take-out call 1 p.m. to 4 p.m. on the day. 902-766-4214.

FIREWOOD

Top quality firewood, cut, split and delivered. 100% hardwood. Phone 902-543-6150.

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Antiques Wanted. Settling an Estate, downsizing, have some older items you want to sell? Call me, I will buy 1 item or complete house lot. Judy Rhodenizer: 902-543-5194 or 902-521-2411.

BREAKFASTS

Dayspring and District Firefighter's Breakfast. Saturday, September 13, 7:30 to 11 a.m. Usual menu. Adults: \$12; children 6-12: \$6; under 5 free. Take-out available.

NEED A DISPLAY AD?
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RELIGION DIRECTORY

Anglican PARISHES OF PETITE RIVIERE & NEW DUBLIN

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Sunday September 14th
Thirteenth Sunday after Trinity – Rev. Oliver Osmond
9:00am St. Marys Crousetown
Holy Communion
11:00am St. Johns West Dublin
Holy Communion

"O worship the Lord in the beauty of holiness"

A Place Where Everyone Belongs

BRIDGEWATER UNITED CHURCH
87 Hillcrest Street info@bridgewaterunited.ca (902) 543-4833

Reverend Kim Curlett; Minister of Worship and Small Group Ministry
Reverend Neil McEwen; Minister of Pastoral Care and Outreach Ministry
A Collaborative Ministry with West Side United Church; Pentz

10:30am Worship and Fellowship
10:45am Sunday School (Ages 3-18)
For Pastoral Care Concerns, please phone (902) 543-6854
Deep Spirituality, Bold Discipleship, Daring Justice
www.bridgewaterunited.ca

St. James Anglican Church
in Conquerall Mills

Worship services are the second Sunday of each month, from April to December.

Christmas service is Sunday before the holiday.
Worship starts at 10:30 a.m.

The 10 Commandments

I am the Lord your God, you shall have no other gods but me
You shall not make for yourselves an idol and worship it
You shall not misuse the name of the Lord your God
Remember the Sabbath day by keeping it holy
Honour your father and your mother
You shall not murder
You shall not commit adultery
You shall not steal
You shall not give false testimony
You shall not covet

Pork Roast Supper - Sunday, September 14 - Forties Community Centre, 1787 Forties Road, New Ross. 4 p.m. to 6 p.m. Pork roast supper, pie or cheesecake dessert, tea/coffee. Adults: \$17, Under 12: \$7.50, Under 5: \$3.50 Eat in or Take-Out. Fully accessible facility. For more info call 902-689-2147.

THANKS

We, the family of the late Eric K. Conrad, would like to extend our sincere appreciation for all the cards, flowers, phone calls, emails, charitable donations and to those who attended Eric's celebration of life service. Special thanks to Rev. Vivian Moores for her kind words, as well as Thomas, John and the team at Dana L Sweeny Funeral Home for their thoughtfulness and compassion. Many thanks also to the staff of Ryan Hall for taking such good care of Eric these past few years.

Buying old books, sports card, comics, toys, fishing lures and reels. Pay up to \$10,000. 902-527-3195

MEMORIAMS

JOUDREY - In loving memory of LeRoy, who passed away September 11, 1968. You are thought about always Precious are the memories. You have not been forgotten And you never will be.
Sadly missed by
Linden and family.

BOND: In loving memory of Audrey, who passed away September 13, 1995. God saw you getting tired, When a cure was not meant to be. So, he put his arms around you, And whispered, "come with me."
He knew how much you have been through, And he gave you peace and rest. God's garden must be beautiful, Because he only takes the best.
Greatly missed by husband Walter; sons Bruce and Dexter, and families.

