



**MAN CHARGED
AFTER HOLD-UP
OF BUSINESS**

Early last week
a man was charged
with several offences

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**SOUTH SHORE
FOOTBALLERS
STAND OUT**

Several players
stand out in prov.
tournaments

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**LIGHT IN
DARKNESS
EXHIBIT**

A Peter Barss'
exhibit featuring
unique photos

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Mahone Bay council meets again to talk about patio
Council to ask business owner to redesign structure

By **LOGAN RING**
NSCC Student Reporter

MAHONE BAY - Council met on July 31 to talk about their normal agenda, on the top of the agenda was the patio built on the sidewalk by Eli + Trix.

The town hall was filled with people with several even having to watch from the outside of the meeting room, a roar of applause could be heard as a member of the gallery presented a petition to the council members with around 400 signatures, taped together end to end.

Tensions erupted in the town earlier in July when Reverend Barbra Minard a 100-year-old resident of the town fell and injured her hand on the patio last month, passing away three days after the incident, according to her family.

In the July 31 meeting, the town created a new regulation on their sidewalk patio bylaw that would apply to new sidewalk patios and other temporary sidewalks.

The regulation would force new constructions of sidewalk patios, built environments

or temporary sidewalks built after Aug. 1, 2025, to follow the Accessibility Act of Nova Scotia, a more effective guidance tool, that takes effect provincial on April 1, 2026.

The section that applies to sidewalk patios is as follows:

“This section applies to all temporary sidewalks installed or re-installed on or after April 1, 2026, including those that are installed to accommodate sidewalk cafés, restaurant patios and construction zones. A temporary sidewalk must meet all the following requirements:

It must have a firm and level surface; it must be slip-resistant; it must not impede pedestrian movement or safety; it must be at least 1,600 mm wide; it must have a barrier on the side that is located next to vehicular travel that is at least 810 mm high and that features reflective elements; if it is covered, it must have at least 2,100 mm of clearance. If a temporary sidewalk is required due to construction, pedestrian signage must be installed in accordance with the Temporary Workplace Traffic Control Manual.

The town also issued a letter asking Kitch'inn hospitality group, that owns Eli + Trix to make modifications to their sidewalk patio, to be in compliance with the new town regulations that took effect Aug. 1.

At the July 31 meeting, council decided to only ask for the patio to be redesigned in accordance with the new regulation, as no enforcement measure was put in place by the town.

The current permit for the Eli + Trix patio is set to expire at the end of September, and they would have to re-apply for a permit next year.

Some residents believe that the town is not doing enough to address safety concerns.

Town resident Geraldine Zinck lives in Mahone Bay and protested the patio at Eli & Trix outside of the establishment on July 28 and attended the town council meeting July 31. She said she was disappointed with the outcome of the town hall meeting.

Continued on page 2

Souls Harbour rejuvenated

By **KEVIN MCBAIN**
kevin.mcbain@southshorebulletin.ca

BRIDGEWATER - “We exist to bring hope to those experiencing poverty, homelessness and hunger across Nova Scotia,” said Souls Harbour Rescue Mission CEO and co-founder Michell Porter, during a special invitation-only, grand re-opening event at the Souls Harbour location on Pleasant Street.

Over the past couple of months, the staff have been busy.

Near the end of May, they moved the kitchen operations next door to their home located on Empire Street. This is an Empire Street home they had purchased a couple of years ago. The move was to facilitate the installation of a new commercial kitchen and so the whole area could

get a refresh.

Work also started at the home, now a Women’s Forward House and the new location for the Free Mart, which was being renovated and painted. It is now a three-bedroom home for women in need, complete with a shared kitchen, laundry and living room.

Souls Harbour in the province began in 2010 and Bridgewater became the first outreach centre outside of the city when it opened in the summer of 2016.

At that time, they had five staff members. Now they operate 14 unique centres, campuses and homes in the province with 150 staff members.

Their motto is “Hope begins with a meal. Hope doesn’t start with a program, it starts with a person who cares,” said Porter.



The Bridgewater location has been serving 100 meals per day, once a day, throughout the year and the new commercialized kitchen will help get these meals out to those in need and gives the ability to expand their offerings.

The kitchen was dedicated to long-time board member Foster McKenzie, a retired architect, who helped design the new kitchen.

Continued on page 4

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D8022

Mahone Bay council meets again to talk about patio

Continued from page 1

"I was disappointed because they're allowing it to go on for another 60 days when they said on July 8 that they would have this looked after. There's already been five other accidents (unconfirmed by the South Shore Bulletin) and surely there's going to be more because now they've put up a sign outside on the patio that promotes their drinks and cocktails."

The legal representation of Kitch'inn hospitality group sent a letter to the council that was included in the council package. This was dated July 15.

"The Town of Mahone Bay and its representatives have engaged in a campaign of harassment and intimidation that is out of step with modern governance in a bustling and growing town.

"On various public posts, council meetings, and general public communications, the town and its officials have attempted to relate the death of Ms. Minard to the conduct of Eli + Trix, its employees, its contractors and owner. This has been achieved by direct comment, inference and innuendo.

"Prior to any consultation the town CAO instructed Ms. King that her patio license had been revoked by the mayor and to effect it's removal by end of day. He indicated that the town council would be convening an "emergency meeting" that same afternoon at 3 p.m., in contravention of the

town's three-day notification requirement. Heide also informed Ms. King that she would be prohibited from speaking at this event and that there would be no public engagement.

"Immediately prior to the meeting the mayor and council members received a response by e-mail from Ms. King pointing out that the patio was in full, certified compliance with the town by-laws, and had been reviewed on-site and approved by the Town of Mahone Bay, the Chester Building Office, Municipal Fire Inspector and by Nova Scotia's Alcohol and Gaming Commission.

"At the (July 8) meeting there was no mention of this, or the revocation that they had communicated to Ms. King and the basis of such. They instead indicated that they would require a review of the situation, and the due process required to assess the situation and reconsider the town bylaws. Subsequent public posts by the town have been the most harmful as it communicates its unfounded allegations to the broader public well beyond the Town of Mahone Bay.

"This has had a harmful impact on the reputation of Ms. King and her business activities, in particular Eli + Trix. Any association with the death of Ms. Minard and a fall she had in or around Eli + Trix is totally unfounded. We understand she was assessed and treated on a non-emergency basis by the local hospital for a broken finger and

released without further concern for her health. We understand she passed peacefully in her sleep several days later. We are unaware of any evidence connecting the death with the fall. There have been numerous versions of the events of her fall that have been fueled by the Town and its Officials. All references to the relationship between the fall and her death must immediately be deleted from any official communication to the public from the town.

"We also demand an apology from the town and its mayor that retracts any reference to the inference and innuendo that the activities of anyone connected to Eli + Trix is responsible for her death. We are aware of no evidence that establishes a causal connection between the fall and death

other than circumstance of time.

"We have also been aware of the attempts without cause and right, to revoke the permit of the existence of the street-side summer patio. This patio was constructed with all appropriate municipal and provincial statutes, regulations and by-laws. Any further attempt to disrupt the lawful business of Eli + Trix through revocation of the permits will be met with a strong response in a claim for lost profits, costs of construction and deconstruction, and damages to reputation.

"The best course of action is to allow for the peaceful burial of a stellar citizen of Mahone Bay without the stain of controversy and move past all the strong words, intimidation and vitriol."

This letter was made public by the town of Mahone Bay and can be viewed in full on the town website.



LOGAN RING PHOTO

Expect heavy traffic for the next few months as work on the 'new' bridge photo taken on July 31 at 3 p.m.

Construction and heavy traffic on the new bridge in Bridgewater

By LOGAN RING
NSCC Journalist Student

Bridgewater – Rejuvenation work began on Veterans' Memorial Bridge last week and is expected to last until October.

This project will include replacement of the bridge's expansion joints and renewal work of the bridge deck and its sidewalks. The bridge renewal work is expected to take up to 10 weeks to complete. The bridge has been cut down to a single lane of traffic, both ways. This has created a logjam of traffic in the downtown area, as witnessed by many.

The province has advised the town that at least one side of the sidewalk infrastructure on the bridge will remain open during work, allowing pedestrians to safely cross in this area. It is expected that work on the south sidewalk will take place first.

Traffic on the bridge will be down to one lane for the duration of the construction. The town says commuters should plan and expect delays when travelling across the bridge and should leave early for work and other time sensitive destinations.

Commuters are also advised to use alternate routes of travel to cross the LaHave River. Other options include Old Bridge, Cookville Bridge and Highway 103.

Because of the construction, traffic

in Bridgewater has been heavy at times, often seeing a lineup of traffic on Aberdeen by LaHave Street all the way to North Street.

Due to the traffic, the town of Bridgewater sent out a reminder for motorists not to block driveways and intersections.

"We want to remind motorists to be careful NOT to block the driveways of businesses and residences when proceeding in the work area. Likewise, we also urge motorists NOT to block intersections by trying to rush through and 'beat the light' as well.

Blocking intersections and driveways will not only make congestion worse by stopping the flow of traffic, it's also illegal under Section 143 of the Motor Vehicle Act and could get you fined."

LET US KNOW YOUR THOUGHTS

The South Shore Bulletin wants to know your thoughts on the Veterans' Memorial Bridge Construction. If you would like to let us know how the traffic affects your day-to-day life, any accidents or near accidents that you saw, alternative routes that you would like to share with your South Shore colleagues or any other thoughts or queries, let us know by sending a letter to the editor, by email at kevin.mcbain@southshorebulletin.ca or dropping off a letter at 129 Aberdeen Rd.