OBITUARIES

Carol Anne Mattea
Age 65, of New Germany. It is with heavy hearts we announce the passing of Carol Mattea on Saturday August 23, 2025, at the South Shore Regional Hospital, NS, after a courageous battle with cancer. She was the beloved partner of David Daniels. Carol is survived by her daughter, Mary; and grandsons, Joshua, Michael and Jacob. She will be greatly missed by her sisters, nieces, nephews, and extended family. She was predeceased by her mother, Palma Mattea and daughter, Teresa (Mattea) Antunes.
Carol was born in Toronto, Ontario, where she lived most of her life until moving to Nova Scotia in 2012, with her partner, David. Her favourite past times were playing bingo, creating beautiful crafts and travelling. She was a big supporter of the Walden Volunteer Fire Department. Carol was a kind, loving person who always had a smile on her face, no matter what challenges she faced.
With respect for Carol's wishes, cremation has taken place and there will be no visitation or service. A private interment was held at the Parkdale Cemetery, NS. Donations in Carol's memory can be made to the Canadian Cancer Society. Arrangements have been entrusted to Sweeny's Funeral Home, New Germany, where online donations and messages of condolence may be made by visiting www.sweenysfuneralhome.com.
Rest in peace our sweet Carol. Forever in our hearts.

DEATHS

Baker, David Whitfield, 84, Bridgewater, died August 31, 2025 at South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

Daniels, George Irving, 72, Bridgewater, died August 24, 2025 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

Drew, Roger Ford, 74, New Germany, died August 20, 2025 at South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, New Germany.

Duffy, Blaine Robert, 77, Elmwood, died August 31, 2025 at South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, New Germany.

Joudrey, Sharon Lee, Blockhouse, died August 3, 2025 at Fishermen's Memorial Hospital, Lunenburg. Arrangements entrusted to Mahone Funeral Home Limited.

Keizer, Pauline Hazel, 95, Centre, died August 26, 2025 at home. Arrangements entrusted to Dana L. Sweeny Funeral Home.

Kirkby, Charles Edward, 90, New Germany, died August 19, 2025 Mahone Bay Nursing Home, Mahone Bay. Arrangements entrusted to Sweeny's Funeral Home, New Germany.

Knickle, Jean Elizabeth Marie (Langille), Fauxburg, died August 25, 2025 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home Limited.

Mattea Carol Anne, 65, New Germany, died August 23, 2025 South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, New Germany.

McGowan, Gordon E. 95, Bridgewater, died August 16, 2025 in Ryan Hall, Bridgewater. Arrangements entrusted to Mahone Funeral Home Limited.

Pettipas, Isaiah Ian, 16, Elmwood, died August 31, 2025 at QE II Hospital, Halifax. Arrangements entrusted to Sweeny's Funeral Home, New Germany.

Richardson, Clyde Melbourne, 83, Martin's River, died August 2, 2025 in Shoreham Village, Chester. Arrangements entrusted to Mahone Funeral Home Limited.

Skinner, Mary Germaine, 89, Mahone Bay, died August 31, 2025 at Mahone Bay Nursing Home. Arrangements entrusted to Dana L. Sweeny Funeral Home.

Stevens, Gerald Barnaby (Gerry), 83, Marriotts, died July 24, 2025 at home. Arrangements entrusted to Mahone Funeral Home Limited.

Zorya, Yvonne Jenta, 74, Hebb's Cross, died August 6, 2025 in Hebb's Cross. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

Zwicker, Eleda Elizabeth, 104, Mahone Bay, died August 18, 2025 at Fishermen's Memorial Hospital, Lunenburg. Arrangements entrusted to Mahone Funeral Home Limited.

Zwicker, Yvonne Lee, 80, Simpson Corner, died August 21, 2025 South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, New Germany.



CLASSIFIEDS

P: 902.543.2457
E-MAIL: info@southshorebulletin.ca

SUBMISSION POLICY:

South Shore Bulletin is not responsible for errors or omissions for verbal or handwritten submissions.
ERRORS: to ensure the best response to your ad, review it carefully and call 902-543-2457 if any changes are required. South Shore Bulletin will not be responsible for more than one incorrect insertion.
EDITING: all ads are subject to the approval of South Shore Bulletin, which reserves the right to edit, reject or properly classify any ad.