**NOVA SCOTIA REGULATORY AND APPEALS BOARD
NOTICE OF PUBLIC HEARING**

IN THE MATTER OF AN APPLICATION by the **REGIONAL MUNICIPALITY OF QUEENS**, on behalf of its **Water Utility**, for approval of amendment to its Schedule of Rates and Charges for Water and Water Services and amendments to its Schedule of Rules and Regulations. This matter will be considered in a public hearing as follows

**Hearing starts: Thursday, October 9, 2025
10:30 a.m.**

**Evening Session: Thursday, October 9, 2025
6:00 pm**

**Hearing Location: Council Chambers, Region of Queens Municipality
249 White Point Road
Liverpool, NS**

THE DATE AND LOCATION OF THE HEARING MAY CHANGE

If any Intervenor in this proceeding intends to file evidence, the timeline will be extended to accommodate this, and the hearing date will be rescheduled.

Depending on the circumstances, all or part of this public hearing may be held virtually, by video conferencing.

THE DATE, TIME AND LOCATION FOR THIS HEARING MAY BE CONFIRMED BY VISITING THE BOARD'S WEBSITE OR BY CONTACTING THE CLERK OF THE BOARD.

Board Hearings are open to the public and you may participate as follows:

- You may speak at the hearing. You must notify the Board by **Wednesday, September 17, 2025, of your request to speak.**
- You may make written comments by sending a letter to the Clerk of the Board at P.O. Box 1692, Unit "M", Halifax, NS B3J 3S3, or by email at: board@novascotia.ca, or by fax at (902) 424-3919 by **Wednesday, September 17, 2025.**
- You may request formal standing as an Intervenor, subject to Board approval. This will allow you to present evidence or cross-examine witnesses. Your request must be received by the Board by **Friday, August 22, 2025**, and a copy of your written evidence by **Wednesday, September 17, 2025.**

Additional information about the matter is as follows:

- For unmetered customers, the current quarterly water bill is \$96.43, and it is proposed to increase to \$200.53 (a 108% increase) in 2025/26; \$206.98 (a 3.2% increase) in 2026/27; and \$213.26 (a 3.0% increase) in 2027/28.
- For residential customers (5/8" meters), the current average quarterly water bill is \$82.61, and it is proposed to increase to \$169.66 (a 105.4% increase) in 2025/26; \$174.63 (a 2.9% increase) in 2026/27; and \$177.39 (a 1.6% increase) in 2027/28.
- For all other metered services, the Utility is requesting amendments ranging from 107.5% to 119.5% in 2025/26; 0.2% to 4.0% in 2026/27; and 2.8% to 4.3% in 2027/28.
- The annual fire protection charge paid by the Municipality, currently \$201,531, is proposed to increase to \$401,599 (a 99.3% increase) for 2025/26, \$495,931 (a 23.5% increase) for 2026/27 and \$503,625 (a 1.6% increase) for 2027/28.

Upon reviewing the Application, the Board, in its Decision, may determine that the proposed amendments should be as requested, higher, or lower.

A copy of the Application and any timetable applying to this matter may be viewed on the Board's website at <http://nserbt.ca/nsrab/>, by clicking on "Matters & Evidence", "Go To Files & Documents", and in the "Go Directly to Matter" search box, enter Matter No. **M12363** or at the offices of the **Region of Queens Municipality, 249 White Point Road, Liverpool, Nova Scotia.**

To assist the Board in using correct forms of address and pronouns in our hearings and decisions, we invite all parties, lawyers, and all other participants to share their pronouns and titles with the Board and each other if they are comfortable doing so. There is no requirement to provide this information.

D08672

Dahl's dispatch

EVAN DAHL

Lunenburg County firefighters answered 73 calls for service and Queens County firefighters answered 18 calls for service from Thursday, July 24 to Tuesday, July 29 – 26 of these calls were medicals.

JULY 24

At 10:03 a.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 3:50 p.m., Bridgewater firefighters responded to a woods fire in Bridgewater. Oakhill, Dayspring, Northfield and Conquerall Bank also responded. Hebbville was on stand by.

At 4:35 p.m., Northfield firefighters responded to a grass fire in Pine Grove.

At 4:55 p.m., LaHave firefighters responded to a water rescue in LaHave.

At 5:35 p.m., New Germany firefighters responded to a tree lot fire in New Germany. Hemford also responded.

At 8:33 p.m., Greenfield firefighters responded to an illegal burn in Labelle. North Queens also responded.

At 9:40 p.m., Chester firefighters responded to a fireworks complaint in East Chester.

JULY 25

At 10:47 a.m., Lunenburg firefighters responded to a fire sighting on Corkum's Island. Dayspring also responded.

At 2:53 p.m., Lunenburg firefighters responded to a commercial fire alarm in Lunenburg.

At 5:05 p.m., New Germany firefighters responded to a fire alarm in New Germany.

At 6:23 p.m., Cornwall firefighters responded to a motor vehicle accident in Middle New Cornwall.

At 7:52 p.m., Martins River firefighters responded to an illegal burn in Martins River.

At 8:57 p.m., Cornwall firefighters responded to a fire alarm in Mid-

dle New Cornwall. Walden also responded.

At 10:50 p.m., Western Shore firefighters responded to a fire alarm in Western Shore.

JULY 26

At 12:46 a.m., Hubbards firefighters responded to a smoke sighting in Mill Cove.

At 12:05 p.m., Northfield firefighters responded to a commercial fire alarm in Cookville. Bridgewater also responded.

At 6:45 p.m., Bridgewater firefighters responded to a vehicle fire in Bridgewater.

At 10:09 p.m., New Ross firefighters responded to an illegal burn in the Forties.

At 11:04 p.m., Tri District firefighters responded to a motor vehicle accident in Wileville. Hebbville also responded.

At 11:18 p.m., Hubbards firefighters responded to assist Black Point at a motor vehicle accident in Queensland. Upper Tantallon also responded.

JULY 27

At 10:58 a.m., New Ross firefighters responded to a public assist in Aaldersville.

At 11:03 a.m., Western Shore firefighters responded to a smoke sighting in Western Shore.

At 12:09 p.m., Hubbards firefighters responded to assist Black Point at a motor vehicle accident in Hubbards.

At 4:18 p.m., Lunenburg firefighters responded to an illegal burn in Back Centre.

At 4:30 p.m., Northfield firefighters responded to a grass fire in New Canada. New Germany and Oakhill also responded.

At 5:53 p.m., Greenfield firefighters responded to assist police in Labelle with a boat. North Queens also responded with a boat.

At 7:32 p.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 7:53 p.m., North Queens firefighters responded to a water rescue.

Annapolis Royal boat and Bridgewater drone were also dispatched.

At 8:37 p.m., Hubbards firefighters responded to assist Black Point at a possible structure fire in Boutilliers Point. Upper Tantallon, Hammonds Plains, Lakeside and Bedford also responded.

At 9:16 p.m., Riverport firefighters responded to an illegal burn in Indian Path.

At 9:48 p.m., Petite Rivière firefighters responded to illegal burns in Petite Rivière.

At 10:10 p.m., Liverpool firefighters responded to an illegal burn in Western Head.

JULY 28

At 3:25 a.m., New Germany firefighters responded to assist Nictaux at structures on fire in New Albany. Springfield, Middleton, Lawrence-town, Kingston, Aylesford, Berwick, Bridgetown, Port Lorne, Margaretsville and Annapolis Royal also responded.

At 7:43 a.m., New Germany firefighters responded to a motor vehicle accident in New Germany.

At 11:22 a.m., Mahone Bay firefighters responded to a commercial fire alarm in Mahone Bay.

At 2:16 p.m., New Germany firefighters responded to a tractor accident in Farmington.

At 4:07 p.m., Blockhouse firefighters responded to a motor vehicle accident in Blockhouse. Oakhill also responded.

At 4:27 p.m., Riverport firefighters responded to a fire alarm in Riverport.

At 6:10 p.m., New Germany firefighters responded to a vehicle fire in Barss Corner.

At 9:12 p.m., Chester firefighters responded to an illegal burn in Chester.

At 9:14 p.m., Liverpool firefighters responded to an illegal burn in Summerville Centre.

At 9:45 p.m., North Queens firefighters responded to a tree on power lines on fire. Greenfield also responded.

At 11:16 p.m., Riverport firefighters responded to an illegal burn in Feltzen South.

JULY 29

At 8:24 a.m., Greenfield firefighters responded to a motor vehicle accident in Pleasantfield. North Queens also responded.

At 9:02 p.m., Hubbards firefighters responded to assist Black Point at an illegal burn in Ingramport.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.

Man charged following incident at North Street business

BRIDGEWATER – On Tuesday, July 29 Bridgewater Police Service (BPS) responded to a business located on North Street in Bridgewater following a firearms-related complaint at about 8:15 p.m.

Witnesses who spoke with police reported that a male had been in the parking lot of the business and had pointed what was believed to be a firearm at two individuals before fleeing. The witnesses also provided information regarding where they believed the suspect may be located.

Based on the description and circumstances, police concluded this was not a random incident – Bridgewater Police were aware of ongoing issues involving this individual which the Nova Scotia RCMP had been dealing with over the past several days during several different incidents elsewhere in Lunenburg County. In this particular matter, police determined that there was no threat to the public.

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SOUTH SHORE
BULLETIN

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LOCAL



Accessibility upgrades celebrated at Wild Rose Park

By **LOGAN RING**
NSCC Student Reporter

WESTERN SHORE - Wild Rose Park recently celebrated improved accessibility at the Wild Rose Park.

The first phase of the upgrades finished last August which the municipality received funding for in 2020.

This phase saw upgrades to the bathrooms to meet accessibility needs. The buildings were completely reconfigured from the original gendered facilities to universal washrooms designed to accommodate people of all ages, genders, and abilities, providing privacy and functionality for everyone.

Total cost of the project was \$80,000.

Phase 2 involved new paved walkways throughout the park, ramp access to the beach, accessible parking, and a Mo-bi-mat to improve beach entry.

The improvements were celebrated during a public event July 28 attended by MP Jessica Fancy and Danielle Barkhouse - MLA for Chester-St. Margaret's.

The MLA on her Facebook page said, "It was a pleasure to attend the official launch of the accessibility upgrades at Wild Rose Park in Western Shore. With \$300,000 in provincial funding, the



project supported major accessibility and washroom upgrades, including improved walkways, better beach access, and more. I'm so happy to see this investment making a real difference for people in our community and creating a space everyone can enjoy."

While the province has announced a total funding of \$300,000 for the project, the federal government announced an additional \$62,437 in funding for the project as well through the Enabling Accessibility Fund.

Fancy-Landry said in a Facebook post, "Wild Rose Park is becoming a

model for accessibility in public spaces. I was proud to speak at the unveiling of new upgrades that make this space more inclusive for everyone."

The planned next steps for the park include extending the accessible pathway to the Island View restaurant, improving the access to the beach by installing a ramp, adding a new picnic area and improving parking spaces for accessibility purposes.

This is one of the first parks in the region to reach this level of accessibility, making the scenic views and beaches of Mahone Bay accessible for everyone.

SOUTH SHORE BULLETIN

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Souls Harbour rejuvenated

Continued from page 1

Making the meals and serving them is just one service that is offered by Souls Harbour in Bridgewater.

"We are not just serving a meal here. We're building a community. People feel loved and cared for. It's like a second or even first living room for them," said Porter.

Along with meal service, the location also offered a small Free Mart spot which was cramped inside a sun porch at the Pleasant Street Home.

However, that has moved to a much larger space in the new Empire Street home. Donors can drop off clothing, shoes, small household items and hygiene supplies. Those in need can

come and shop during regular hours and take what they need at no cost to them.

This is located at the back of the new home with a separate entrance from the new Women's Forward House.

"This is one of our favourite parts of Souls Harbour. This is part of bringing dignity back to those who need a helping hand," said Marni Yuke, Chief Operating Officer for Souls Harbour who was leading a tour. "People can be a part of their process. Sometimes we may not realize the gift of being able to walk into a store without the pressure of cost and to choose what they need."

She mentioned that they also look after folks who may be starting a new job and need to dress for an interview

or need special shoes, such as steel-toed shoes for their new workplace.

As for the home...

All three bedrooms are similarly equipped with a dresser, a chair and bed, bedding and a hygiene kit.

Yuke said the demand for beds is a huge one, as is food security.

"We are trying to provide more housing. It's a big deal for us and we want to come alongside of people and help where we can," she said, adding that while three bedrooms may not sound like much, but "to someone lying in that bed, it is life changing."

She said they will continue to work with the Housing Association of Nova Scotia to fill the beds, which will happen soon, she indicated.

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SOUTH SHORE BULLETIN



South Shore football players stand out at Team Nova Scotia tournaments

By JUSTIN ERNST
for the South Shore Bulletin

Provincial tackle football has just wrapped up for the summer and the level of play continues to raise the bar.

This year, five current and former players from the Seahawks Minor Football Association earned roster spots on Team Nova Scotia across three major events: the U14 Maritime Challenge, U16 Eastern Challenge, and U16/U18 Atlantic Bowl. These athletes didn't just show up - they stood out, bringing home gold and bronze medals while proudly representing their province and their roots with the Seahawks.

These tournaments, considered semi-professional in calibre, draw the top youth athletes from across Atlantic Canada to represent their provinces at an elite level.

The Seahawks Minor Football Association has become a true cornerstone of youth football in the region - developing athletes from their first snap in flag football to competitive tackle teams. With strong coaching, mentorship, and a culture of discipline, the program continues to produce well-rounded young players who excel on the field and in their communities. This year's provincial success is a proud reflection of that commitment.

ATLANTIC BOWL

The Atlantic Bowl features six-a-side football and

includes four provincial teams: Nova Scotia, New Brunswick, Newfoundland, and Prince Edward Island. The tournament showcases top-tier talent from across Atlantic Canada in a fast-paced, high-intensity format.

U18 DIVISION - GOLD MEDAL FINISH

Caden Murphy - #33 - Defensive Lineman

Seahawks alumni and current Parkview Panther, Caden was named MVP Defense in Game 1. He recorded multiple sacks and tackles for loss and was constantly double-and triple-teamed during the gold medal game. His strength and presence up front were key to Nova Scotia's defensive success.

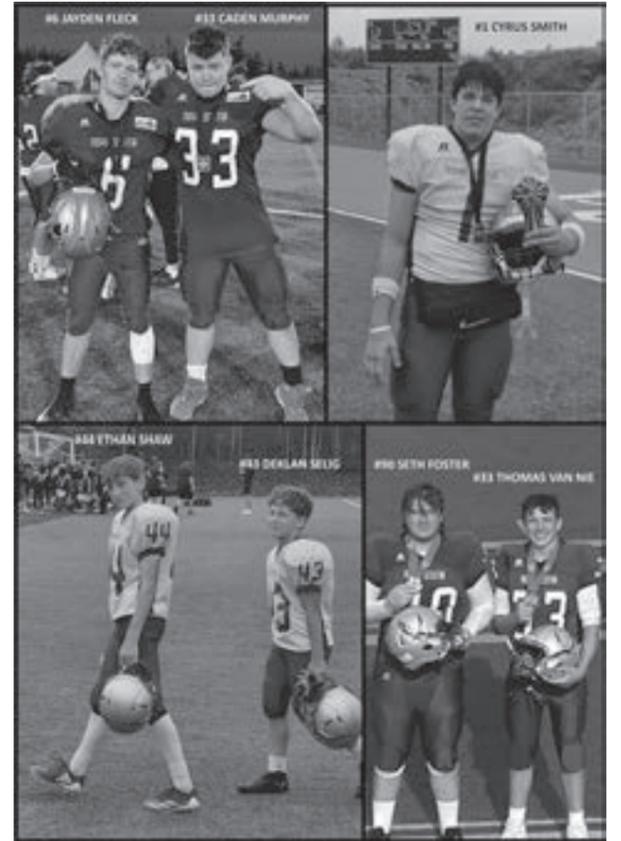
Jayden Fleck - #6 - Safety / Corner

Seahawks alumni and current Parkview Panther, Jayden made game-changing plays throughout the tournament. He blocked a punt and recovered the ball, forced a fumble causing a turnover, and disrupted two key passing plays with near interceptions. His athleticism and field awareness were standout qualities.

U16 DIVISION - BRONZE MEDAL FINISH

Cyrus Smith - #1 - Running Back/Linebacker/Kicker

Seahawks alumni and incoming Parkview Panther, Cyrus was a force on all sides of the ball. In the bronze medal game, he earned Offensive MVP honors after scoring five touchdowns, making 10 tackles, and forcing a fumble that he recovered for a



touchdown. His toughness, versatility, and leadership made him one of the tournament's standout performers.

EASTERN CHALLENGE

The Eastern Challenge features 12-a-side football and includes all-star teams from Nova Scotia, Quebec, Ontario, and New Brunswick. It's a premier showcase for top U16 talent across Eastern Canada, offering athletes the chance to compete at an elite level with provincial pride on the line.

U16 DIVISION - BRONZE MEDAL FINISH

Thomas Van Nie - #33 - Receiver/Running Back

Current Seahawks player, Thomas made a major offensive impact with three touchdowns, including an 83-yard rushing touchdown and a 55-yard pass-and-run score. His speed, agility, and ability to create big plays in space gave Team Nova Scotia an edge in critical moments.

Seth Foster - #90 - Defensive Lineman

Current Seahawks player, Seth held his ground on the defensive line with power and discipline. He was in on a handful of key tackles that shut down the interior run game, helping control the trenches and stall multiple offensive drives.

MARITIME CHALLENGE

The Maritime Challenge features 12-a-side football for U14 players, with Team Nova Scotia facing off against New Brunswick. Designed as an early-stage elite competition, it offers young athletes valuable experience in a high-performance environment. Team Nova Scotia went undefeated, winning both games in this year's challenge and showcasing the strength of its developing talent pool.

U14 DIVISION - UNDEFEATED

Deklan Selig - #43 - Defensive Back

Current Seahawks player, Deklan made a crucial play on special teams, delivering a shoestring tackle during a kick return that saved a guaranteed touchdown. His awareness and determination prevented a major momentum shift in the game.

Ethan Shaw - #44 - Safety/Corner

Current Seahawks player, Ethan had a strong defensive showing. His sideline tackle forced a third down punt, and he later broke up a touchdown pass in the end zone, showcasing great positioning and timing under pressure.

The Seahawks will officially kick off their 2025 season this September. Stay tuned to the Seahawks Facebook page for game schedules and announcements. All are welcome to come cheer from the sidelines and support the next generation of local football talent.