WORD ADS
 15 words or less, \$9.00*. Additional words \$0.20* each.

BIRTHDAY ANNOUNCEMENTS
 1 col.: \$20.00*; 2 col.: \$30.00*. Includes one photo. Additional photo: \$20.00*.

BIRTH AND GRADUATION ANNOUNCEMENTS
 Photo with write-up, 75 words or less: \$25.00*; additional photo: \$30.00*; write-up only: \$15.65*. Additional words \$0.20 each.

ENGAGEMENT, WEDDING, AND ANNIVERSARY ANNOUNCEMENTS
 Photo with write-up, 75 words or less: \$45.65*; additional photo: \$30.00*; write-up only: \$15.65*. Additional words \$0.20 each.

CARDS OF THANKS AND MEMORIAMS
 75 words or less: \$20.00*. Additional words \$0.20 each.

OBITUARIES
 75 words or less: \$15.65. Additional words \$0.20 each. With photo: add: \$20.00*.

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 Call Diana Girvan for competitive rates on display classifieds: 902-930-4361.

DEADLINES:

THURSDAY AT 4 P.M. PRIOR TO PUBLICATION DATE (Note: Holidays may affect deadlines)

***Note: All classified ads must be pre-paid. All prices are +HST**

OBITUARIES

David Whitfield Baker

It is with profound sadness that we announce, in the wee hours of August 31, 2025, at the age of 84, David passed away peacefully at the South Shore Regional Hospital, Bridgewater; Maddie, his wife of 62 years and their family were by his side.

Born in New Cumberland, on April 2, 1941, David was the son of the late Donald and Marion Baker. David was also predeceased by an older brother, Grant and brother-in-law, Bob Burns. He is survived by his wife, Maddie; daughters, Kim Mills (Chuck), Kelly Wentzell (Andy); sisters, Bernice Burns and Joan Wilkie (Robert), and sister-in-law, June (Winston) Joudrey; he also leaves to mourn numerous nieces and nephews. He treasured and adored his three grandchildren. David was known as "Puppy" to Kristen Lawrence (Nick), Kaitlyn Wentzell (Zack), and Brandon Wentzell. He was so proud of all of their accomplishments and loved them very much.

David met his sweetheart Maddie while finishing school. They married and settled in the small community of Conquerall Bank, where they remained for 56 years. Here they raised two girls and shared many good times with great friends and neighbours. David was an active member of the Conquerall Bank Fire Department for 50 years; rushing off every time the call came out to help someone in need, working garden parties, and most recently at 84 years old, helped to pick strawberries and work at the supper this summer. Some of David's best days were spent camping. He was always the first ready to take on another campground with his bags packed and the trailer hooked on a Friday afternoon. David and Maddie were very active and travelled often, they shared many great stories and memories from all their trips.

David first worked on the Gypsum Boats but quickly found out he was not one for the sea life. His passion was cars and so he started working at Good Wear Treaders and then moved on to Rafuse Motors. He finished his career as the parts manager at Cole Ford Sales in Liverpool. David was not one to take it easy so in his retirement he opened his own business; Dave's Kar Klean. This allowed him to keep active and most importantly keep out of mom's hair. David also loved animals. He was raised on a farm and couldn't wait for the Big-Ex to be in town. He could be found in the grandstands for all the pulls and often talked about when he was young and would sleep in the barns with the animals during exhibition week. David was also often seen at the rink cheering on the South Shore Lumberjacks as a season ticket holder. David worked hard to give his girls a wonderful life, he was a good and faithful husband and loved Maddie with all his heart. As a dad he was the best and no better Puppy could be found. Rest peacefully Dad, you will be missed.

As per David's wishes there will be a graveside service for private family only. A public reception to Celebrate David's Life will be held from 2 - 4 p.m., Saturday, September 13, 2025, in the Conquerall Bank Fire Hall, 2228 Conquerall Road, Conquerall Bank.

No flowers please, memorial donations may be made to the 4-H Club, Heart and Stroke Foundation of Nova Scotia, or Mark Wilkie Memorial Scholarship.

Arrangements entrusted to Sweeny's Funeral Home, 35 York Street, Bridgewater, where on-line condolences may be made by visiting www.sweenysfuneralhome.com.

"Your life was a blessing, your memory a treasure... you are loved beyond words and missed beyond measure."



Would you want to work for you?

Continued from page 9

These shifts won't just improve morale. They fuel retention, inspire better performance, and ultimately create stronger businesses.

I've spent over 30 years leading hospitality teams and consulting with businesses across Nova Scotia and beyond. I know what works and what doesn't when it comes to keeping employees engaged, loyal, and motivated.

So, I'll leave you with this challenge: take five quiet minutes this week and honestly ask yourself,

Would I want to work for me? Then let your next leadership decision flow from the answer

Stephanie is the Founder and Visionary of SMillerVision, known as *Your Hospitality Hero*. She helps business owners and leaders create workplaces where employees feel seen, supported, and motivated to stay. Stephanie is also available as a speaker for conferences, schools, and business groups, delivering high-impact sessions on leadership, employee retention, and service excellence.

Learn more at www.smillervision.com

Expanding happiness

Continued from page 8

If the word "happiness" causes you discomfort, then you can use a different term. The words "effective," "energized" or "in control" might be more appropriate for you.

Regardless of whether you call it happiness, satisfaction, or something else, Huberman's assertion seems to be that if we perceive that many things can bring joy, we will be more joy-filled than if we limit our joy to only a few sources.

Has your list of things, people, and events that bring you joy become larger or smaller over the years? Do you believe that you can expand it? Is it worth a try? Let me know at choice@focusonclarity.com or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~

Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

You snooze, you lose

Continued from page 9

Using the Feather Atlas from the US Fish & Wildlife service, I found it was a close match to Barred Owl. Meanwhile, the crows in the area were very active, making an awful racket and joined in by the blue jays."

Whenever you hear a lot of American crows and blue jays making such a racket there is usually a barred owl or another raptor around.

On Aug. 27 Cathy Murrant reported 100 American golden plovers at the Sydney Airport. On Aug. 30 Jason Dain found a prothonotary warbler at Cape Forchu. Rick McKay discovered an American avocet at Elderkin Creek and Marsh. Many were able to go and see this bird.

A number of buff-breasted sandpipers were reported in Shelburne, Yarmouth and Halifax Counties and in Cape Breton. This is another species that I've been looking for and they usually arrive here in September. I shall continue the search and hopefully will be able to report seeing one, somewhere locally by the next column.

Natalie Barkhouse-Bishop reported a little blue heron at Antigonish Landing on Aug. 31. Mark Dennis at Clam Point had a blue-gray gnatcatcher show up in his yard. The wood stork at Brier Island was still present on Sept. 1.

Dominic Cormier located a prairie warbler at Jimmy's Lane at Hartlen Point. Angela MacDonald, while visiting in Canso saw a brown thrasher, a blue-gray gnatcatcher and a warbling vireo.

You may reach me at 902-693-2174 or e-mail jrhbirder@hotmail.com.