Community Events: August 6-12, 2025

WEDNESDAY, AUGUST 6

Seniors' Luncheon (Ages 55+) at Dayspring & District Fire Hall, Dayspring from 11 AM to 1 PM.

Beat the Heat at Woodland Gardens (Behind the DesBrisay Museum), 130 Jubilee Rd., Bridgewater from 1 to 3 PM.

Bright & Lion Touch Rugby at Kinsman Field, Maple St., Bridgewater from 7:30 to 8:30 PM.

Hedwig and the Angry Inch at Old Confidence Lodge, 3831 HWY 332, Riverport at 8 PM.

THURSDAY, AUGUST 7

Careers in Policing Information Session at 215 Dominion St., Bridgewater from 10 to 11 AM.

Recreation and Social Program for Mature Adults at HB Studios Sports Centre, 543 Glen Allan Dr., Bridgewater from 10 AM to 12 PM.

Art Creation at DesBrisay Museum, 130 Jubilee Rd., Bridgewater from 1:30 to 3 PM.

Bridgewater Toast Master Club at NSCC Lunenburg Campus, 75 High St., Bridgewater from 7 to 8:30 PM.

Trivia with Michelle at King Street Beer, 463 King St., Bridgewater from 7 to 9 PM.

FRIDAY, AUGUST 8

Clickety Clack Knitters & Crafters at DesBrisay Museum, Jubilee Rd., Bridgewater from 1 to 5 PM.

New Germany Farmers' Market at 5325 NS Trunk 10 from 2 to 6 PM.

Music Bingo at King Street Beer Company, 463 King St., Bridgewater from 6 to 8 PM.

28 Years Later at The Astor Theatre, 219 Main St., Liverpool at 2:30 & 7 PM.

Live Music - Shawn Hebb at Osprey's Nest Public House from 5:30 to 8:30 PM

Musique Royale - Remembrances at Old Confidence Lodge, 3831 HWY 332, Riverport from 7 to 8 PM.

Fresh Air Films - Inside Out at Shipyards Landing, King St., Bridgewater at 8:40 PM.

SATURDAY, AUGUST 9

Girl Guides Summer BBQs at Canadian Tire, 16 Pine Grove Dr., Cookville from 12 to 3 PM.

Craft Saturdays at Mahone Bay Museum from 12 to 4 PM.

Accessible Kayak Launch Grand Opening at Miller Point Peace Park, 13941 NS Trunk 3, Dayspring at 1 PM.

Traditional Acoustic Music Jam at DesBrisay Museum 130 Jubilee Rd., Bridgewater from 2 to 4 PM.

28 Years Later at The Astor Theatre, 219 Main St., Liverpool at 2:30 & 7 PM.

Learn Cricket Program at LaHave Athletic Fields, Glen Allan Dr., Bridgewater from 6 to 8 PM.

Starlight Cinemas Outdoor Movie - Encanto at MARC 33 Leary Fraser Rd., Dayspring at 9 PM.

SUNDAY, AUGUST 10

Bridgewater Ultimate Frisbee at Kinsmen Field, Maple St., Bridgewater from 10 AM to 12 PM.

Celtic Sunday Session at Eli+Trix, 538 Main St., Mahone Bay from 2 to 4 PM.

28 Years Later at The Astor Theatre, 219 Main St., Liverpool at 7 PM.

MONDAY, AUGUST 11

Director's Cut: From Script to Screen Movie Camp at The Astor Theatre, 219 Main St., Liverpool from 1 to 4 PM.

Regular Meeting of Town Council at Town Hall, Pleasant St., Bridgewater from 6 to 8 PM.

TUESDAY, AUGUST 12

Silent Auction Fundraiser at DesBrisay Museum, 130 Jubilee Rd., Bridgewater from 9 AM to 5 PM.

Adventure Playground at St. Phillips Street Playground from 1:30 to 3 PM.

Game Night at Michelin Social & Athletic Club, Logan Rd., Bridgewater from 4 to 9 PM.

Music on the Riverbank - 2025 Concert Series at Pijinuiskaq Park, King St., Bridgewater from 6:30 to 8 PM.

Man charged following incident at North Street business

Continued from page 3

In response and using the information provided by the witnesses, BPS and the RCMP blocked off a section of Glen Allan Drive in Bridgewater, setting up a containment area into the early morning of July 30.

At about 1:40 a.m., Bridgewater Police patrol officers, Criminal Investigative Division (CID) officers, and the BPS K-9 Unit made entry into a residence to search for the suspect. The residence was found to be vacant, however during the search police found a loaded .22 caliber rifle unsecured at that location.

Stemming from the investigation, Brandon Tyler Feindell of no fixed address has been charged with

the following:

- Without lawful excuse, pointing a firearm contrary to Section 87 of the Criminal Code
- Handling a restricted weapon in a careless manner contrary to Section 86(1) of the Criminal Code
- Possession of a weapon for a purpose dangerous to the public peace contrary to Section 88 of the Criminal Code
- Possession of a firearm without being the holder of a license under which it may be possessed contrary to Section 91(1) of the Criminal Code
- Knowingly occupying a motor vehicle in which there was located a restricted firearm contrary to Section 94 of the Criminal Code
- Possession of a loaded restricted firearm con-

trary to Section 95(a) of the Criminal Code

- Possession of a firearm or knowing that it was obtained by the commission of an offence contrary to Section 96(a) of the Criminal Code
 - Two counts of uttering a threat to cause death contrary to Section 264.1(1)(a) of the Criminal Code
- As of the morning of July 31, Feindell had not been apprehended, and a warrant is out for his arrest.

Police are looking to speak with anyone who may have witnessed the incident or may have information pertaining to this investigation or the whereabouts of Feindell.

If you have information that you believe may assist the investigation, please contact Bridgewater Police Service's main line at 902-543-2464.

What's coming to streaming this week: August 6-12, 2025

PRIME VIDEO	August 9	DISNEY+	August 6	August 10	NETFLIX
August 6 The Pickup (Amazon Original)	NWSL: Utah Royals vs Kansas City Current	August 6 Low Life (New Episodes)	The Nice Guy (New Episodes)	August 10 Traveling with Snow Man (New Episode)	August 6 Ride Along
August 7 Abduction	NWSL: Utah Royals vs Kansas City Current	August 7 Strippers: Cars for Cash (Seasons 1-2)	Inspirez, Expirez (Season 2 — Part 2, Episodes 1-5, Canadian title)	August 8 Alarum	August 8 Ride Along 2
Buried	Play And Learn With Blippi Field Trips For Kids	August 8 The Proud Family: Louder and Prouder (Season 3, All Episodes)	August 8 Christine Jessop Story (Season 1, Episodes 1-3, Canadian title)	August 9 Freaky Tales	Wednesday: Season 2 Part 1 — Netflix Series
Conan The Barbarian	Quakers: The Quiet Revolutionaries	August 9 FX's It's Always Sunny in Philadelphia (Season 17, New Episode)	August 9 Goon	August 9 Goon: Last of the Enforcers	August 7 Batman v Superman: Dawn of Justice
Face Value		August 10 East Harbour Heroes (Season 3, Episode 10, Canadian title)	August 10 Mission: Impossible — Dead Reckoning	August 10 The Gilded Age (finale)	Kicking & Screaming
Occupation		August 11 I Kissed a Boy (Season 2, Episode 1)	August 11 Outlander: Blood of My Blood (Season 1, two-episode premiere) — Starz	August 11 Scary Movie — Starz	This Is Where I Leave You
Push		August 12 A Martha's Vineyard Mystery #3: Ships in the Night	August 12 Scary Movie 2 — Starz	August 12 The War with Grandpa — Starz	August 8 Scott Pilgrim vs. the World
Road To Paloma			August 12 Scary Movie 3 — Starz	August 12 The War with Grandpa — Starz	Stolen: Heist of the Century (Great Britain) — Netflix Documentary
The Fog			August 12 The War with Grandpa — Starz		
The Next Three Days					
Identity Thief					
Fruitvale Station					
Taurasi [Amazon Original]					
August 8 WNBA: Dream at Sky	August 10 Backstrom (Season 2)	August 8 Bob's Burgers (Season 15, New Episode)	August 6 East Harbour Heroes (Season 3, Episode 10, Canadian title)	August 9 Scary Movie — Starz	August 11 Home
WNBA: Fever vs. Mercury	August 11 Drop (Amazon Original)	August 9 Narco Wars: In Their Worlds	August 7 Adrift — Starz	August 10 The Gilded Age (finale)	August 12 Final Draft (Japan) — Netflix Series
	August 12 Nintama Rantarou The Movie : Dokutake Ninja-Tai Saikyo No Gunshi	August 10 FX's Necaxa (Two-Episode Premiere)	August 11 Diamond Tongues — Starz	August 11 Scary Movie 3 — Starz	August 12 Jim Jefferies: Two Limb Policy — Netflix Comedy Special
	August 11 The Secret Garden	August 11 Ralph Barbosa: Planet Bosa		August 12 The War with Grandpa — Starz	
	August 12 The Rundown	August 12 Sharks Up Close with Bertie Gregory			
		August 12 SuperKitties: Su-Purr Adventures (Shorts) (Season 2, All Episodes)			

Social Column

Enjoy this "social media of yesteryear" excerpt from the Bridgewater Bulletin.

August 6, 1941

Mr. and Mrs. M.B. DeLong were agreeably surprised on Saturday evening when about 30 friends gathered at their home and tendered them a surprise party, prior to their departure to take up residence in Wolfville. Contests were enjoyed and all joined in a sing-song of familiar songs with Isobel Mader at the piano. Presentation of a gift to M. and Mrs. DeLong was made by Rev. Mr. Hartlin. The recipients made a fitting response. At a late hour, delicious refreshments were served by the ladies.