OBITUARIES

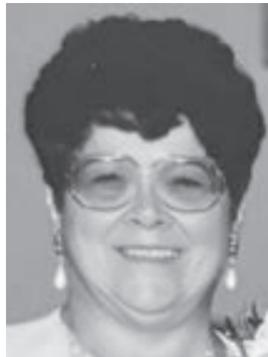
Mary "Germaine" (Boudreau) Skinner

Mary "Germaine" (Boudreau) Skinner, born January 11, 1936, in the little village of Petit De Grats, Richmond County, in Cape Breton, Nova Scotia, passed away peacefully at the Mahone Bay Nursing Home. Her parents were Lillian Cecilia and Wilfred Boudreau. She was the youngest of 10 children (5 boys/5 girls). Germaine grew up, attended school and spent the first few decades in her hometown. When her mother and father became ill, Germaine left school to help care for them and maintain all the daily household duties. Also, during this time, she worked privately as a housekeeper for local families, including the region's priest, Father Alfred Boudreau. One day, Germaine and her older sister Clementine (Picco), went to see Clementine's husband's fishing dragger that was on a slip in Port Hawkesbury, NS for repairs. While there, Germaine was introduced to Kenneth "Raymond" Skinner, who, a few years later would become her husband.

The couple married in May of 1961 in Bridgewater, as they were living with Raymond's family in Centre, and after the birth of their first child, Kenneth (Lorna Gillis) Skinner, Halifax, moved to nearby Lunenburg.

Raymond and Germaine had 2 more children, Theresa (Patrick) Ring, Blockhouse and Michael (Felicia Gonzalez) Skinner, Lunenburg and now has 3 adult grandsons, Kelsey Skinner, Ethan and Logan Ring, all of whom she loved and was so proud of. She spent her life devoted to the care of her children and home. Even though she was an avid house cleaner, she made time to enjoy long walks with her husband and sister, Lorraine. Germaine adored cats, always having one in the home. However, she was not "fond" of dogs, encountering numerous, and running away quickly from those on her walks. Even today, the mere mention of those walks brought a smile to her face and a giggle. She also loved blueberry picking, going to bingo and playing cards, like 45's and Rummy. In May of 2019, after the death of her beloved Raymond, she moved to Ridgewood so she could be close to her remaining sister, and later to Mahone Bay Nursing Home.

She is predeceased by siblings Francis, Vincent, Renie, Edith (Richards), Lorraine and Lucille. She is survived by her brother Raymond of Lunenburg and sister Clementine Picco (Mahone Bay Nursing Home), and numerous nieces, nephews and their extended families. Funeral arrangements are under the care of the Dana L. Sweeny Funeral Home, 11213, Hwy 3, Lunenburg and from where a service to celebrate her life will be held on Thursday, September 4 at 11:00 am, Rev. Patrick Morris officiating. Memorial donations may be made to St. Norbert's Roman Catholic Church, Lunenburg. The family would like to extend their gratitude towards the wonderful staff at the Mahone Bay Nursing Home. They cared for mom like she was their own, with genuine love and true compassion, giving us peace of mind. A special heartfelt thanks and appreciation for Dr Raymond, who always respected mom's decisions, treated her with dignity and provided thorough, thoughtful care, which she kept the family informed of so diligently.



Pauline Hazel Keizer

After a long life of loving and being loved, the family of Pauline Hazel Keizer, 95, of Centre, share of her passing on Tuesday, August 26, 2025, at home.

Born in New Ross, she was a daughter of the late Beacher and Clara (Lenihan) Veinotte.

Pauline grew up in New Ross, moving to Cornwall when she was 16. She later started keeping house in Clearland, Mader's Cove and then Front Centre where she met her great love, Bernie. They were married for almost 60 years, until his passing in 2011. She missed him so much these past 14 years, but she was fortunate that her son, Robert, was able to stay with her in her home after Bernie's passing.

Pauline was a devoted wife and loving mother to three boys. The family had a hobby farm and a big garden, and she worked hard, taking care of the garden, preserving vegetables, churning butter, and anything else that needed to be done. She made the best birthday cakes, with a piece of thread, a button, and a ten-cent coin for luck. The family spent many happy times visiting her sisters' families, Edna in Cape Breton, and Beattie in the Valley. Pauline loved roses and dishes with roses on them. She enjoyed a good game of cards and played 45's right up until her passing.

Pauline is survived by sons, Robert, Centre, Brian (Dawn), Centre; grandsons, Mark (Kassy), Keizer, Lunenburg, Ryan (Lauren) Keizer, Hammonds Plains; great grandsons, C.J. and Tony; step grandsons, Josh (Sherry) MacKay and their daughter, Ava, Middle Sackville, Alex (Tiffany) MacKay, Hubley; half-sister, Carolyn Bourgone, New Germany; half-brothers, Freddie (Bernadette) Veinotte, Garden Lots, Douglas Veinotte, Blockhouse and several nieces and nephews.

Besides her parents, she is predeceased by her husband, Bernard; son, Richard; sisters, Beatrice, Edna; brothers, Herbert, Murray, Otis and half brother, Earl.

The family would like to thank the Lunenburg and District Fire Department team who responded to the 911 call.

Funeral arrangements are entrusted to the Dana L. Sweeny Funeral Home, 11213, Hwy 3, Lunenburg, where a visitation will take place on Tuesday, September 2 from 6 - 8 pm. A service to celebrate Pauline's life will be held on Wednesday, September 3 at 2 pm from the Funeral Home, Rev. Vivian Moores officiating.

The family would appreciate that memorial donations be made to Sunny Valley Cemetery.



OBITUARIES

Carroll Elizabeth Adams

Born October 18, 1940 in South Porcupine, Ontario; Carroll was the daughter of the late Lorne and Helen Jenkins. Carroll died peacefully at home, August 14, 2025 with family at her side.

Predeceased by her brother Robert (1938) and husband William John Adams (2023).

She is survived by her son, Christopher Adams (Nicole) and granddaughter, Sophia.

Brother, Dale Jenkins (Amy), niece Pam (Liam and Lauren), nephew David (Sara).

Brother-in-law, Richard Adams (Barb), nephew Charlie, and many, many treasured lifelong friends.

Carroll was raised in New Liskeard, Ontario. She graduated from the Greater Niagara General Hospital School of Nursing in 1961 and nursed for 30 years in both Dunnville and Huntsville Hospitals.

She retired from her successful nursing career in 1990, and then her and Bill partnered and opened Sandhill Nursery in Huntsville, Ontario. Bill and Carroll hung up their shovels and retired for good in Nova Scotia in 2000, where they made many new friends and explored the entirety of the province.

The family thanks everyone for their support and kindness during the last few years and a special thanks to Val who helped Carroll remain in her beloved home.

Honoring her wishes there will be no service.

Donations in her memory can be made to hopeforwildlife.net or Souls Harbour Rescue Mission in Halifax.



Liverpool author celebrates award and newest releases

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

LIVERPOOL – When his latest book gets released next month, it will be number 47 for Liverpool author Vernon Oickle.

Just recently, he received a shipment of his latest haunting book, *Even More Ghost Stories*, while waiting for yet another book titled, *The View From Here: South Shore Essays*, to be shipped. This is a collection of his favourite columns as printed in the *South Shore Breaker* newspaper.

These two books are just a part of an exciting summer for Oickle.

In July, he received his 2024 International Impact Book Award in the Mystery/Thriller-Historical Mystery Category, for his seventh book in his Crow series, *Seven Crows A Secret Yet to be Told*.

He was invited to attend the awards ceremony held this past spring in Arizona. However, he said it was not doable at that time.

It's "pretty exciting stuff. Everyone says that awards are great. That's not what you do it for, but awards are lovely for sure. It's some gratification when your work is recognized," he said. "My publisher entered it and several months went by and I just sort of put it in the back of my mind. I got an e-mail one day out of the blue con-



CONTRIBUTED PHOTO

Liverpool author Vernon Oickle receives a shipment of his latest book, *Even More Ghost Stories*.

gratulating me. What a great surprise."