Mr. and Mrs. Charles Bushen, Mr. and Mrs. Urban Bushen, accompanied by Mrs. A. Goldwater, and son, Alfred, all attended the show, "Gone with the Wind" at New Germany on Saturday evening.

The members of the Garden Club entertained at a most delightful tea and sale of flowers on Wednesday at the home of Mrs. D.W.N. Zwicker in aid of the Queen's Fund. The event which was centered in the flower garden of the hostess' home, featured many varieties of beautiful bouquets and was well attended.

Rev. and Mrs. MacLaughlin and two children, of Pennsylvania, are spending their vacation at a cottage at the Ovens Park. This is the fourth time that Rev. MacLaughlin and family have returned to the Ovens to spend their annual vacation. We give them a hearty welcome and trust they will continue to return each year.

Curious to see more? Visit our Archives at www.southshorebulletin.ca



Municipality of the District of Chester Employment Opportunities

The Municipality of the District of Chester (MODC) is seeking applications for the following positions

- 2 Development Officers
- 2 Landfill Facilities Attendants
- 2 Public Works Skilled Labourer
- 1 Public Works Seasonal Labourer
- 1 Engineer in Training
- 1 Municipal Services Representative

Duties and responsibilities can be found in the job descriptions posted on the Municipality's website www.chester.ca/employment and clicking on "Current Job Postings".

Information and complete job descriptions are available online at www.chester.ca or by contacting our Director of Human Resources (contact information below).

These competitions will remain open until successfully filled.

Please send your **resume along with three professional references** and contact information, in confidence, using one of the following options:

- Email employment@chester.ca
- Fax 902-275-4771
- Mail Pamela Myra, Municipal Clerk/Director of Human Resources, 151 King Street, PO Box 369, Chester, NS B0J 1J0

While we thank you for your interest, only those candidates selected for interview will be contacted.

Those were the days

Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, August 6, 1941.



www.southshorebulletin.ca/Archives

Light in Darkness: Iceland

An exhibit by Peter Barss

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

SOUTH SHORE – Is it real, or is it not?

Long-time photographer Peter Barss, of West Dublin, will be sharing 36 of his images from Iceland at the LaHave Bakery from Aug. 7 to 18.

The exhibit will be open from 10 a.m. to 4 p.m. and Barss will be on site to answer any questions.

What is different about this exhibit?

He has created a series of photographic images. “Light in Darkness”, that are not photographs in the traditional sense. Instead, they are composited from elements he chose from the thousands of pictures he took in Iceland. They lie somewhere between photography and painting, he described.

Barss took over 3,000 photos while spending about a month (two weeks in two consecutive years) in Iceland which he describes as a “big island – small country”.

He and his wife, Myra, travelled in a rental van along the 1,100-kilometre Ring Road which encompasses the island, several years ago. The first year, they went one way, the second year, the other. Making stops along the way to take photos.

“It’s just an amazing country. It’s unlike any other place,” he said.

Even though he has taken just ‘regular’ photos for many, many years. He decided to try something different.

“First of all, I wanted to do something different. I find this a lot of fun. These are sort of like puzzles,” he said, adding that taking regular photos is now a bit boring.

His process begins with finding an interesting photo.

Once he finds that, he looks for other elements in other photos that would fit into what he saw in the first photo, emotionally, then he tries to expand on that.

He works in Photoshop and selects elements and blends them into that first image.

“I would also have several works on the go and would keep going back and sometimes I would look for an element that I wanted to put in one photograph, and would think, no, this works better in the other project,” he said.

“It’s a really long and organic process of finding parts of pictures that would create a larger picture. Most of these pictures actually look like real places, but they are not. They are all unique. I can’t tell you to go to this spot, because they are all made up.

“Because they don’t document real locations my images are more open to imaginative and emotional interpretation. The ‘place’ of the images is in the hearts and minds of the viewer,” he said.

Barss has done his research and could not find any other artist that does this kind of work currently.

He said this concept of photography as pure metaphor came from Alfred Stieglitz and his cloud series, ‘Equivalents.’ In the 1920s and 1930s, he spent nearly a decade photographing clouds, not to record specific formations, but to convey and to be equivalent to emotions and ideas.

“While Stieglitz’s cloud pictures are far more abstract than mine, his idea that the meaningful content of a photograph is not a literal representation of physical reality, really informs my work,” he said.

Barss said that he had a book of his work since he was a young lad and liked the idea for a photograph not representing what’s in front of the camera but being more abstract and more emotional.

“I’m also very deeply involved in environmental activism and one of the main purposes of this exhibit is to try and make viewers feel those kinds of overwhelming emotions that I felt in Iceland and therefore, maybe care a bit more about our environment,” said Barss.



CONTRIBUTED PHOTO

Photographer Peter Barss is shown here with his wife Myra and their rental ‘home’ in Iceland, where they spent a month total taking photos, making up his collection of unique, one-of-a-kind photos that will grace the walls of the LaHave Bakery Aug. 7 to 18.

“We should embrace that beauty in the same way a child does. If we could see nature through the eyes of a child, we might emerge from this environmental mess we’ve made for ourselves and leave a healthier world for our children and theirs.”

Why name the exhibit, ‘Light in Darkness’?

“Landscape photography and landscape painting is very much weighted toward pretty things – rainbows, sunrises, sunsets, that kind of thing,” he said. “But there is also a dark side. In addition to the absolute outstanding scenery in Iceland, there is that constant threat of violence in Iceland. Everything you see is a result of a volcanic eruption.”

He gave a couple of examples of the dark side. As a little boy, he used to play a lot in the woods behind his house in Massachusetts. One day, he went a little farther than normal and discovered a pond.

While he was playing, it began to rain, he lost track of time and he became lost. Obviously, he did find his way back eventually, but he was very scared and wet.

In a more recent incident, while exploring Iceland, he and Myra were walking and he felt a tremor.

“There are hundreds of earthquakes every week in Iceland. We were walking along this little path and we felt a little jiggle and all of a sudden, this hill collapsed in front of us and boulders came rolling at us and stopped about 10 feet in front of us,” he said.

“There we were enjoying the day, going for a walk,

then all of a sudden, this threatening, violent aspect of nature erupted. If we had been just a few feet ahead of where we were, we could have been killed.”

That is the other side.

He said there are two themes to this exhibit. One is the dichotomy of prettiness and threatened violence combined in one photo. The other part of is that he hopes people, after viewing his exhibit would start think of nature in a deeper way.

“They are my way of celebrating the beauty I see and feel in nature: the light and the darkness. The ‘place’ of my images is not in physical reality. Their place is in the hearts and minds of the viewer. Because they don’t document real locations they are more open to imaginative and emotional interpretation.”

Barss is working on putting together a book, featuring these works. This would be his third book. The two others include: Older Ways: Traditional Nova Scotian Craftsmen and Images of Lunenburg County.

Although he is the author and photographer for his works, he also wanted to give a shout out to his wife, who reads everything he writes and looks at critiques every photo that he takes or puts together.

He has also written for several North American newspapers and magazines and has received many awards for both his writing and his photography, and he is a member of the Royal Canadian Academy of Arts. He lives in West Dublin.

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PRICES FROM THURS AUG 7 TO WED AUG 13, 2025

NO NAME BUTTER <small>SALTED AND UNSALTED 454G</small> <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$5.49</div>	FRESH BONELESS SKINLESS CHICKEN BREAST & THIGHS <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$6.49</div> <small>LB/ \$14.31kg</small>	STRIPOIN STEAK <small>CUT FROM CANADA 'AAA' BEEF</small> <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$14.99</div> <small>LB/ \$33.05kg</small>
FARMERS MARKET MIXED PEPPERS <small>3PACK PRODUCT OF CANADA</small> <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$3.79</div>	FRESH CELERY <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$1.99</div> <small>PRODUCT OF CANADA</small> VINE-RIPE TOMATOES <small>PRODUCT OF CANADA</small> <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$1.99</div> <small>LB/ \$4.39kg</small>	FRESH ONTARIO PEACHES <small>PRODUCT OF CANADA</small> <div style="font-size: 2em; font-weight: bold; margin-top: 10px;">\$2.49</div> <small>LB/ \$5.49kg</small>

Lunenburg, N.S.			
TIDE TABLE			
Wednesday, August 6		Sunday, August 10	
low 1.35 ft	12:48 AM	low 0.43 ft	3:40 AM
high 4.53 ft	7:07 AM	high 5.64 ft	9:50 AM
low 2.07 ft	12:55 PM	low 1.35 ft	3:59 PM
high 5.09 ft	7:03 PM	high 5.77 ft	9:50 PM
Thursday, August 7		Monday, August 11	
low 1.12 ft	1:38 AM	low 0.36 ft	4:19 AM
high 4.82 ft	7:50 AM	high 5.84 ft	10:30 AM
low 1.84 ft	1:45 PM	low 1.28 ft	4:44 PM
high 5.35 ft	7:47 PM	high 5.74 ft	10:32 PM
Friday, August 8		Tuesday, August 12	
low 0.85 ft	2:21 AM	low 0.39 ft	5:00 AM
high 5.09 ft	8:31 AM	high 5.97 ft	11:09 AM
low 1.64 ft	2:32 PM	low 1.25 ft	5:34 PM
high 5.58 ft	8:28 PM	high 5.64 ft	11:16 PM
Saturday, August 9		Wednesday, August 13	
low 0.62 ft	3:02 AM	low 0.56 ft	5:44 AM
high 5.38 ft	9:11 AM	high 5.97 ft	11:50 AM
low 1.48 ft	3:15 PM	low 1.25 ft	6:28 PM
high 5.71 ft	9:09 PM		

Level of accuracy may be affected by weather patterns and circumstances.

LIFESTYLES

When you're thrown off-course

SUSANNE BECK
Reality Check

In our lives, we may have blissful times.

Those are the days when everything is going smoothly. Relationships with friends and family are warm and satisfying, work or purpose is well in hand and headed in the direction that you want, you are healthy in body and mind, you have hope for the future and optimism that you have or can achieve the life you want to live.

Wherever you go, you get co-operation, friendliness, good will. Your expectations are met at every turn. How does that sound? Wow.

However, there are also times when it's not such smooth sailing, and it can seem to be a very sharp turnaround indeed.

Let's take a look at Iris. After some tumultuous years, Iris finally has the fundamentals in place for a good life. She is healthy, lives in a comfortable place, has some financial security, and a small, close group of friends.

Her basic needs, those that Dr. Glasser says are common to all of us: security/survival, power, freedom,

love/belonging, and fun are all being met to a satisfactory level.

Then Iris got a letter. She didn't fully understand it, but it seemed to suggest that her financial situation wasn't as she had believed it to be.

Iris could feel her response. Her

heart began racing, her breathing got faster, and her belly tightened. That's her physiology.

How about feelings? Iris immediately got frightened. She also felt dread, anger, resentment... Many emotions; none are positive. Those

are her feelings.

What about thoughts? There's confusion, "I don't understand" and maybe even "I'm stupid." She racks her brain, wondering what to do.

Continued on page 15

It's not what you said, it's how you said it

STEPHANIE MILLER VINCENT
Business Moments

What your tone is actually doing to your team (spoiler: it's not what you think)

Let's be honest: most people don't set out to be a difficult boss. But somewhere between the meetings, the deadlines, and the "Why is this printer still broken?" moments, we forget that leadership is a tone. And sometimes that tone is... yikes.

Here's a little scene that might sound familiar.

A restaurant manager asks for "a couple of options" for a summer menu item, nothing wild, just something seasonal, and local. The chef, bless

their enthusiastic heart, sends over 20 fresh, inspired dishes. The reply?

"I only needed one. This was a waste of your time and mine."

Oof. Not exactly a team building moment.

Now, I'm sure the manager didn't mean to crush anyone's spirit, yet that's the thing. Most damage in the workplace isn't caused by what we mean to say. It's how we say it.

So, what could have landed better? "Wow, I love the variety! Thanks for giving it so much thought. I'll pick one and get back to you."

Same decision. Completely different vibe.

And if you're thinking, "Well, I don't have time to sugarcoat things,"

let me reframe that for you: you don't have time to keep cleaning up morale after a badly worded email.

If you lead a team, no matter how large or small, whether they work with you or for you, especially in hospitality or service, your words are your leadership. They echo. People replay them. They teach people how safe it is (or isn't) to take initiative, offer ideas, or even just show up fully. I ask you to consider, would you speak with a customer/client/guest the same way?

Here are a few phrases that show up way too often in the wild and how to tweak them so they land with leadership instead of leaving bruises:

Continued on page 9





2025 FALL WOOD & METAL COLLECTION

Wood and metal items will be collected on the following dates:

Town of Bridgewater:
September 8 - 12, on your regular collection day

Town of Mahone Bay: September 15, entire Town collected

Municipality of the District of Lunenburg:
September 15 - 26, on your regular collection day

Combined Wood and Metal Collection Limits:
Bridgewater: 100 kgs (220 lbs)
Mahone Bay: 2 cubic metres (2.6 cubic yards)
Municipality: 4 cubic metres (5.2 cubic yards)

Place wood and metal in separate piles at the roadside.

Residents drop off household hazardous waste, fridges, air conditioners, freezers, dehumidifiers, and water coolers at the Waste Site at 908 Mullock Road, Whynott's Settlement.

Accepted Metal Items Include:



Accepted Wood Items Include:



Drain fluids from lawnmowers

Wood and metal items up to 1.8 m (6 ft.) long accepted.
Remove spikes and brackets over 15 cms (6 in.) from pieces of wood.

Questions? Call (902) 543-2991 or visit www.communityrecycling.ca.

D8668



Free Training for Community & Volunteer Groups in Lunenburg County

The Municipality of the District of Lunenburg is offering a limited number of free online training spots for staff and volunteers in a course called "**Designing for Belonging.**"

Led by the Reimagining Sport, Recreation and Leisure Collective — a team of experienced facilitators, practitioners, and community-based researchers—this training aims to foster inclusive and welcoming communities.

Participants will gain practical tools and resources to help reduce barriers to participation in activities that your organization provides — like sports, recreation, arts, and outdoor activities. This training is especially helpful for people who want to make their communities more welcoming and inclusive for everyone.

We're looking for people from volunteer organizations providing community services, who care about making programs more welcoming and easier to join and are open to working with people who don't always get the support they need.

Training Details:

- **When:** Every Wednesday for 9 weeks from **October 1 to November 26, 2025, 11 a.m. to 1 p.m.** (online)
- **Bonus:** A one-day, in-person workshop will be held in early 2026 for everyone to meet, learn more, and share ideas.

For more information on the training, visit:
www.reimaginingaccess.ca/design4belonging

Interested? Here's how to apply

- Visit modl.ca/latest-news-and-public-notice
- Email your application to Sandra.Challis@modl.ca by **4:00 p.m. Wednesday, September 10, 2025**
- Or pick up and drop off an application at the Municipal Building: **10 Allée Champlain Drive, Cookville**

Space is limited, so apply soon! You'll be notified by **September 19** if you're selected.

Questions? Contact Trudy Payne at Trudy.payne@modl.ca or call 902-541-1333.

D8674

LIFESTYLES

All about the Arctic Tern

JAMES HIRTLE
Bird Notes

On my field trip on July 26, we were in the right place at the right time to get photos of an arctic tern perched on the wires in Mahone Bay.

It is hard to get a good photo of an arctic tern. This species is circumpolar and nests on northern European islands and peninsulas from Iceland to Soviet Russia, Siberia, the British Isles, Netherlands, Denmark, Sweden, Estonia, Finland, Russia and in North America on most arctic islands and coasts; Greenland, south to Ellesmere Island and in Alaska, the Aleutian Islands, the Yukon, Washington, Atlanta, Manitoba, in Ontario, Quebec and Labrador; In Newfoundland and south along the Atlantic coast to Maine and Massachusetts.

They winter in the Southern Hemisphere in sub-arctic and Antarctic waters of the Atlantic, Pacific and Indian Oceans.

The arctic tern is 35 to 42.5 cm long with a wingspread of 72.5 to 82.5 cm. They are a black-capped white tern with a gray mantle; and have a deeply forked tail.

They resemble the common tern, but in spring and summer the entire bill of the arctic tern is blood red. They are different from the common tern as they have a longer tail, shorter legs and grayer underparts. The arctic tern tail extends to the wing tips.

In feeding they hover over water on beating wings, suddenly diving and striking the water with a splash, often submerging to catch small fish in their bill, such as capelin, sand lance or sand eel. They often will eat small crustaceans.

I had a good turnout for the Mahone Bay Field Trip on July 26 with 17 people. We had 51 species, which

was good. The normal for the field trip is 60-70 species.

One thing I noticed was a shortage of warblers. We had eight species of warblers only with yellow-rumped warbler, northern parula, black and white warbler, American redstart, yellow warbler, common yellowthroat and chestnut-sided warbler.

Two juvenile bald eagles in a nest were a treat at Second Peninsula. Also, at Second Peninsula there were 100 barn swallows, tree swallows and several bank swallows. We had four killdeer and got some great looks at an alder flycatcher.

On July 24 I watched an eastern wood pewee at Upper First Peninsula. I talked to a man there who told me about an osprey dropping a fish, which fell to the ground close to him.

Growing up in East LaHave, my dad was in the garden one day and a fish fell from the sky narrowly missing him. This one also was dropped by an osprey.

Glenn Rhodenizer of Second Peninsula reported four bobolink nests that were all successful. He saw 15 of these birds one day. Glenn also noted two Nelson's sparrow nests. There were peeps behind the cow barn, likely least sandpipers.

While Glenn was out in the field, a young common tern, likely on its first flight, fell to the ground beside him. After a time, it flew off none the worse for wear.

In Bridgewater, Lise Bell took a shortcut, across to Hebbville, along a dirt road. She spotted a barred owl in the middle of the road with its wings splayed out.

The owl was likely taking a dust bath or anting to remove parasites. Lise also reported 43 semi-palmated plovers, some sanderlings and two semi-palmated sandpipers at Crescent Beach.

Alice Arnold told me that one of her daughter's and her family have a cottage on Beavertail Basin. Her



JAMES HIRTLE PHOTO

The arctic tern caught on camera July 26 in Mahone Bay.

daughter was paddle boarding and as she passing by a tiny beach on the lake, she saw a pair of bald eagles taking a drink. It is great to watch these majestic birds.

On July 26 David Walmark watched a flock of six cedar waxwings alight on his honeysuckle bush and start to eat berries.

On July 22 a long-tailed jaeger was sighted off Brier Island. Mark Dennis found a green heron at Bait Road on Cape Sable Island.