He said that this is his first major recognition for his books and "I was thrilled with that."

MORE GHOST STORIES

Last month, he received his first shipment of *Even More Ghost Stories* of Nova Scotia which is in stores now.

This is his third book in this series that began in 2015, with *Ghost Stories of Nova Scotia*. A couple of years later, he brought out, *More Ghost Stories of Nova Scotia*.

"I was trying to be creative with the titles," he said, adding that he settled on just telling it like it is.

Oickle is well-known for his ghost and paranormal stories in Nova Scotia, attending many events including

a weekly reading at White Point resort, where at least a dozen people attended each time out.

This book "is more of the same type of material that people seem to really enjoy, love to read and hear about. It's a collection of stories from across Nova Scotia – true ghost events, haunted houses and places and paranormal experiences."

Oickle says that he is amazed at how well people have responded to these books.

"I love researching and writing these and getting out there and doing some events and signings. It's really fun to meet people and hear of their experiences. I consider myself lucky to do this work. I love it."

He taps into his skills as a former editor and journalist in Bridgewater and Liverpool he finds that the people he has talked to are really forthcoming and are willing to open up because he is willing to listen and they know he is not there to pass judgement on their experiences.

"People are upfront and honest about what has happened or what they've encountered. So they tell me things and it makes for great stories," he said. "I hope people will enjoy reading it as much as

I've enjoyed putting it together."

A second book, coming out this month, is a collection of his columns called, *A View from Here*, which was published weekly by the *South Shore Breaker* for several years.

EVENTS

He has several events booked over the next few months starting Sept. 14 with a ghost story event at the Wile Carding Mill in Bridgewater. In October he will be in Port Medway, Yarmouth, Shelburne and in Bridgewater in November.

Later this month, he will be putting on a four-session writer workshop, beginning Sept. 20 at the Thomas Raddall Library in Liverpool.

"I did one last year at the library in Lunenburg and we had a full house," said Oickle. "I was approached to do one in Liverpool and I said 'sure'."

He said that he comes across a lot of people who say they would like to write a book.

"I think a lot of people may want to write, but just don't know how to get started," he said. "It was great fun doing it last year and it also challenges me to be at the top of my game. I enjoy that very much."

TOWN OF LUNENBURG

PUBLIC PARTICIPATION MEETING NOTICE

When: Wednesday, September 24th, 2025 at 6:00 PM

Where: Council Chambers, Town Hall (120 Townsend Street – back entrance)

Town of Lunenburg staff will hold a Public Participation Meeting to gather input on a proposed rezoning of the area known as 'Salt Meadows', which includes all properties within the Town's boundaries on Wood Street, Whynacht Street and Adams Street, and includes parts of Wolff Avenue and PID 60731452 on Rudolf Drive. The proposed use rezoning for the area is from Medium Density Residential (RM) to Lower Density Residential (RL). Medium Density Residential zoning is intended to enable residential uses, such as dwellings with up to four units and accessory dwellings. Lower Density Residential zoning is intended to prioritize residential uses, such as dwellings with up to two units and accessory dwellings.

This meeting is your opportunity to learn about the proposed change and share your feedback. No decisions will be made at this meeting.

How to Participate:

- In person: Speak at the meeting; no registration required.
- In advance of the meeting, in writing, to:
 - Email: permits@townoflunenburg.ca
 - Mail: 119 Cumberland Street, P.O. Box 129, Lunenburg, NS, B0J 2C0

For more information visit: www.townoflunenburg.ca

Existing Use Zoning



Proposed Zoning



D8732

Congratulations to our Back-to-School WINNER



ADDISYN BARNES
recently picked up her prize filled with \$150 worth of back-to-school essentials.



Business of the week

NEED IT, WANT IT, FIND IT



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Thursday & Friday: 10 am to 8 pm
Sunday: 10 am to 5 pm
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Saturday 10am-7pm
Sunday 12pm-5pm

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