On July 23 David Currie sighted a Franklin's Gull off Devil's Island. On July 29 Ken McKenna found one of these gulls at Merigomish Point on Big Island.

As he left for work on July 23 Alix d'Entremont heard a black-billed cuckoo calling on Abbot's Harbour Road. On July 25, over a three-hour period at Cape Forchu, Kathleen MacAulay counted 3,600 shearwaters with about 400 Cory's shearwaters. We did not see many Cory's shearwaters here up until a few years ago.

On July 27 Christopher Leblanc found a cattle egret at Little Anse in Cape Breton. Kathleen MacAulay, Paul Gould and Alix d'Entremont had a parasitic jaeger and a long-tailed jaeger about 12 km west of Mud Island. Jason Dain reported two south polar skuas off Brier Island. Several people have also sighted American oystercatchers at Daniel's Head on Cape Sable Island.

On July 29 Kathleen MacAulay reported a Hudsonian godwit at Egypt Road.

Semi-palmated sandpiper numbers were estimated at around 35,000 at the guzzle in the valley by Dominic Cormier, Rick Whitman and George Forsythe. Several pectoral sandpipers have also been seen across the province.

You may reach me at 902-693-2174 or e-mail jrhbirder@hotmail.com.

It's not what you said, it's how you said it

Continued from page 8

Instead of, "We've always done it this way," try "Let's look at what's worked and whether there's a better way now."

Instead of "That's above your pay grade," try, "Leadership's handling that, but your perspective is valuable, thank you for asking."

Instead of "Don't bring me problems without solutions," try, "Thanks for flagging this, let's dig into it together."

Instead of "I don't have time for this," try, "This deserves more time than I have right now, can we book a chat later today?"

Instead of, "That's just common sense," try, "It sounds like we need to reset expectations, let me walk you through it."

Instead of, "You're too emotional," try, "It's clear this matters to you, let's figure out what's underneath it."

Instead of, "If I don't say it, who will?" try, "I want to be honest and helpful – can I share a few thoughts with you?"

No one's perfect. We all have off days. Yet if you

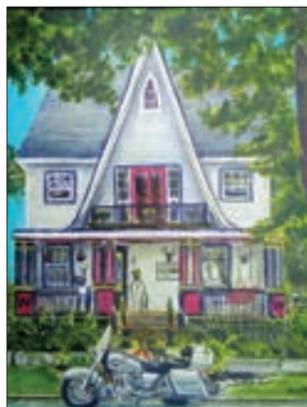
consistently notice tension after you give feedback or if your team is doing the bare minimum, it might be time to check your tone, not your task list.

Hospitality isn't just for guests. It starts behind the scenes, with how we speak to each other when no one's watching. So, here's your leadership nudge for the week: Will you lead with a tone that builds trust or a tone that builds walls?

Stephanie is the Founder and Visionary behind SMillerVision | Your Hospitality Hero. She helps service-based businesses become places people love to work and brag about later. Learn more at www.smillervision.com.

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WEDNESDAY EVENING AUGUST 6. Grid of TV channels (6-56) and programs (6:30-11:30) including Goldbergs, Ent. Tonight, MasterChef, and various news and entertainment shows.

DON'T FORGET Support your local food banks! This message brought to you by southshorebulletin.ca your local newspaper. Includes images of food cans like apples, beans, and carrots.

What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide grid showing channel numbers (A-E) for various stations like GLOBAL, ITV, YTV, CBC, PBS, etc., across different regions.

THURSDAY EVENING AUGUST 7. Grid of TV channels (6-56) and programs (6:30-11:30) including Matlock, Big Brother, The Rookie, and various news and entertainment shows.

FRIDAY EVENING AUGUST 8. Grid of TV channels (6-56) and programs (6:30-11:30) including Crime Beat, Big Brother, Match Game, and various news and entertainment shows.

WEEKDAY DAYTIME AUGUST 6 TO AUGUST 12. Large grid of TV channels (6-56) and programs (7:30-6:00) including Global News Morning, CTV Your Morning, and various news and entertainment shows.

SATURDAY DAYTIME AUGUST 9. Table with 19 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME AUGUST 10. Table with 19 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING AUGUST 9. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING AUGUST 10. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

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FAMILY ALBUM



Happy Birthday Hollee Tompkin! August 6, 2025

These three special women - Hollee Tompkin, Linda (Wynacht) Salek, and Goldie (Tompkins) Martin, each celebrated a birthday within three weeks of each other, and Goldie is 104! Special thanks to Hollee and Justin Lowe for helping with the arrangements for Grandma's special event.

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Sunday August 10th

Eighth Sunday after Trinity - Rev. Oliver Osmond

9:00am St. Peters West LaHave

Holy Communion

11:00am St. Marks Broad Cove

Holy Communion

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The 10 Commandments

I am the Lord your God, you shall have no other gods but me

You shall not make for yourselves an idol and worship it

You shall not misuse the name of the Lord your God

Remember the Sabbath day by keeping it holy

Honour your father and your mother

You shall not murder

You shall not commit adultery

You shall not steal

You shall not give false testimony

You shall not covet

St. James Anglican Church in Conquerall Mills

Worship services are the
second Sunday of each month,
from April to December.

Christmas service is Sunday before the holiday.

Worship starts at 10:30 a.m.

YARD SALES

Yard sale. Saturday, August 9, 9 a.m. to 1 p.m., St. Andrew's Lutheran Church, Feener Corner Road, West Northfield.

TEAS

Victorian Tea, Trinity United, Rose Bay, Wednesday, August 13, 2:00 p.m. to 4:00 p.m., \$18, Quilt/Fibre Arts Display & Sale, Info: 902-766-4235.

COMMUNITY

Blueberry Social at the Riverport & District Community Center on August 20 from 11 a.m. to 1 p.m. Cost \$15. Come and join us.

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MEMORIALS



Weaver - In loving memory of Michael F. Weaver, who died August 2, 2013.

My mind still talks to you, My heart still looks for you, My soul knows you are at peace.

I am thankful for having had you,

But I still miss you so much.

Loving you always, Judy.

P.S. take good care of those Grimm Road kitties.

Donald Doucet
Passed away August 12, 2024.

My darling Don, a year has passed since you left.

I never really got the chance to say goodbye.

You are always on my mind, and in my heart.

You were my rock, miss you so much.

Edgar has gone to the Rainbow Bridge where you would meet.

He loved you too.

Your loving wife, Doreen.

E-MAIL YOUR CLASSIFIED AD,

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CORRECTION - The obituary for Shirley Ann Stewart (passed July 9, 2025), should read Shirley Ann Naugler (Stewart). Additionally, the proper spelling of Shirley's sister's name is Lynne Stewart.

GRAVESIDE SERVICE

Thelma Peck February 1935 - March 2025

Family and friends of the late Thelma Peck (Bond), are invited to attend a graveside service at the Brookside Cemetery 1 Bridgewater on Saturday, August 23, 2025, at 2:00 p.m. A reception to follow at the Anglican Parish Hall, 78 Alexandra Avenue, Bridgewater.



DEATHS

Emeneau, David Creighton, 93, Lunenburg, died July 26, 2025 at Shoreham Village, Chester. Arrangements entrusted to Dana L. Sweeny Funeral Home.

Purcell, Charles W., 84, Lunenburg, died July 20, 2025 at Shoreham Village, Chester. Arrangements entrusted to Dana L. Sweeny Funeral Home.

Herman, Adele Anez, 92, Broad Cove, died July 25, 2025 in Queens Manor, Liverpool. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

Sarty, Richard William, 58, Baker's Settlement, died July 20, 2025 in Baker's Settlement. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater

Milheron, Carl Standish, 88, Hebbville, died July 25, 2025 in South Shore Regional Hospital Bridgewater. Arrangements entrusted to Sweeny's Funeral Home, Bridgewater.

Stevens, Gerald Barnaby (Gerry), 83, Marriotts Cove, died July 24, 2025 at home. Arrangements entrusted to Mahone Funeral Home.

Obituaries can be found online at southshorebulletin.ca



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CARDS OF THANKS AND MEMORIALS

75 words or less: \$20.00*. Additional words \$0.20 each.

OBITUARIES

75 words or less: \$15.65. Additional words \$0.20 each. With photo: add: \$20.00*.

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PRIOR TO
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(Note: Holidays may affect deadlines)

*Note: All classified ads must be pre-paid. All prices are +HST

Funding available for ocean clean up projects

SOUTH SHORE BULLETIN STAFF

Nova Scotia is home to over 13,000 kilometres of coastline.

The government of Nova Scotia is providing funding for shore clean and ocean clean-up projects, across the province. Members of the seafood industry, sportfishing associations, community groups along with other organizations can once again access funding through the provincial government to support clean-up operations.

“Clean coastlines benefit local communities and enhance the reputation of our seafood industry as a provider of top-quality products,” said Kent Smith, Minister of Fisheries and Aquaculture, in a news release. “Our goal is to limit the amount of debris that reaches the shore and increase recycling from cleanup initiatives.”

Funding is available through the Marine Debris Clean-up Program for shoreline cleanups and could receive funding up to a maximum of \$2,000 per event. Applications for funding will be accepted until Feb. 1, 2026, or until all available funds are allocated.

“Through continued support from the Marine Debris Clean-up Program, Coastal Action has been able to continue a range of projects that not only target persistent marine debris on Nova Scotia’s shorelines but also strengthen our relationships with local partners. The program has been supportive in helping us work towards solutions on the ground and inspire more collaboration toward cleaner coastlines and responsible disposal,” says Kelly Mackarous, Coastal and Marine Program Manager, Bluenose Coastal Action Foundation, in the release.

For more information and eligibility requirements search, “Marine Debris Clean-up Program” on novascotia.ca.

OBITUARIES

David Creighton Emeneau

With grieving hearts, the family of David Creighton Emeneau, aged 93, of Lunenburg, announces his passing on Saturday, July 26, 2025, at Shoreham Village in Chester.

Born in First Peninsula, David was the son of Fred and Hilda (Tanner) Emeneau. He lived a life marked by dedication and hard work, spending many years as a general contractor. His craftsmanship and attention to detail were a testament to his character, reflecting the pride he took in his work.

David attended the one-room schoolhouse in First Peninsula and then the Lunenburg Academy. After high school he joined the Royal Canadian Air Force and served for five years. He returned home and worked for Lunenburg Foundry and Atlantic Bridge Company where he met his wife, Geraldine (Daniel). In 1965, he and his partners founded D & E Industries Ltd., which he ran until 1984. He then devoted his time to Trident Construction Co. Ltd. until retiring in 1993.

In retirement he enjoyed spending time sailing at the cottage on Big Mush-a-Mush, his involvement with the South Shore Ship Modelers Guild (of which he was a founding member), Habitat for Humanities and numerous other hobbies.

David is survived by his loving wife, Geraldine, and was a proud father to his daughter, Dena, of Lunenburg and son, Chris, of Halifax. He is also survived by his sister, Anita, of First Peninsula. David cherished the moments spent with his family and friends.

In addition to his parents, David was predeceased by his sisters, Evangeline and Audrey, and his brothers, Franklyn, Elmer, Eric, and Rod.

Funeral arrangements are under the direction of the Dana L. Sweeny Funeral Home, 11213 Highway 3, Lunenburg. In accordance with David’s wishes, there will be no formal service.

In lieu of flowers, the family kindly requests that memorial donations may be made to organizations supporting COPD or to the Brain Injury Association of Nova Scotia.

As we remember David, let us celebrate a life well-lived, filled with love, laughter and the warmth of family and friends.



Scarecrow Festival coming in late September

By LOGAN RING
NSCC Student Journalist

MAHONE BAY - The streets of Mahone Bay will once again come alive with whimsical charm and community spirit as the beloved Scarecrow Festival returns this year from Sept. 26 to Oct. 13, marking 29 years of fun.

This year, visitors can expect the same beloved tradition of handcrafted scarecrows that line the streets, shop windows, parks, and trails that offer a joyful escape amid the dust and detours in Mahone Bay.

“We know this year’s festival will take place during some significant construction in the town, but we also know how much joy these scarecrows bring to locals and visitors,” said Sylvia Jackson, festival chair in a news release.

“The streets might be torn up, but the spirit of Mahone Bay is very much alive and on full display. While construction continues through the end of the year, it marks important work that will ensure Mahone Bay is stronger and more beautiful for years to come. In the meantime, the scarecrows are here to lift spirits, spark smiles, and bring everyone together.

The Scarecrow Festival brings together families, businesses, and volunteers who create imaginative displays ranging from classic harvest characters to playful pop culture icons.

Visiting during the Scarecrow Festival is a perfect opportunity to explore downtown Mahone Bay, enjoy delicious seasonal treats, and help keep the heart of Mahone Bay thriving through this important transition.

New this year to the scarecrow festival is a children’s dance that will be held Oct. 4.

Once again this year, the fruit pie contest will be held at the Trinity United Church Hall in Mahone Bay with three judges – Sachin Seth who won the Great Canadian Baking Show Holiday in 2021; Jennah Barry an owner of the Famous Town Pie Shop and Mike Bishop who owns The



FILE PHOTO

The 29th annual Scarecrow Festival is a go, once again bringing some whimsical fun to the streets of Mahone Bay. The event goes Sept. 26 to Oct. 13.

Barn Coffee and Social House.

There will be prizes for the best pies. There will be \$250 for first place, \$150 for second place and \$100 for third place, for each category. There will also be a best-in-show prize of \$500. The pie categories are apple pie, blueberry pie, strawberry pie, fruit tree pie (peach, pear or cherry) and fall harvest pie (cranberry or pumpkin).

The prize money is provided to the contest by Nova Scotia Loyal. Nova Scotia Loyal is a government program designed to make it easier for Nova Scotians to identify, purchase, and support local products.

“Nova Scotia Loyal is a big supporter of that for us because it is it’s. It’s Nova Scotia fruit pie contest, so Nova Scotia Loyal helps us with the prize money. They give us enough to cover the prizes, which is really generous of them,” says Jackson.

Next year’s event will mark the 30th anniversary of this beloved festival and to celebrate, “we’ll do something big,” said Jackson. For more information on the festival visit The Festivals of Mahone Bay website.

When you’re thrown off-course

Continued from page 8

Memories of previous unpleasantness bubble up in her mind. Those are her thoughts.

How about actions? She rereads the letter. Scours the internet, ineffectively. Decides she must take a break, so she sits at the TV. She adds in some high-calorie snacks for comfort. Those are her actions.

That response is a description of what Choice Theory refers to as “total behaviour.” Together, the four elements: actions, thoughts, feelings and physiology make up our behaviour.

You may have noticed that our physiology and feelings respond quickly; we don’t seem to have much direct control over them. However, we can exert some control over our actions and our thoughts.

The powerful insight from Dr. Glasser and others is that when we take control of our actions and thoughts, we can influence our feelings and physiology.

Thus, the most effective response for Iris is to choose actions and thoughts that will lead her to where she wants to go, which is toward clarity and resolution of this confusing, frightening information.

However, that’s often easier said than done, isn’t

it? The path ahead may seem so daunting that we want to pull back, pull the covers over our heads, and avoid all human contact. You already know the problem with that: tomorrow it’s likely that the problem will still be there.

What to do? When we don’t know what to do, try taking one small step in the right direction. Just one step for today.

For Iris, I might suggest a small step such as, think of someone who can help you. A professional, a trusted friend, or even someone who could recommend someone. Look up their number. Make a call, even if it’s just to say, “I have a problem and I need your help.” Make an appointment. That’s a pretty good step for a day.

They may respond with “Yes” or “No.” If it’s “No,” Iris could ask for a suggestion as to who else she might call. Either way, Iris has made a first step. She will need to take more steps, but at least she’s on a path. One step is infinitely more effective than no step.

What do you do when events throw you off course? Let me know at choice@focusonclarity.com or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~

Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

The Canada Strong pass comes to Nova Scotia

By **LOGAN RING**
NSCC Student Reporter

FEDERAL-PROVINCIAL - The federal government has created a program that makes exploring the history of Canada more affordable for Canadians and non-Canadians. This program will also give young people the opportunity to explore the province of Nova Scotia at a discounted rate.

Nova Scotia museums have 28 locations across the province from Cape Breton to Yarmouth.

Children and young adults can enjoy free or reduced admission to all provincial museums and the art gallery of Nova Scotia as part of the new Canada Strong Pass, an initiative of the federal government.

From June 20 to Sept. 2, children aged 17 and under will receive free admission to the Art Gallery of Nova Scotia located in Halifax and all 28 locations of the Nova Scotia Museum across the province. People aged 18 to 24 will receive 50 per cent off admission fees.

The Canada Strong pass has no physical or virtual pass, and the benefits are applied to all visitors of the museum whether they are a local, a citizen or a non-citizen.

“This program opens the door for more families and young people to discover Nova Scotia,” said Dave Ritcey, Minister of Communities, Culture, Tourism and Heritage in a statement. “Whether it’s seafaring and shipwrecks, striking art exhib-

itions or life in a 19th-century village, these experiences invite travelers to slow down, look closer and discover what makes our province unique.”

In Bridgewater there is the Wile Carding mill museum, a former water powered mill that was vital for the areas wool production in the late 19th and early 20th century. The mill was designed too effectively turn a sheep’s fleece into usable material that could be spun into wool or bedding that revolutionized wool carding in the area, being able to turn a week’s worth of wool into usable material within an hour.

Just outside Shelburne in Birchtown there is the “Black Loyalist Heritage Centre” a centre and museum that is located on the Black Loyalist Heritage Site, the centre shares the stories of black loyalist men and women who fought on the side of the British during the American revolution and won their freedom.

The Wile Carding Mill and the Black Loyalist Heritage Centre are two of the nine Nova Scotia museums in the South Shore from Lunenburg to Shelburne.

The federal government is also creating free or reduced youth admissions at national galleries and museums, like the Canadian immigration museum on the Halifax waterfront.

The federal government will also be making all admissions free for all Parks Canada and historic sites.

BRIDGEWATER SENIOR CITIZENS CARD GROUP RESULTS

The Bridgewater Senior Citizens Group met on July 30 for a game of Auction 45’s.

Winners were: Ladies’ high, Carol Meade-Corkum, 995; Men’s high, Dean Avery, 900; Runners up, Marjorie Croft, 985 and Liz Godden, 970. Winner of

the 50/50 draw was Una Corkum. Winners of 30 X 60 bids were Wilma Dorey, Norma Joudrey and Dean Avery.

Card parties are held on Wednesday evenings at 7:00 in the Masonic Hall on Dominion Street. New members always welcome.



LOGAN RING PHOTO

MAJESTIC BIRD

An osprey hanging out near its nest keeps an eye on photographer Logan Ring as he captured this photo July 31.

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